



Canadian Federation of University Women – Ottawa

Capital Carillon

April General Meeting

DATE: Monday, April 8, 2013
 TIME: 7:30 p.m.
 PLACE: Riverside United Church/
 Anglican Church of the
 Resurrection
 3191 Riverside Drive, Ottawa
 ON K1V 8N8 (across from
 Mooney's Bay)
 TOPIC: 2013 CFUW Draft Resolutions -
 Presentation, Discussion, Vote

The April General Meeting is reserved each year to present, discuss, amend and vote on draft policy resolutions proposed by CFUW clubs or national or provincial Boards for approval at the national or provincial AGMs.

This year we have five policy resolutions for the 2013 national CFUW AGM. The full texts are accessible on our Club website at www.cfuw-ottawa.org in the Member-only section, under Issues and Advocacy, Resolutions.

CFUW-Ottawa members have formed *ad hoc* review groups to examine each resolution, and their recommendations will be presented for your discussion and approval. We urge you to join us on April 8. **Your vote is important!**

CFUW is a respected voice of Canadian women and the policy resolutions are the foundation of CFUW advocacy - in Canada and internationally. Our comments, and amendments approved by our Club vote, will be forwarded to the CFUW National Resolutions Committee. Final drafts will be prepared for presentation and approval at the AGM in

(see Meeting on next page)

PRESIDENT'S MESSAGE

NANCY DEVILLERS

How Can I Make a Difference?

We all sometimes get discouraged when we look at the inequities and injustices in the world around us. What can we do to make a difference?

Here are a few concrete suggestions:

- Attend the Resolutions General Meeting on April 8. Listen to the arguments, participate in the discussions, and vote. Those resolutions which pass at the national AGM form the policy platform on which we base our letter writing and other forms of advocacy. And when we, and other like-minded organizations, write letters and speak out on women's and children's issues, things change for the better.
- Attend as many Club fundraising events as you can. The upcoming Musical Lunch in support of University Women Helping Afghan Women is a good start. Monies raised go directly to Dr. Sima Samar, who runs the Gawharshad Institute in Kabul. The \$8,000 raised at this event last year provided scholarships for 10 girls to attend school. That made a huge difference in 10 lives!
- Subscribe to *Week in Review*, *CFUW News* and other CFUW publications from National Office. It's easy to get on the mailing lists. Find the national website at www.cfuw.ca, click on the Membership button and then on "Sign up to receive the CFUW News & Updates". Voila! You will be amazed at CFUW's involvement in issues nationally and around the world.
- Consider a donation to the Scholarship Trust Fund in order to enable it to give scholarships to deserving local students. This year, a total of 21 scholarships with a value of \$26,500 will have been awarded (one is still in process). That's 21 more lives enriched by our giving.

Special thanks to Margaret Haines, one of the busiest people I know, who planned and capably led the March General Meeting which recognized this year's scholarship winners. And to trustees Dawn Smith, Janet Riehm, Pierrette MacLean and Pauline Adams.

We have celebrated International Women's Day with panache! I want to extend thanks on behalf of CFUW-Ottawa

(see President on next page)

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 Dragon Boat Racers Prepare
 Norwood House Wish List

Meeting – continued

Saskatoon in July. Resolutions that are adopted become CFUW policy, and Clubs may advocate to support their objectives.

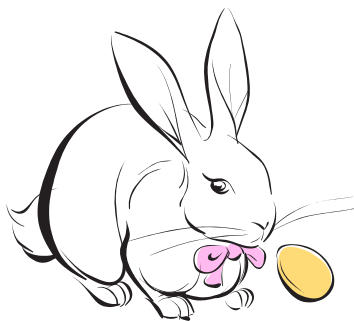
And as a special treat, CFUW-Ottawa's own Madri-Gals will provide a musical interlude.

We look forward to seeing you there!

President – continued

to Charlotte Rigby and Jean Chapman whose leadership in this event is much appreciated as well as to Beverlee McIntosh of the Ottawa Council of Women, Sue Ellwood of CFUW/Nepean, and Sandy Burger of CFUW/Kanata. It was a wonderful event.

We can all make a difference!



Capital Carillon is published monthly from October to May, except for January.

Please send all material for the next issue to the Editor:

Mary Butterill
at marpathb@storm.ca.

Next issue: **May 2013**
Deadline: **April 15, 2013**

Links to electronic issues going back to Feb. 2001 are found under Newsletter, Archives on the Club website at www.cfuw-ottawa.org.

INNOVATIVE SCHOLARSHIP FUND LAUNCHED FOR A WOMAN WITH A DISABILITY

A funding drive for a new CFUW-Ottawa scholarship for a woman with a disability was launched at the March General Meeting. Spearheaded by **Fran Harding**, this scholarship was prompted by the adoption last year of CFUW-Ottawa's resolution calling for barrier-free environments for all Canadians. Full accessibility for disabled Canadians is now CFUW policy, supported by 110 member clubs across the country.

Students with disabilities often come from low income families while facing higher costs than other students, according to Fran, who states, "For decades, CFUW fought to have young women in post-secondary schools. But gender isn't the barrier it once was. Now, it's money. Some financial assistance will help a woman with a disability achieve greater equality and economic independence." Fran started the scholarship fund with a generous commitment of \$1,500.

Charlotte Rigby, VP Liaison, responsible for Club policy resolutions, is delighted with the initiative. "Our resolution on full accessibility was adopted unanimously and we continue to advocate for all persons with disabilities. Providing this scholarship support is a natural fit. I am proud we are 'Walking the Talk'," said Charlotte.

Larry McCloskey, Director of Carleton University's Paul Menton Centre for persons with disabilities, was pleased when he learned of the scholarship, commenting, "Students with disabilities face higher expenses and a post-secondary education has a much greater benefit for those with disabilities. A university degree means they can compete with the general population. The equality factor makes a huge difference and realizing human

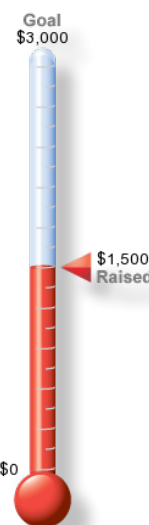
potential is priceless."

This scholarship is somewhat of an innovation for the Club. All of our other scholarships were funded either by generous individuals (both members and non-members) or by endowment monies raised by Club members through our activities. In all of these cases, the funds were committed or raised before the award was announced. This is the first time the Club has agreed to announce an award while fundraising is still in progress, as an incentive for Club members to succeed in actively supporting an important initiative - accessibility for all.

When sufficient funds are raised to provide the scholarship for five years, Carleton University will be asked to administer it. **Margaret Haines**, Scholarship Trust Fund Convenor, and University Librarian at Carleton, noted that Carleton has a greater number of students with disabilities, *per capita*, than any other university in Canada.

The fundraising goal is a minimum of \$3,000 by the end of this summer. We encourage you to go further than the initial target, as we would like to continue this scholarship for more than a few years.

Cheques should be written to CFUW-Ottawa Scholarship Trust Fund, Members' Gift Scholarship and mailed to STF Treasurer, Box 8392, Station T, Ottawa, ON K1G 3H8. Donations by credit card may be done on the CFUW-Ottawa website through CanadaHelps.





From the Environmental Toxins and Health Group

BEWARE of BPA in Food Packaging

What You Should Know

Bisphenol A (BPA), an industrial chemical made from fossil fuels (oil, coal, gas) and used in plastics, is the world's highest production chemical. It is a component of clear plastic bottles, of the resin linings of metal and plastic cans, plastic eating utensils, plastic wrap, polystyrene cups, drink containers, juice boxes and other food packaging. It can leach from containers into food or drink, especially canned foods processed at high temperatures.

BPA is one of the most toxic chemicals in our environment. It's an endocrine disruptor, linked to health problems (including cancer, diabetes, heart, liver and reproductive abnormalities), and serious developmental problems in the brain and hormonal system of children. BPA is a transgenerational poison: when adults are exposed, their children may be affected.

France has banned BPA in all food packaging. Sweden requires BPA-free packaging for all food marketed for children. Canada (and many other nations) have banned BPA in baby bottles, and Health Canada has committed to a research and monitoring agenda.

What We Can Do

We can make choices to reduce our exposure to BPA by keeping plastics away from food:

1. Look for and demand BPA-free food packaging. There are alternatives: Industrial researchers are developing BPA-free bioplastics derived from starchy plants (sugar beets, corn, rice, potatoes, tapioca).
2. Look for the recycling triangle symbols on plastic. Do not re-use #1 (most store-bought water bottles.) Keep plastic

containers out of the heat and sun and remember our rhyme:
*Always choose #4, #5, and #2 - All the rest are bad for you,
Except for #7, and it's OK - if the sign says "PLA"*

3. Choose fresh or frozen fruit and vegetables. Look for BPA-free canned food. Rinse canned fruit and vegetables with water to reduce its content of leached BPA.
4. Use glass, porcelain, enamel-coated metal, or stainless steel pots, pans and containers for food and beverages, especially if the contents are hot.
5. Use wax paper instead of plastic wrap, and do not cook food in plastic containers or roasting/steaming bags, which may contain BPA.
6. Choose powdered infant formula (Liquid formula bottles may contain BPA).
7. Avoid plastic packaging. Buy unwrapped fruit and vegetables, your cheese in a cheese shop, and your meat at the butcher.
8. In summary: Keep plastics away from food!

Further reading

- Freinkel, Susan. *Plastic: A Toxic Love Story*. Houghton Mifflin Harcourt, 2011.
- *Exposure to Chemicals in Plastic*. www.breastcancer.org/risk/factors/plastic
- Health Canada: Government position on BPA. www.hc-sc.gc.ca/fn-an/securit/package-emball/bpa/index-eng.php
- NatureWorks bioplastic innovations made from plants. www.natureworkslc.com/The-Ingeo-Journey



CFUW-Ottawa Scholarship Awards Evening

Margaret Haines, Scholarship Conveyor, greeted the scholarship winners and their families and friends and introduced **Guylaine Renaud**, Awards Officer at the University of Ottawa, and **Shalen Bradford**, Awards Officer at Carleton University, at our Awards Evening on March 4.



Ylan Chu (at piano in photo above), winner of the 2013 Lois Harper Scholarship in Music, delighted everyone with a beautiful performance on the piano of Johann Sebastian Bach's *Prelude and Fugue no. 22, BWV 867, WTC I*, followed by the first movement from *Pour le piano, L. 95*, by Claude Debussy.

Niamh O'Shea (in photo to the right), winner of the Ruth Bell Centennial Scholarship in 2010-11 and presently in her final semester of women's rights and gender studies at Carleton, gave a presentation on her experiences in Malawi as an intern sponsored by AUCC Students for Development. Niamh was working in Chinsapo at the Rainbow Home Based Care Centre, which was established in 1999, primarily to deal with food security and HIV/Aids. Later, it grew to include day-care and other projects directed at vulnerable members of the community. Niamh was warmly welcomed at the Centre and invited to participate in its activities. She also enjoyed teaching English (including Shakespeare!) and some computer skills. Niamh expressed gratitude for her CFUW Scholarship, which had enabled her to develop her interests in women's rights and gender issues, as well as to travel in



Africa and widen her experiences. She has been accepted by two institutions in the U.S. to continue her studies at the graduate level. Niamh was enthusiastically applauded for her interesting presentation.

The 12 scholarship winners who were present came forward to receive their certificates from the Club President and Trustees of the Scholarship Fund. Two donors who attended, **Dr. Ruth Bell** and **Marjorie Melick** (founder of the Reid Scholarship in Medicine), also met and were photographed with the recipients of their respective scholarships. The event concluded with a brief reception.

(With thanks to Sheila Waugh for her input)

Dawn Smith
Chair, Scholarship Trust Fund



Left to Right:

Top Row: Fiona Armstrong, Rebecca Manouchehri, Carole Butare, and Michelle Legault

Middle Row: Taiyan Roberts, Catalina Jaramillo, Geneviève Beebe, Taylor Grant, and Sandrine Ferron-Ouellet

Front Row: Ylan Chu, Paula Adler, and Narges Khazraei

Photos by: Amanda Goth

Details on the awards are found under Scholarships and Donating at www.cfuw-ottawa.org.

EDUCATE GIRLS – EMPOWER WOMEN

It's become a CFUW-Ottawa tradition to celebrate International Women's Day (IWD) by hosting an event with CFUW/Nepean, CFUW/Kanata, and the Ottawa Council of Women (OCW). This year's event on March 5, at Ben Franklin Place (CentrepoinTE), was bigger and better than ever. Our theme "Educate Girls – Empower Women" honoured the recent United Nations declaration of the International Day of the Girl Child (Oct. 11). A poster display honoured some of the organizations that work internationally to improve the lives of girls and women: CARE International, MATCH International, the International Federation of University Women (IFUW), Plan Canada (whose awareness-raising "Because I am a Girl" program has been extremely successful), Ten Thousand Villages (who also provided our coffee and tea), and our own CFUW-Ottawa group, University Women Helping Afghan Women. Several of our members displayed and sold artwork, books, jewelry, games and cultural works. Epicuria caterers once again provided an exquisite selection of hors d'oeuvres.

Our program was presented in the CentrepoinTE Council Chamber with its comfortable seats and excellent acoustics. The CFUW/Kanata Guitar Groovers, back by popular

demand, led us in a sing-along, beginning with the IWD "anthem" *Bread and Roses*. We were all enchanted by the wonderful choral singing of the Cantiamo Girls Choir of Ottawa. (Special note: Their next concert will be in June for their 10th anniversary. See their website at www.cantiamogirlschoir.ca.) Sarah Kambites of the United Nations Association of Canada spoke movingly of girls' education in Uganda, and introduced our special guest, the Hon. Landon Pearson. Landon is a former senator and an outstanding worker for the rights of children on both the Canadian and international levels. Her talk provided us with a glimpse of the humanity and breadth of vision that has guided her life of devotion to the cause of justice and the human rights of children. She was inspiring, humorous and thoughtful.

The Planning Committee thanks the many volunteers from all four participating clubs who gave of their time, wisdom, experience and enthusiasm. Their participation made this whole IWD project a rewarding and successful experience. And we had a great time!

Charlotte Rigby

Co-Chair, IWD Planning Committee

Photos by:

Co-Chair, **Beverlee McIntosh**





CFUW was one of organizers of the 5th annual International Women's Day celebration held the evening of March 8 at Library and Archives Canada at 395 Wellington. Others were Amnesty International Canada, Canadian Centre for Policy Alternatives, Inter Pares, MATCH International, Oxfam Canada, Ottawa Coalition to End Violence Against Women, Planned Parenthood Ottawa, Women's Legal Education and Action Fund (LEAF), and World University Service of Canada (WUSC), with support from the Nobel Women's Initiative. The FEMICON theme was a nod to COMIC-CON, an international comic book/pop culture conference held annually in San Diego, Calif., since 1970.

Attended by a diverse crowd of some 400 women and men of all ages, and a few children, the evening included food, drink, on-site child care, conversation, music, comedy, satire, speeches, and the 2013 Femmy Awards. CFUW-Ottawa members



Taylor Grant, 2013 Recipient of Ruth Bell Centennial Scholarship, staffing an NGO table

From Left to Right: Mary Butterill, Tara Fischer, and Charlotte Rigby

Charlotte Rigby and Mary Butterill helped Tara Fischer, CFUW Advocacy Coordinator, at the CFUW information table, answering questions from numerous interested parties and handing out promotional material (including publicity on the documentary NFB film *Status Quo? The Unfinished Business of Feminism in Canada*, screened by the NFB Film Club at the Ottawa Public Library in March and available for download and rent). Club members Sheila Perry and Janet Riehm also

attended. Another CFUW-Ottawa member, Ann Denis, was one of six women to receive a Femmy Award this year for her work with the

Canadian Research Institute for the Advancement of Women (CRIAOW).

Click on *Women's Day party puts out call for feminist superheroes*, the Ottawa Citizen's article about the event published

the morning of March 8. Click on *FEMICON The Movie*, to view, on YouTube, the short entertaining film created by young feminists and shown at the event.



Photos by:
Ivy Pola and Mary Butterill

Reduction in Dietary Sodium – The CFUW Resolution

Our sodium resolution is timely. Others are publishing their concerns about how much sodium Canadians are consuming. Reporting in March 2013, CBC's *Marketplace*, using the gold standard 24-hour urine test on 80 active Canadians, found they consumed, on average, 3600 mg sodium, more than double the recommended daily adequate level of 1500 mg; 99 percent were above 1500 mg. NDP MP Libby Davies presented Private Member's Bill C-460 (Sodium Reduction Strategy for Canada Act) to the House of Commons on Nov. 5, 2012, calling on the Government to act on the advice of its 2010 Sodium Working Group report and to establish targets to lower sodium in processed and restaurant food to meet the Group's target of 1500 mg a day by 2016. The Government intends to oppose Davies' bill. A *Canadian*

Journal of Public Health report published in February 2013 showed that Canadian restaurant food often contains a full day's sodium in just one serving. Now Michael



Moss's book *Salt Sugar Fat*, published in February 2013, tells us that food products are "engineered" so we can't stop eating unhealthy products. Food producers use salt not only to extend shelf life, but to mask unpleasant flavours like metal that come from laboratory-created food.

Taking the salt shaker off the table is not enough; most sodium intake comes from processed food. As our resolution requests, we need government to specify targets to make the food industry reduce sodium so that we can achieve a diet of 1500 mg without abandoning all of their products. The Government says low sodium products are available, but companies cleverly hide sodium content by using unrealistically low serving sizes or calculating percent daily value based on 2500 instead of 2300 mg. We need broad-based education, too. With our resolution in place next summer, we will be able to add our CFUW voice to the growing concern about sodium levels in Canadian diets.

Dorothy Phillips with Krigen Henein and Marion Cameron
Salt Resolution Committee

A WINTER ADVENTURE



What an adventure for the above 17 CFUW stalwarts, who spent an overnight in Brown's Cabin in the Gatineau on March 5. A wonderful ski in – crisp snow trails, sunshine and birdsong. Great food, charades and early to bed to prepare for another full day on the trails, and another beautiful day. This is how to enjoy winter!!

Photo by: Krigen Henein

CFUW 2013 AGM
Saskatoon, Sask.,
July 11-14, 2013



Sheraton Cavalier Hotel
612 Spadina Crescent,
Saskatoon, Sask.
(306) 652-6770

To book your accommodation at the Sheraton Cavalier Hotel, click [here](#).

Website Frequently Asked Questions (FAQ)

I am a member of CFUW-Ottawa but do not have a password (or my password does not work). How do I get a working password?

When you become a member of CFUW-Ottawa, you are automatically entitled to access the "Member-only" pages of the CFUW-Ottawa website. You must, however, go through the steps to set up a CFUW-Ottawa password. Please note that although you may have a password for email or for other sites on the internet, this password will not work for the CFUW-Ottawa website until you set it up. Once you have set the password, you will continue to have it until you reset it or are no longer a member of the Club.

a) Instructions for Your First Login to the Website

To set a password, go to the yellow-orange login box in the upper right-hand corner

of the CFUW-Ottawa website (www.cfuw-ottawa.org). Enter your email address. Make sure it is the same email address that you used on your registration form. If you no longer have that email address, please contact me (see end of article on next page). Next, press "Forgot password".

A "Reset password" webpage will appear. It will ask you to enter your email address again and then the code that is shown in a box on the screen. You must input the code exactly as it appears including using any capital letters that may be present. Then press "Submit".

You will then be sent an email (from CFUW-Ottawa) with instructions on resetting or setting your password. Click on the link for resetting your password. This

will take you back to the CFUW-Ottawa website where you will be asked to enter a new password twice. Then click on "Set new password". The system should then tell you that you have reset your password successfully and that you can now use the new password to log into the website.

b) Problems with your Password

You may have set up a password for CFUW-Ottawa but, all of a sudden, it no longer works. The computer will try to help you by remembering your password and filling it in

(see **FAQ** on next page)

OTTAWA LITTLE THEATRE'S 100TH BIRTHDAY GALA

Proudly Celebrating
a Century of Great Theatre
in our Nation's Capital!

Thursday, May 9, 2013
Fairmont Chateau Laurier
1 Rideau Street, Ottawa

Reception: 6:30
Dinner: 7:30
Fabulous Entertainment
Music & Dancing till Midnight!



On May 9, 1913, CFUW-Ottawa, then called the University Women's Club of Ottawa, invited Milton Rosmer of the Manchester Players to address an open meeting to discuss the formation of a drama league. At that meeting, the Ottawa Drama League was born, called the Ottawa Little Theatre since 1951. CFUW-Ottawa also sponsors the Gladys Cameron Watt Award (\$500), given each year to a winner of Ottawa Little Theatre's National One-Act Playwriting Competition.

The Ottawa Little Theatre invites members of CFUW-Ottawa to their 100th Birthday Gala on May 9, 2013. This special event will include a costume parade spanning 10 decades, a seven-course dinner, entertainment by comedians Luba Goy and Rich Little, and a 20 piece jazz band with singers Bill Luxton and Mary Francis. Tickets are \$250. For more details, click on [invitation](#) and [ticket order form](#), or call the Box Office at (613) 233-8948 or go to www.ottawalittletheatre.com.



CFUW Ontario Council 2013 AGM

*Making Connections.
Making Communities.*

Friday, May 3 & Saturday, May 4, 2013

Host: CFUW Sudbury



Venue: Howard Johnson Plaza Hotel
50 Brady St., Sudbury
(705) 675-5602 OR 1 (800) 461-1144

Early Bird Registration Fee: \$95
Registration Fee (after April 24): \$115
Friday only: \$30 Saturday only: \$85

Contacts:

Margaret Kechnie, Registrar
(705) 522-3363 mkechnie@laurentian.ca
Christine Tworo, LAC Chair
(705) 522-0341 tworo@hotmail.com

Program Brochure & Registration Form
available at

www.cfuwontcouncil.ca/agm.html

Preparing for the Dragon Boat Races



Dragon Boaters at their first planning meeting on March 8, at the home of Jean Chapman. They will be racing against all other women's teams in two races on Saturday, June 22. The best 75 mixed teams and the best 24 women's teams will move on to compete on Sunday, June 23. Thus far, 26 members have volunteered to participate in the races.

Photo by: Jean Chapman

REGISTER NOW!

CFUW-OTTAWA AGM & DINNER



Tuesday, May 7, 2013 6 p.m.
Restaurant International
Algonquin College

Ticket Price: **\$35**
(incl. tax & service charge)
Members only
100 Tickets Maximum
Deadline for ticket sales:
April 24, 2013

Register online at
www.cfuw-ottawa.org/events
OR
Contact **Alice Bolt** at **(613) 731-5221**
OR
Buy your ticket at the
April 8 General Meeting

FAQ – continued from page 8

for you. If you happen to make a mistake in typing or add an extra hidden space, the computer will remember that as well and end up filling in an incorrect password for you. In this case, the best option may be to reset your password.

To reset your password, follow the same steps as indicated in (a) above, beginning with pressing "Forgot password", and continue the process to establish a new password.

Please contact me at wizards@cfuw-ottawa.org if you have other questions about the CFUW-Ottawa website.

Glenda Levesque

Website and Internet Services Convenor

J. F. Norwood House Wish List

Since 2002, the Elizabeth Fry Society of Ottawa has offered transitional housing at J.F. Norwood House to women and girls who are, or may become, criminalized. The beds are available to women who have been released from an institution on parole or probation, clients of the Drug Treatment Court and the Ottawa Hospital. At Norwood House, the women are offered a safe and encouraging environment where they can focus on education and employment and access other EFry services and wider community supports.

Alice Bolt and Marjorie Melick, our Club's representatives to the Elizabeth Fry

Society of Ottawa, are asking for donations of new or gently used items for the House. An updated wish list can be found on our Club's website. To see the list, log in, go to the "Member-only" tab in the blue menu on the left side of each web-page and click on "Assistance Requested".

If you have donations, please call Marjorie or Alice to make arrangements for pick up or delivery. If you'd like to bring your donations to the Club's General Meeting on April 8, please contact Alice or Marjorie beforehand.

Our members can make a difference and we thank you in advance for your support.

2013 NAC Musical Lunch

Register Now!

Le Café, National Arts Centre, Friday, April 26
11:30 a.m. – Silent Auction, 12 noon – Lunch



- ✦ Elegant THREE-COURSE MEAL prepared by the new Chef, John Morris
- ✦ PERFORMANCE & CHAT with a first class musician
- ✦ COMPLIMENTARY TICKETS at each place to an NAC performance
- ✦ Repeat of the 2012 very successful SILENT AUCTION
- ✦ Two hours of FREE PARKING in the NAC Garage

Bring your cheque books for the Silent Auction!

All proceeds will go toward 10 scholarships for young women at the Gawharshad Institute of Higher Education in Kabul, Afghanistan

Open to all (CFUW-Ottawa members, non-members, men, women)
100 tickets maximum – Almost sold out already!

Ticket price: \$40

- ✦ Mail cheques made out to UWHAW to: Alice Bolt, 1531 Caton St., Ottawa, ON K1H 6J3.
- ✦ Call Alice at (613) 731-5221 to say cheque is in the mail.
- ✦ Your received cheque will be acknowledged by email.
- ✦ If still available, tickets will be sold at the April 8 CFUW-Ottawa General Meeting.
- ✦ We will, when advised, try to seat you with your friends.

Chair: Mary Partington

Organized by CFUW-Ottawa's University Women Helping Afghan Women (UWHAW)

Silent Auction Items

- ✦ Lunch and tour of Parliament Hill, courtesy of Nancy DeVillers, whose husband is a former MP;
- ✦ Japanese kimono from Leila Metcalf;
- ✦ Week at Leila Metcalf's summer cottage at nearby Crosby Lake;
- ✦ Painting "Stare into the Sun" by Canadian artist Marc Brzustowski;
- ✦ Luncheon for ten at the home of Mary Partington;
- ✦ Week at Hally Siddons' home in ski country - Stowe, Vermont;
- ✦ Collection of wines from the cellar of noted oenophile Charles Bassett;
- ✦ Kelim rug from Afghanistan (Hanneke Boadway);
- ✦ Masai jewelry from Kenya (Greta Jones);
- ✦ Dinner for eight at the home of Anne Alper, with help from Easy Gourmet;
- ✦ \$75 gift certificate for Arbonne cosmetics;
- ✦ And more!

Raffle

Alice Bolt invites guests to the Musical Lunch to bring cash so they can buy raffle tickets for the gorgeous gourmet basket she has underway!

31st IFUW Triennial Conference

16-21 August 2013 - Istanbul



Registration instructions, the provisional programme and information on travel, accommodation and tours is now available on the International Federation of University Women (IFUW) website at www.ifuw2013istanbul.org/en/default.asp. The conference theme is:

**Women's role in achieving a sustainable future:
Education, urbanization, violence and human rights.**

The deadline for early bird registration is April 30, 2013. Registration fees increase on May 1, 2013 for regular registration and again on July 1, 2013 for late registration.



Our condolences to our Club President Nancy DeVillers on the death of her mother Evelyn Knight, in her 102nd year, on March 7, 2013, and to longtime member Lucille Muldoon on the death of her husband, the Honourable Frank Muldoon, on Jan. 9, 2013. Evelyn's obituary was published in the *Ottawa Citizen* on March 9, 2013 and Frank's from Jan. 11 to 14, 2013. Both are also found online.

We invite all CFUW-Ottawa members to notify us about deaths in their immediate families or of other significant persons in their lives if they wish to have our expressions of sympathy published in the *Carillon*.