



Canadian Federation of University Women – Ottawa

Capital Carillon

November General Meeting

DATE: Monday, November 5, 2012

TIME: 7:30 pm

PLACE: Riverside United Church/
Anglican Church of the
Resurrection,
3191 Riverside Dr., Ottawa,
ON K1V 8N8SPEAKER: Glad Bryce, Author and
University Women's Club of
Toronto member since 1974TOPIC: *First In, Last Out : The
RCAF Women's Division &
Nursing Sisters of WWII*

First In, Last Out is a timely book that celebrates the women of the RCAF Women's Division (WDs) and Nursing Sisters during World War

II. The Air Force was the first force to admit women into its ranks (First In) and the WDs remained in the war the longest (Last Out). The army and navy women entered after and left before them.

Published by the University Women's Club of Toronto in 2010, the book documents the experiences of these trailblazers and inspires young women to choose challenging new paths and do things that may change history.

Glad Bryce has many interests and talents. She is a renowned watercolourist, registered therapist and community volunteer as well as an international com-

(see **Meeting** on page 3)

PRESIDENT'S MESSAGE

NANCY DEVILLERS

The first General Meeting of the year included a number of "firsts" – first meeting at Riverside United Church/Anglican Church of the Resurrection, first time for speaker Allison Fisher from the Wabano Centre to speak to CFUW-Ottawa, first time to greet new members who were present, and first opportunity to recognize the new Board who have been working hard in their various roles since May 2012.

Allison Fisher, Executive Director of the Wabano Centre for Aboriginal Health, gave a powerful address to our members on the issues facing the First Nations, Métis and Inuit people with whom she works. Totally disenfranchised and separated from their families by the *Indian Act*, many aboriginal people were disconnected from their roots and their culture. The story of how the healing process is being accomplished, and the excitement generated by the near completion of the new Wabano Centre, captured the attention of everyone present. A big thanks to Ms. Fisher.

The venue chosen for our meetings this year is on one level, and is bright and spacious. With adjacent cloakroom, kitchen, etc., it can be accessed by all. Come to the next General Meeting on Nov. 5, 2012 and check it out!

As part of the business meeting following the speaker at the General Meeting, CFUW-Ottawa Treasurer, Pierrette MacLean informed the membership that CFUW National will require a \$10 increase in dues from members in September 2013. In addition, CFUW-Ottawa

has run a deficit budget for two years and will require additional dues. Executive Council is meeting later this month to begin the discussion of dues increases. Since discussions have not yet begun, this is an information item only.

Some recognition from the national or provincial Board goes out to several of our members. Leila Metcalf is now Regional Director for CFUW Ontario East, which, in addition to Ottawa, includes Belleville, Cornwall, Kanata, Kingston, Nepean, Perth, Peterborough and Renfrew. Wilma Clapham has been appointed to the CFUW Nominating Committee and Charlotte Rigby as CFUW Ontario Council Policy Advisor on Environmental Toxins. We are

(see **President** on next page)

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proud of their achievements and wish them well in their new roles.

Speaking of Ontario East, the **Regional Fall Gathering** takes place in Renfrew on Oct. 20, 2012. Look for highlights of the meeting in our next newsletter. A motion was passed at the October General Meeting that the Ottawa Club host next year's Fall Gathering. **Think about volunteering** – it's a one day meeting of fellowship and information sharing, so the commitment is not great, if we have lots of help.

The CFUW-Ottawa Board members had an opportunity, along with Nepean, Kanata and Perth Presidents and Board members, to meet CFUW National President Susan Murphy, during her visit in the first week of October. Susan was here to work with CFUW Executive Director Robin Jackson and other members of the National Office staff, as well as to visit some clubs. She goes on to the Maritimes to speak to two university classes and visit with other clubs. What a privilege it was to meet her and get to know her!!

Reminders – Holiday Party tickets are on sale (Alice Bolt), entertainment coupon books are available till Nov. 30 (Glenys Pike), and we have an author coming to speak to us on Nov. 5. So, mark your calendars and plan to be at the next General Meeting.

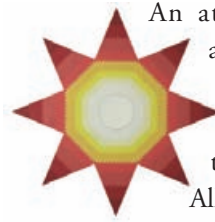
Capital Carillon is published monthly from October to May, except for January.

Please send all material for the next issue to the Editor:
Mary Butterill
at marpathb@storm.ca.

Next issue: **December 2012**
Deadline: **November 15, 2012**

Links to electronic issues going back to Feb. 2001 are found under Newsletter, Archives on the Club website at www.cfuw-ottawa.org.

Building Community: An Aboriginal Perspective



An attentive group of about 80 gathered on Oct. 1, 2012 in our new meeting venue to hear guest speaker, Allison Fisher, Executive Director of the Wabano Centre for Aboriginal Health. She welcomed us to the ancestral territory of the Algonquin Nation, the original occupants of the Ottawa area. She reminded us that some 30,000 people of aboriginal ancestry live in Ottawa and shared with us something of her own story and the values learned from her mother and grandmother.

In a PowerPoint presentation, Allison introduced us to the Wabano Centre, established in 1998 in Vanier as a culturally-based health care facility, now serving over 10,000 aboriginal people each year. Its holistic model provides a circle of care that includes family physicians, mental health supports, homelessness outreach, and programming for all ages from infants and mothers through seniors. High quality health care is combined with teachings and healing practices of aboriginal people, a focus on the family and community, a belief in the wisdom of the Elders and Traditional Healers, and a belief in the benefit of ceremony and celebration. She reminded us that 54 percent of aboriginal people now live in cities and highlighted some of the problems they face in an urban setting. The Wabano Centre is a key partner in building a strong community, based on kindness, honesty, caring and sharing, and Allison indicated ways in which all of us could share in this partnership. A new expansion of the Wabano Centre, designed by Douglas Cardinal, will provide much needed space for programs, and be a

place of beauty that will enable aboriginal people to see beauty in themselves and their culture. She invited us, along with those who use the Centre, to see this as a community of possibility rather than a community of problems.

Patricia Bays
Program Committee

SHARE YOUR GOOD IDEAS!



Contact Us at
Suggestions@cfuw-ottawa.org
OR
Use the Suggestion Box
at General Meetings

Special Thanks

to

Mary MacLaren, a faithful Club member for over 50 years, for her generous donation of the issues of the *Capital Carillon* from 1990 to 1998. These issues will be converted to electronic format and will be accessible from the Club website. The University of Ottawa will receive the paper copies for the CFUW-Ottawa Archives.

Afghan Ambassador Speaks to Study and Interest Group

University Women Helping Afghan Women members were delighted to welcome His Excellency Barna Karimi, the current Afghan Ambassador to Canada, as their first speaker this year, on Oct. 4.

Ambassador Karimi opened his frank presentation by saying how grateful the Afghan people are for the sacrifices of Canada's military and that he makes it a priority to visit the families of fallen Canadians.

Moving to women's rights, he emphasized the progress of women in governance but noted that while some Afghan legislation leads the world in women's rights, moving laws from paper to people has been difficult.

Of some 360 assessed districts in Afghanistan, 250 are fully functioning. In the remainder, where there are no courts, the Taliban moves in; where there is no education director, there are no schools. Still, in 2012, there are 9 million students in school – up from the 800,000 in 2001. Some 37 percent today are girls.

The Ambassador also noted that, despite the pressure on President Karzai to reconcile with the Taliban, the Afghan government must negotiate from strength and must ensure that the Taliban accepts the values established in the Constitution. He also noted that while the Taliban and Al Qaeda are in Pakistan, the fighting takes place in Afghanistan.

The economic future for Afghanistan is in its untapped mineral resources and one of his main goals is attracting Canadian mining companies to invest in his country.

In response to a question on deadly attacks on coalition forces by their Afghan partners, Ambassador Karimi said that, unfortunately, the protocol to

have tribal leaders guarantee candidates has been abandoned, leaving a door open to Taliban infiltrators.

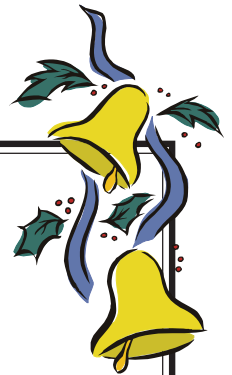
Ambassador Karimi received an MBA from the University of Phoenix in 2003 and returned to Kabul in 2005 to work closely with President Karzai on local governance.

Dianne Rummery
University Women Helping Afghan
Women Study and Interest Group

Meeting - continued

petitive swimmer, educator, author and inspirational speaker. She holds an MA in Sociology (Adult Education) from the University of Toronto.

CFUW-Ottawa General Meetings are open to all. If you know someone who is interested in WWII, in women's history, or in hearing Glad Bryce, invite them to join us.



CFUW-OTTAWA HOLIDAY PARTY 2012

Clark Room, RA Centre
2451 Riverside Dr., Ottawa
Sunday, Dec. 2, 2012
Noon to 3:00 p.m.

The Social Event of the Year and Main Fundraiser For Our Annual CFUW-Ottawa Scholarships!

Bring a friend or join your CFUW friends.

Delicious Buffet Christmas Dinner

SURPRISES

BAKE SALE

ENTERTAINMENT

CAROLLING

Ticket price **\$35** (incl. tax & gratuity)

An email confirmation in lieu of a ticket will be given.

Buy Tickets:

- Online at www.cfuw-ottawa.org/events , or
- At the Nov. 5 General Meeting, or
- By calling and mailing a cheque to Alice Bolt (made out to CFUW-Ottawa)

For further information, please call
Mary Partington, Holiday Party Convenor



Transitioning of Youth in Foster Care

In the morning session of CFUW Ontario Council's Standing Committees meeting, held in Toronto on Sept. 29, 2012, we heard from Irwin Elman, the first independent Advocate for Children and Youth in Ontario, appointed in 2008 to lead the Office of the Provincial Advocate for Children and Youth established in 2007. He spoke of his work with children and youth in foster care in Ontario. There are 8,300 of them! Mr. Elman encourages youth to speak at every opportunity – to members of the Legislature, to cabinet ministers and to anyone who will listen. These young people need an opportunity to “walk in the sunshine of their potential” and as their voices are heard, they will begin to realize that potential.



Left to Right: Leila Metcalf, Ontario East Regional Director; Irwin Elman, Provincial Advocate for Children and Youth; and, Brenda Robertson, Ontario Council President

Photo by: Nancy DeVillers

Mr. Elman pointed out that foster children are wards of the Crown and, as such, are our responsibility. He applies the principles of the United Nations Convention on the Rights of the Child. He visits offices of cabinet ministers regularly, reminding them that these children are their children and asking what their departments can offer them. One department made 20 jobs available! Although their needs are great, Mr. Elman shared his hope and dreams for them, reminding us that, to a person, they were placed in foster care as a result of something that was done to them, never due to something they did.

How can we help? He challenged us to speak to our MPPs and said that if he and the youth with whom he works were invited to speak, they would come.

In the afternoon session, I attended the Status of Women workshop chaired by Cheryl Ambrose. Two clubs shared their success stories about how they were able to join with other women's organizations in their locales and share strategies, celebrations, advocacy and ideas. One club obtained a list of almost 100 women's clubs from the Social Planning Council. The Council provided the first contact, inviting a representative from each group to a planning meeting. The second club began with eight other groups and found that they had some common issues and interests. The growth of these ventures was truly inspiring, a reminder that great things can happen when we collaborate with like-minded people.

Club members Leila Metcalf and Charlotte Rigby also attended. The next Ontario Council Standing Committees meeting is on Jan. 19, 2013. Watch for details at www.cfuwontcouncil.ca.

Nancy DeVillers
President, CFUW-Ottawa

J. E. NORWOOD HOUSE WISH LIST

Since 2002, the Elizabeth Fry Society of Ottawa has offered transitional housing at J.E. Norwood House to women and girls who are, or may become, criminalized. The beds are available to women who have been released from an institution on parole or probation, clients of the Drug Treatment Court and the Ottawa Hospital. At Norwood House, the women are offered a safe and encouraging environment where they can focus on education and employment and access other EFry services and wider community supports.

Alice Bolt and Marjorie Melick, our Club's representatives to the Elizabeth Fry Society of Ottawa, are asking for donations of new or gently used items for the House. An updated wish list can be found on our Club's website. To see the list, log in, go to the “Member-only” tab in the blue menu on the left side of each webpage and click on “Assistance Requested”.

If you have donations, please call Marjorie or Alice to make arrangements for pick up or delivery. If you'd like to bring your donations to the Club's General Meeting on Nov. 5, please contact Alice or Marjorie beforehand.

Our members can make a difference and we thank you in advance for your support.



Sisters in Spirit: A Movement for Social Change



For the past seven years, the Sisters in Spirit Initiative (SIS), launched by the Native Women's

Association of Canada (NWAC) in March 2004, has organized vigils on Oct. 4 to honour the lives of missing and murdered Aboriginal women in Canada, to support their families, to raise awareness of the high rates of violence against Aboriginal women, and to demand action to end the violence. Between 2000 and 2008, Aboriginal women and girls represented about 10 percent of all female homicides in Canada, though just three percent of the female population during this period. Before Status of Women Canada cut funding for the research project, NWAC had documented 582 cases of Aboriginal women that disappeared or were murdered between 1944 and March 31, 2010. Sixty-seven percent were murder cases, 40 percent of which remain unsolved (On June 7, 2012, Statistics Canada's *Juristat* reported a **national** uncleared homicide rate of 25

percent in 2010). Fifty-five percent of cases documented by NWAC involved women and girls under the age of 31, with 17 percent, 18 years of age or younger. Most were mothers. NWAC estimates that over 440 children were impacted by these disappearances or murders. For more information, see NWAC's Fact Sheet : Missing and Murdered Aboriginal Women and Girls.

Participation in Sisters in Spirit Vigils has been increasing over the years. One hundred and sixty-six Vigils were held on Oct. 4, 2012, hosted by SIS advocates in every province and territory. A few were also held in the United States and Latin America.

The Vigil in Ottawa included a noon Rally on Parliament Hill, an early evening Feast at St. Andrew's Church, an evening Candlelight Vigil on Parliament Hill, followed by a Take Back The Night March, ending with an Info Fair at Ottawa City Hall. Several hundred people attended the Rally, including CFUW Advocacy and Communications Coordinator Tara Fischer, CFUW Executive Director Robin Jackson, and

Carillon Editor Mary Butterill. The numerous speakers included NWAC President Michèle Audette, Assembly of First Nations National Chief Shawn Atleo, the Hon. Judy Sgro, MP (Lib-York West), representatives of other supportive organizations and affected individuals. A large canvas prayer scroll prominently placed on the walkway encouraged participants to contribute and read. NWAC unobtrusively collected signatures from the crowd for its petition calling for a national inquiry, which also asks that those most affected – Aboriginal women – be involved in its design and implementation. Click on "A National Inquiry is Needed!" to view and print the NWAC petition form. Note that CFUW's position on Aboriginal issues supports a full public inquiry.

CFUW President Susan Murphy, CFUW Ontario East Regional Director Leila Metcalf, and CFUW-Ottawa VP Communications Fran Harding, were among the many who attended the Candlelight Vigil, with Susan and Leila also attending the Feast.



Aboriginal Prayer Scroll



Robin Jackson (Left) and Tara Fischer (Right)

Photos by: Mary Butterill

CLUB MEMBERS ATTEND ELIZABETH FRY SOCIETY OF OTTAWA AGM

On Sept. 20, the 2012 AGM of the Elizabeth Fry Society of Ottawa was held at the Hintonburg Community Centre. The thought-provoking and informative evening was attended by CFUW-Ottawa President Nancy DeVillers, EFry Ottawa Representatives Marjorie Melick and Alice Bolt, and members Marilyn Letts and Eldeltraud Neal.

The following information was highlighted at the meeting:

- The economic stability of EFry is threatened by reduced funding, by a reduction in the number of women being released from Federal prisons on day parole to Norwood



Left to Right: Marjorie Melick, Diana Majury (EFry Ottawa VP), Nancy DeVillers, and Alice Bolt.

Photo by: Sam Burton

House, and by tough punitive legislation which has resulted in more clients needing services.

- There have been success stories. Executive Director Bryonie Baxter told us about the journey of one

Aboriginal woman from a childhood of abuse to incarceration to the halfway house, and now to her own apartment and gainful employment.

Correctional Investigator Howard Sapers revealed, in his Annual Report, that 89 percent of women prisoners have been physically abused, 68 percent have been sexually abused and 35 percent have mental health concerns.

Keynote speaker Fiona Meyer Cook, a Research and Policy Analyst for the Native Women's Association of Canada (NWAC) presented the *Gender Matters: Building Strength in Reconciliation* report published by NWAC in March 2012 which deals with the impacts of residential school linked trauma on Aboriginal women and girls in custody and calls for a shift from punitive to more holistic community-based intervention. The report summarizes the *Arrest the Legacy – From Residential Schools to Prisons* cross-country dialogues with over 300 participants, including Aboriginal women and girls in custody, as well as justice sector and community workers. Forty-four percent of girls in youth custody in Canada are Aboriginal, though Aboriginal women and girls account for less than six percent of the female population in Canada.

To quote Helen Keller, "Many persons have a wrong idea of what constitutes true happiness. It is not attained through self-gratification, but through fidelity to a worthy purpose." Our club members can make a difference.

Marjorie Melick and Alice Bolt
CFUW-Ottawa Representatives to
EFry Ottawa

SAVE THE DATE!

Canadian Federation of University Women (CFUW)-Ottawa, Kanata & Nepean & the Ottawa Council of Women (OCW) will present our

9th Annual International Women's Day (IWD) Celebration

at

Centrepointe (Council Chamber & Atrium)

on

Tuesday, March 5, 2013

This popular event features delicious refreshments; fascinating speakers; entertainment; and, door prizes, as we join women around the world to celebrate women's history, accomplishments and challenges.

6 to 7 tables in the Atrium will be available to members who wish to sell their publications or crafts.

Please contact Beverlee McIntosh for information.

For information about IWD, see www.internationalwomensday.com

For information or to volunteer, please contact Co-Chairs
Beverlee McIntosh (613) 728-9770, beverlee.mcintosh@gmail.com
Charlotte Rigby (819) 778-3438, crigby@videotron.ca
Sue Ellwood (613) 591-0136, sellwood@magma.ca
Sandy Burger (613) 592-2859, sandyburger@sympatico.ca

Susan Murphy, CFUW National President, Visits Ottawa

Susan Murphy (on the left) and Nancy DeVillers, CFUW-Ottawa President, at a fabulous potluck lunch, graciously hosted by Leila Metcalf, Ontario East Regional Director, on Oct. 5, 2012. Board members from the Ottawa, Kanata, Nepean and Perth Clubs much appreciated this opportunity to meet our National President in an informal setting. Susan has been a member of CFUW for nearly 17 years, starting with UWC Winnipeg and since 2000, with CFUW Nanaimo. She has selected the theme "Action, Advocacy and Education" for her 2012-14 term as President, "because it has been a tradition in CFUW for many years" which "still represents the three basic ways in which CFUW members work toward our common goal, improving the lives of women and girls".



Photo by: Mary Butterill



From the CFUW-Ottawa Environmental Toxins and Health Study Group

Navigating the Cookware Conundrum: Searching for Healthy, Non-Toxic Choices, Part 2

Continues: Part 1 (in October's *Carillon*)

Cast iron? Anodized aluminium? Glass? Ceramic? Aluminum? Stainless steel? Enamel? Non-stick Teflon? Copper?

The choice is extensive and confusing. But why take chances? Consider these facts on what's safe and what's not:

(green = best; orange = OK; red = beware)

- **ALUMINUM** (also known as Aluminium) has been linked to several health problems. Though Health Canada states that small amounts leached into foods are not dangerous, it's a good idea to choose aluminum cookware that has been coated with stainless steel.
- **ANODIZED ALUMINUM COOKWARE** (e.g. Calphalon) is a newer arrival. A layer of aluminum oxide is deposited on the surface of the aluminum, making it durable, scratch resistant, easy to clean and less prone to leaching metal. But no long-term studies have been done on the effects of using anodized cookware.
- **NON-STICK FRYING PANS AND COOKWARE** are Teflon-coated. Teflon is PFOA (perfluorooctanoic acid), which is recognized as a persistent environmental toxin (by the USA and the EU) and is a suspected carcinogen. PFOA is now found worldwide in the natural environment, and 95 percent of us have PFOA in our blood stream. Non-stick pans and cookwares release PFOA as they age and wear, and can release toxic fumes at high temperatures (above 350°C (650°F)). Teflon-coated cookware should only be disposed of in scrap metal depots.

WHAT WE CAN DO

New cookware is continually coming on the market, so watchful caution is in order. Be aware that:

- Acidic foods (e.g. tomatoes, rhubarb, wine) increase leaching of metals into food.
- The longer food is cooked, the more metal it will absorb from the cookware.
- Food should not be stored in metal containers. Use glass or porcelain.
- If using non-stick ware: Do use the exhaust fan, and do not heat an empty pan.
- Aluminum foil carries the same risks as aluminum.
- Stainless steel or silicone (a synthetic rubber made of natural sand and rock that is non-stick, tolerant of extreme heat, and non-toxic) are safer choices for cookie sheets, cake pans, spatulas, colanders, whisks, lifters, measuring spoons etc.
- Cookware should be used as intended and maintained in good condition.
- For more information, see:
 - Health Canada. *The Safe Use of Cookware*, at hc-sc.gc.ca/hl-vs/iyh-vsv/prod/cook-cuisinier-eng.php#tphp
 - Adria Vasil. *ECOHOLIC: Your Guide to the Most Environmentally Friendly Information, Products and Services in Canada*. Vintage Canada, 2007.
 - Sean Griffin. *CancerSmart 3.1: The Consumer Guide*, at www.toxicfreecanada.ca

The Season Opener

CFUW-Ottawa began the year with a new event – The Season Opener! It was felt that, because most women were able to register their membership online, a registration evening was no longer required. An evening was needed, however, to recruit new members, to welcome back returning members and to allow all members to sign up for study and interest groups, projects, issues and other upcoming Club events. A committee met over the summer months to plan and organize the event. Library and Archives Canada was chosen as the venue, Sept. 17 as the date, and “Welcome and Welcome Back” as the theme. At the event, wine was served while people mingled and met the Board members, convenors and volunteers. New and returning members added their names to many group lists, eager to participate in CFUW-Ottawa activities. Later in the evening, cake and coffee/tea were served while one of our members, Nadia Behmann, entertained us on the piano.

Jean Chapman

Study and Interest Group Convenor



A lovely evening was had by over 200 women and The Season Opener was a welcome beginning to the 2012-13 Club year.

RECENT APPOINTMENTS

Congratulations and best wishes to the following Club members on their recent appointments:

Wilma Clapham (CFUW-Ottawa Past President) to the CFUW Nominating Committee

Leila Metcalf (CFUW-Ottawa Past Past President) as CFUW Regional Director, Ontario East

Charlotte Rigby (CFUW-Ottawa VP Liaison) as CFUW Ontario Council Policy Advisor on Environmental Toxins

CFUW-Ottawa Scholarship Trust Fund

Statement of Financial Position As at May 31, 2012

Assets	
Cash	\$27,173
Investments	\$530,152
Total Assets	\$557,325
Liabilities	
Accounts Payable & Accrued Liabilities	\$1,356
Total Liabilities	\$1,356
Net Assets	\$555,969

Statement of Operations & Net Assets As at May 31, 2012

Revenues	
Donations - Tax receipted	\$13,747
Donations - Non tax receipted	\$3,833
Donations - CFUW-Ottawa	\$7,792
Interest	\$16,848
Total Revenues	\$42,220
Expenses	
Scholarships & Awards	
Carleton University	\$8,500
University of Ottawa	\$23,500
Ottawa Little Theatre	\$500
General & Administrative	\$1,542
Total Expenses	\$34,042
Net Income	\$8,178
Net Assets at May 31, 2011	\$547,791
Excess of Revenues over Expenses	\$8,178
Net Assets at May 31, 2012	\$555,969

Chartered Accountant Karyn Sheridan compiled CFUW-Ottawa's Scholarship Trust Fund financial statements for the fiscal year ended May 31, 2012. They include a statement of financial position, a statement of operations and net assets, and notes to the financial statements. Please contact me, if you have any questions.

Respectfully submitted,

Janet Riehm

Treasurer, Scholarship Trust Fund

October 11 Designated International Day of the Girl



The United Nations Association in Canada (UNA-Canada) launched the first ever, recently designated International Day of the Girl on Oct. 11, 2012 with a public panel presentation and reception at the National Arts Centre in Ottawa. The Government of Canada, with key support from Peru and Turkey, led the international effort to have the Day proclaimed by the United Nations.

Moderated by Kathryn White, President and CEO of UNA-Canada, the Panel included former Senator Landon Pearson, longtime champion of the rights of the child; Robert Fox, Executive Director of Oxfam Canada; and, Monique Brand, former UNA-Canada UN Professional Placement Programme Intern with UNHCR in India and UNICEF in Namibia.

Statistics show that girls, being young as well as female, are the most marginalized and discriminated group throughout the world, yet often show remarkable strength in adversity and shoulder responsibility beyond their years. An extreme case in point is the shooting injury on Oct. 9, 2012 by the Taliban in the Swat Valley of Pakistan, of Malala Yousufzai, a 14-year-old girl who had been campaigning for girls'

education, fearlessly, despite death threats, since the age of 11.

The International Day of the Girl will provide opportunities each year: a) to raise awareness of the challenges that girls still face - to their

survival, education, health, and empowerment – at least partly because of gender inequality; b) to promote and inspire remedial action; and, c) to acknowledge and celebrate the progress that has been made – progress that some fear may now be in jeopardy, given the incessant economic, environmental and political turmoil in our world.

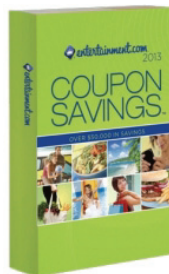
Tara Fischer and Robin Jackson from the CFUW National Office attended, as well as several CFUW-Ottawa members: Mary Butterill, Daphne McCree, Leila Metcalf, Maria Neil, Charlotte Rigby, and Tara Upreti (Tara's daughter, Prakriti Kharel, attended as a member of a youth delegation that presented a brief statement on breaking the cycle of gender inequality).

DR. SIMA SAMAR ADDS ALTERNATE PEACE PRIZE TO HER MANY AWARDS

Dr. Sima Samar, keynote speaker at the 2010 CFUW AGM in Ottawa, has received the **Right Livelihood Award**, also called the **Alternative Nobel Prize** in the media. These international awards go to people "working on practical and exemplary solutions to the most urgent challenges facing the world today". Dr. Samar won it "for longstanding and courageous dedication to human rights, especially the rights of women, in one of the most complex and dangerous regions of the world." A German-Swedish philatelist and philanthropist, Jacob von Uexkull, initiated the prize in 1980; and international contributions maintain it. Awards are made in Sweden just before the Nobel Prizes are announced.

NB: The University Women Helping Afghan Women Study and Interest Group meets at 1 p.m. on the 1st Thursday each month, NOT on the 2nd Thursday, as erroneously published in the CFUW-Ottawa 2012-2013 Program Brochure and in the CFUW-Ottawa Study and Interest Group Schedule 2012-2013.

2013 ENTERTAINMENT COUPON BOOKS AVAILABLE TILL NOV. 30, 2012



This is the final month for selling the 2013 entertainment coupon books. The Club is selling them at the low price of **\$35**. Suggested retail price is \$40. Sales to family and friends are outpacing sales to CFUW-Ottawa members, so members, let's snap up those remaining copies! Remember that \$15.25 of each book sold goes toward the Scholarship Trust Fund.

If you would like a copy but cannot attend the General Meeting on Nov. 5, where the books will be for sale, feel free to contact Glenys Pike at (613) 523-0283 or Leith DeTracey at (613) 422-6755. Books will be available till **Nov. 30, 2012**. Thank you for your support.

New Members' Tea

Take one rainy dismal Sunday as was this Oct. 14, add 30 sparkling CFUW-Ottawa members, and some tea at my house and what do you get? A wonderful opportunity for new and returning members to get to know each other and to meet and hear from many of our Board members.

President **Nancy DeVillers** welcomed new and returning members on behalf of the Board. VP Liaison **Charlotte Rigby** spoke about the “bigger picture” – the organization of CFUW provincially, nationally and internationally, noting that CFUW-Ottawa is the largest club in Canada. She also invited members to become involved in the Club’s advocacy role. Scholarship Trust Fund Chair **Dawn Smith** spoke of the support given to students of Carleton and Ottawa Universities by the many CFUW-Ottawa scholarships and of the Club’s ongoing efforts to sustain these scholarships, which depend on donations (including funds raised through the annual

Holiday Party and the sale of entertainment books). Members have an opportunity to meet current scholarship winners at the March General Meeting, when they are invited to receive certificates honouring their achievements.

One new member wrote to me after the Tea to say, “I came away feeling that joining CFUW was one of my better ideas. I only regret that I didn’t do it sooner”.

Thanks to all who made the Tea a success! This includes Board members who brought an array of food plates. And a special thanks to all the new and returning members who shared their afternoon with us – we hope you have a wonderful first year as members of CFUW-Ottawa, and that it only the beginning of a long and fulfilling attachment to CFUW!

Nancy Simmons-Wright
VP Membership



Photos by: Mary Butterill