



### Hilton Garden Inn Ottawa Airport

www.ottawaairport.hgi.com 1-866-235-1060  
2400 Alert Road, Ottawa, Ontario, K1V 1S1

The conference rate for rooms booked before April 29 is \$139 per room plus taxes (two queen beds). After April 29, attendees will pay the regular rate between \$149 and \$199 per room. So find a room mate and **reserve a room in April**. For photos and more information on the hotel, go to [www.ottawaairport.hgi.com](http://www.ottawaairport.hgi.com).



### Directions to Hotel

#### From Ottawa Center:

The Hilton Garden Inn Ottawa Airport is conveniently located at the South End of the Airport Parkway. To access the Parkway, take Bronson Avenue South from the Queensway (Highway 417). Exit at Alert Road (east).

#### From the West:

From Highway 417, exit Highway 416 South and proceed to Hunt Club Road West exit. Take Hunt Club Road (East) to Uplands. Turn right on Uplands and right again on the Airport Parkway. Directional signs are posted along the way.

### Questions?

Contact Nancy DeVillers, Co-Chair, at [n\\_devillers@hotmail.com](mailto:n_devillers@hotmail.com) or Nancy Vrooman, Registrar, at [navrooman@gmail.com](mailto:navrooman@gmail.com)

### Registration

Registration Forms will be posted on the Ontario Council Website ([www.cfuwontcouncil.ca](http://www.cfuwontcouncil.ca)) in late February, 2015.



CFUW-OTTAWA  
WELCOMES YOU  
to the 2015  
Ontario Council AGM!



# Defying the Odds . . . One Step at a Time

CFUW ONTARIO COUNCIL  
AGM & Conference  
May 29 & 30, 2015  
Hilton Garden Inn - Airport  
OTTAWA



## Defying the Odds . . . One Step at a Time

### Weekend Timelines

#### Friday May 29

Registration 4:00 to 8:00 PM

Presidents' Leadership Workshop  
6:00 to 7:30 PM

Opening Reception 8:00 to 9:30 PM

#### Saturday May 30

Breakfast Buffet 7:00 to 8:15 AM

Registration 7:30 to 10:00 AM

Business Meeting 8:30 to 10:30 AM

Morning Break 10:30 to 10:45 AM

Announcements & Speaker Intro  
10:45 to 10:55 AM

Keynote Address 10:55 to 11:55 AM

Buffet Lunch 12:00 to 1:10 PM

Sessions 1:25 to 2:10 PM

A Denise Chong  
B Tina Fedeski  
C Sadiqa Basiri

Sessions 2:20 - 3:05 PM

Repeat of A, B & C

Wrap Up of Business, Closing  
Remarks and Club Awards  
3:15 to 4:00 PM

Optional Dinner (restaurant to be  
determined) for those staying over in  
Ottawa. Meet in Lobby at 6:00 PM.

### Important Date

The deadline to reserve rooms at the  
conference rate of \$139 (before tax)  
is April 29.

### Keynote & Session Info

This year's conference theme is Defying the Odds – One Step at a Time. Our speakers will inspire you with their dedication to making a difference. Some have won honours and national recognition, others are working to ensure that those who follow will have greater opportunities for success.

### Keynote Speaker

**Sue Holloway**, Olympian and Motivational Coach will speak on **Reaching Your Podium - Life Lessons I Learned as an Olympian.**

Sue has been a ground breaker throughout her athletic career. The first woman in the world to participate in both the winter and summer Olympic Games, Sue will share the highs and lows of her 14 years as a high performance athlete which culminated in two Olympic medals. Sue uses humour to share her life experiences and examine how sport has shaped her career and life trajectory. From coping with stress to identifying dream goals, this energetic speaker will leave you ready to take on the world.



### Afternoon Sessions

In addition, we have **three session presenters** from which attendees choose **two**. Register early to ensure you get your first and second choices.

### Session A: The Arc of The Immigrant Experience: An Author's Perspective

**Denise Chong**, an internationally-published author and two-time finalist for the Governor-General's literary award, is best known for *The Concubine's Children*, a story about her mother's family which was cleaved in two between China and Canada for most of the last

century. Denise's three subsequent books, equally ground-breaking social histories, similarly feature individuals who, like her grandparents, immigrated to Canada. All are narratives set against backdrops of global war and political upheaval. Drawing upon individuals featured in her published works, Denise will give examples of the immigrant's negotiation between the familiar and the strange and between the old and the new and consider how that informs their identity.



### Session B: The Transformative Power of Music

**Tina Fedeski**, Executive & Artistic Director of The Leading Note Foundation's OrKidstra program. The Leading Note Foundation's OrKidstra program has grown beyond its

founders' wildest dreams. Back in 2007, with the passionate belief in the transformative social power of music, the program started with 30 students and now with over 350

children ages 5 to 18 from 42 linguistic



Photo by Robert S. Vibert

backgrounds, OrKidstra has become far more than a music program – it is a way to empower children and build community through the universal language of music.

### Session C: From confinement to empowerment of Afghan women: what worked and what should be done next

**Sadiqa Basiri** is an international student from Afghanistan who is currently a graduate student at the University of Ottawa; Co-founder and Executive Director of the Oruj Learning Center, a non-profit agency in Afghanistan that delivers education to women; she has also established the Family Welfare Center for the Elimination of Violence Against Women. She will begin by presenting



an overview to some main challenges Afghan women had highlighted between 2001 and 2011. Next, she will discuss the current challenges women face. Finally

she will discuss and recommend some strategies to address current issues.

The **Friday evening reception** is a "meet and greet", a time to renew friendships and meet CFUW members from across the province. On hand to welcome you will be Brenda Robertson, OC President as well as Jim Watson, a former provincial cabinet minister and now mayor of Ottawa.

Background music will be provided by two talented musicians - a violinist and a pianist. Come and enjoy a relaxing social evening.

