



Canadian Federation of University Women – Ottawa

Capital Carillon

January General Meeting

DATE: Jan. 6, 2014
 TIME: 1:00 p.m.
 PLACE: Riverside United Church/
 Anglican Church of the
 Resurrection,
 3191 Riverside Drive,
 Ottawa, ON K1V 8N8
 SPEAKER: Marguerite (Grete) Hale
 TOPIC: A Conversation with Grete



Grete Hale comes from a pioneer family. Her great-great-grandfather arrived in this area in 1818 to work for his uncle, Philemon Wright, the found-

er of what is now called Gatineau. From her parents, she learned the importance of being a contributor to one's community.

She is a respected business woman as well as an inspired and inspiring community leader who has served thousands of volunteer hours and chaired hundreds of board meetings (keeping them on topic and on time). She is known for her wise counsel and warm hospitality.

Mrs. Hale's volunteer work has been recognized by many awards, including the Order of Canada and honorary degrees from the University of Ottawa, Carleton University, and Algonquin College. A longtime member of the board of the University of Ottawa, she was made an honorary lifetime member, Governor Emeritus.

(see Meeting on next page)

PRESIDENT'S MESSAGE

NANCY DEVILLERS

Dr. Seuss urges us to see the possibilities in life and to squeeze all the fun and interest and friendship out of it that we can. In a wonderfully infectious way, he reminds us that each day is a gift which we can use as we choose. We are in charge of the priorities and decisions we make every day.

Last month, I attended the Annual Meeting of the Elizabeth Fry Society of Ottawa and learned more about the issues and barriers faced by women in our prisons. Some members may not know that EFry Ottawa was founded in 1951 after several CFUW-Ottawa members began visiting women in local jails and advocating on their behalf. CFUW-Ottawa is proud of the actions of those members and continues its membership in this group.

The Regional Fall Gathering was well attended and offered an opportunity to host members from other clubs in the CFUW Ontario East Region. As well as having great speakers, we heard Shout Sister! - a wonderfully exuberant choir. Special thanks to Nancy Simmons-Wright, Chair, Local Arrangements Committee, and to the Committee members, for their hard work.

On November 3, I attended the New Members' Tea hosted by Nancy Simmons-Wright, now wearing her VP Membership hat. It was encouraging to see so many new members come out to share a good social time and to learn from Board members how the Club functions and how they can be part of it. Several new members came out the next evening to

You have brains in your head. You have feet in your shoes.
 You can steer yourself any direction you choose.
 You're on your own. And you know what you know.
 And YOU are the one who'll decide where to go. . . .
 — Dr. Seuss, *Oh, the Places You'll Go!* (1990)

hear Hally Siddons speak on the Afghan initiative. The message to new members and all members is GET INVOLVED! Involvement makes your time in the club so much more interesting and expands your circle of friends.

On November 4, Hally Siddons brought the Afghan story, as told in Istanbul, to our members. What an evening it was! Great attendance, wonderful presentation, and lots of members asking good questions at the end. We just didn't want it to end. Thank you, Hally, for keeping us

(see President on next page)

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Meeting – continued

She has taken on many roles not previously or traditionally associated with women, such as corporate directorships, President of the Royal Heraldry Society of Canada, Registrar General of the Order of St. Lazarus, and Honorary Colonel of the Governor General's Foot Guards.

Grete loves to tell stories. So join us in welcoming her at our January 2014 General Meeting - **at 1:00 p.m. for the first time!**

CFUW-Ottawa General Meetings are open to all. If you know someone who is interested in hearing Grete Hale, invite them to join us.

President – continued

informed about the wonderful work you and the members of University Women Helping Afghan Women do to support our sisters half way around the world.

I wish each of you a wonderful holiday season full of family, friends, good food, and all the celebrations that are part of your faith. See you in 2014!



Capital Carillon is published monthly from October to May, except for January.

Please send all material for the next issue to the Editor:
Mary Butterill
at marpathb@storm.ca.

Next issue: **February 2014**
Deadline: **Jan. 15, 2014**

Links to electronic issues going back to Feb. 2001 are found under Newsletter, Archives on the Club website at www.cfuw-ottawa.org.

Tuesday Hiking Group Scales King Mountain

The Gatineau Trails Group offers outdoor fitness activities year-round. On Tuesday, Nov. 5, starting at 10 a.m. from Parking Lot P7 in Gatineau Park, the hikers took various trails up King Mountain, enjoying its diverse forest landscape and panoramic views of Ottawa, Gatineau, and the Ottawa River. On the way back, they met for lunch at Wattsford Lookout, about 20-30 minutes from their start point. In 2-2½ hours, the hikers covered 8-10 kilometres. King Mountain is 344 metres or 1,129 feet high at its summit, and sits on the southern edge of the Canadian Shield. **Photo by:** Cathy McLean

★★ 2013 CFUW-OTTAWA ADVOCACY AWARDS ★★

The citation for the Advocacy Award received by CFUW-Ottawa on May 4, 2013 at the CFUW Ontario Council AGM in Sudbury reads:

“For joint IWD event (with CFUW Nepean, CFUW Kanata and the Ottawa Council of Women), the speaker was longtime advocate of girls’ rights and education, the Hon. Landon Pearson; participation in demonstrations on Parliament Hill in support of Action against Violence against Women and other issues; preparation and submission of draft resolution “Reduction of Dietary Sodium”; sending 2 petitions and 100+ advocacy letters on 10 topics to local MPs, MPPs and City Councillors”.

CFUW-Ottawa also received a Certificate of Recognition on July 12, 2013 at the CFUW AGM in Saskatoon, for the “Musical Lunch and Silent Auction for Afghan Girls”.

★★★★★★★★★★

Ontario East Regional Fall Gathering 2013

Each fall, one of the nine Eastern Ontario CFUW clubs hosts the Regional Fall Gathering which is designed to provide an opportunity for members to learn, network, and share information. Ontario Council provides guidelines for the host club.

This year was CFUW-Ottawa's turn to host. Being the largest club, not just in Ontario, but in the entire country, meant that expectations were high that we would provide an interesting and informative gathering. Based on feedback received on content, speakers, facilities, entertainment, and attention to dietary requirements, our Regional Fall Gathering held on Oct. 19 was an unqualified success!

The theme was "Healthy, Wealthy and Wise, Taking Care of Ourselves: Financially, Legally, and Physically".

Two senior representatives from RBC, Louise Summers and Lauree Knight, specialists in financial and retirement planning, emphasized the importance of creating/updating financial plans at all stages of our lives and provided strategies to pay less tax in retirement.

Local lawyer, CFUW-Ottawa member, and former scholarship recipient, Alicia Natividad, who specializes in estate planning, spoke, among other things, about the number and types of Powers of Attorney one might

have, depending on one's circumstances, such as business, property, personal care, and accommodation. She particularly noted the importance of keeping the Power of Attorney for Personal Care accessible, such as keeping a copy in your purse, in a fireproof box, and most importantly, giving a copy to the person who has power of attorney.

Teri Gentes spoke passionately on ideas for healthy, fast breakfasts and gave us tips on introducing healthier options to our diet.

And of course, our two local choirs of Shout Sister! were toe-tapping good fun!

The popularity of this event far exceeded our expectations. We planned for 70 attendees, hoped for 80 and got 82! Many thanks to our own members who attended this event. Sincere thanks to those kind members who paid their registration fee and helped with preparation and cleanup.

I would like to take this opportunity to extend my sincere appreciation to the Regional Fall Gathering Local Arrangements Committee that worked over the past year to make this event so successful.

Nancy Simmons-Wright

Chair, Regional Fall Gathering
Local Arrangements Committee

Photos by: Mary Butterill From top to bottom: **1)** CFUW Perth members; **2)** Carol Hinde and Teri Gentes; **3)** Refreshment break; **4)** Ontario East club Presidents, Regional Director Leila Metcalf, and President, Ontario Council, Brenda Robertson; **5)** Dolores Dufresne and Junko Price; **6)** Shout Sister! Choir.





From the Environmental Toxins and Health Group

Some Good News About Recent Progress

As the Holiday Season approaches, we thought we'd share a holiday stocking full of recent progress – all good news for our health and our environment!

1. Ontario Closes Coal-fired Electricity Plants (October)

Ontario officially closed its massive Lambton coal-fired electricity-generating plant, which was emitting carbon pollution equivalent to the emissions of 1.8 million automobiles. The last of the 19 Ontario coal-fired plants will close in 2014. Ontario's coal phase-out is a global milestone: ending coal use means all of us will live healthier lives in a healthier environment.

- See news.ontario.ca/mei/en/2013/10/creating-cleaner-air-in-ontario.html.

2. The Ontario Skin Cancer Prevention Act (October)

This legislation prohibits youth under 18 from accessing tanning beds in Ontario. Indoor tanning bed use before the age of 35 significantly increases the risk of melanoma, one of the most common forms of skin cancer in young Ontarians aged 15 to 29 - and the most preventable.

- See www.ontla.on.ca/web/bills/bills_detail.do?locale=en&Intranet=&BillID=2748.

3. Walmart will reduce 10 toxic chemicals in its products (September)

Walmart will also require its suppliers to disclose all product ingredients. This sets a new standard that other companies will need to meet or surpass to remain competitive. As consumers,

we should know what's in the products we buy, so that we can make informed choices and reduce our exposure to toxic chemicals.

- See environmentaldefence.ca/articles/statement-environmental-defence-regarding-walmart-us-announcement-new-policy-sustainable-ch.

4. Proctor & Gamble (P&G) removes harmful chemicals (September)

P&G announced that it will remove triclosan and diethyl phthalate from all their products worldwide by 2014. Less triclosan will enter the aquatic environment, and fewer phthalates will end up in our bodies. This victory results from public campaigns, and sends a strong message to other industry players. We all win!

- See environmentaldefence.ca/blog/good-news-proctor-and-gamble-eliminate-toxic-triclosan-and-phthalates-0.

5. Canada Signs Global Treaty to Reduce Mercury Emissions (October)

Canada signed the Minamata Convention on Mercury, a global agreement to reduce mercury emissions and releases. This legally-binding treaty is under the auspices of the United Nations Environment Programme (UNEP). Its objective is to protect human health and the environment from mercury and mercury compounds.

- See www.ec.gc.ca/default.asp?lang=En&n=714D9AAE-1&news=D4952BBC-2A91-479E-966A-D62B12E01F85.

Happening at Local CFUW Sister Clubs

The 2013-14 programs of our local sister clubs may interest you. To see the schedules of events and meetings that are open to the public and the names of guest speakers, go to their websites:

CFUW/Kanata: www.cfuwkanata.ca General Meetings: 2nd Wed. of the month, 7 p.m. at Stonehaven Apts., 70 Stonehaven Dr., Kanata

CFUW/Nepean: www.cfuwnepean.ca General Meetings: 1st Tue. of the month, 1 p.m. at Knox United Church, 25 Gibbard Ave., Nepean

CFUW Perth: cfuw-perth-district.com General Meetings: 3rd Mon. of the month 6 or 6:30 p.m. at Royal Canadian Legion Hall, 26 Beckwith St. E., Perth **SPECIAL EVENT: HERITAGE PERTH CHRISTMAS HOUSE TOUR. Dec. 7 & 8.** Tickets \$30 went on sale on Nov. 1 at Tivoli Florists, 282 Richmond Rd. and 18 Clarence St., Ottawa. Contact: Muriel (613) 267-2270 to reserve your tickets.

New Members' Tea

President **Nancy DeVillers** welcomed approximately 35 new and returning CFUW-Ottawa members on behalf of the Board at New Members' Tea held on Sunday, Nov. 3 at my home. VP Liaison **Charlotte Rigby** spoke about the "bigger picture" – the organization of CFUW provincially, nationally, and internationally, noting that CFUW-Ottawa is the largest club in Canada and the scope for advocacy is wide. Scholarship Trust Fund Treasurer **Pierrette MacLean** spoke of the support given to students of Carleton and Ottawa Universities by the many CFUW-Ottawa scholarships and of the Club's ongoing efforts to sustain these scholarships, which depend on donations (including funds raised through the annual Holiday Party).

Others who spoke to their roles within the Club included **Mary Butterill**, *Carillon* Editor, **Wilma Clapham**, Past President, **Janet Hagey**, our new Website and Internet Services Convenor, **Carol Hinde**, Membership Administration Convenor, **Sue Hurtubise**, VP Communications, **Patricia O'Flaherty**, Study and Interest Group Convenor, and me. We all

emphasized that the key to enjoying the club is to get involved, not only in joining the many Study and Interest Groups and Projects, but also in volunteering in the extensive array of Board activities that support our Club.

Thanks to all who made the Tea a success! And a special thanks to

all the new and returning members who shared their (beautiful Sunday) afternoon with us – we hope you have a wonderful first year as members of CFUW-Ottawa, and that it only the beginning of a long and fulfilling attachment to CFUW!

Nancy Simmons-Wright
VP Membership



Upper left, from left to right: Nancy Simmons-Wright, Nancy Hanna, and Nancy DeVillers; **Upper right:** Wanda Nowosielski and Nell van Walsum; **Lower left:** Patricia O'Flaherty, Jeannie Koroluk, and Sue Hurtubise; **Lower right:** Sylvie Barzilay, Natalie Lam, and Pierrette MacLean
Photos by: Mary Butterill

RECENT CFUW-OTTAWA APPOINTMENTS

Mary Broderick is now the Club's **Hospitality Convenor**.

Members of our Standing Issues Committees have continued to assist Susan Russell, Chair of the CFUW National Resolutions Committee, to review, revise and prepare four national resolutions proposed for 2014, prior to their being sent to CFUW Clubs across Canada.



*Happy Holidays
& Best Wishes for 2014!*

Educate Afghan Girls: Sustain the Nation

A record 130 people attended CFUW-Ottawa's Nov. 4 General Meeting to hear Hally Siddons' presentation of *Educate Afghan Girls: Sustain the Nation*, a seminar paper co-authored by Dianne Rummery and Hally. Originally given at the IFUW Triennial in Istanbul in August 2013, it is a "*cri de coeur* to maintain vigilance for the rights of Afghan women when international troops withdraw in 2014 and the media moves on". Hally's focused presentation included colourful PowerPoint slides and an informative short video clip that featured both Dr. Sima Samar, speaking for justice for Afghan women and Hally commenting on Dr. Samar's courage and dedication to her noble cause. Leila Metcalf also spoke about the workshop panel on ideas for overcoming barriers to sustainable education for girls and women in Afghanistan which she moderated in Istanbul, a joint effort of IFUW affiliates from Canada, Australia, Great Britain, Rwanda, and U.S., during which Dr. Sima Samar offered her perspective. Nancy DeVillers told us about the impact and high level of interest in this issue generated at the Triennial. Thanks to the inspiring efforts of Hally and

her UWHAW Group, the cause of Afghan women's education and human rights is gaining much support and momentum both nationally within CFUW and internationally in the IFUW community.

In Afghanistan, a country of predominantly young people (over half under the age of 15!), weakened by 30 years of war, only 12 percent of women are literate, though both the Qur'an and Afghanistan's Constitution commit to education for girls. Education of Afghan girls is crucial to the prosperity of Afghanistan, given that educating girls delivers a higher return than any other investment in the developing world, quoting Lawrence Summers, former Chief Economist, World Bank!

Obstacles to schooling include dire poverty, early and forced marriage, corruption, little family and community support, lack of: security, qualified and female teachers, curriculum resources, and infrastructure investment. In spite of these daunting factors, incredible progress has been made.

However, to develop a sustainable and peaceful civil society in Afghanistan, it is imperative that the international community continues to support and encourage



Hally Siddons, with bouquet presented by Nancy Simmons-Wright **Photo by:** Mary Butterill

the Afghan government to invest in women's education, especially higher education, and in their meaningful inclusion in the peace talks. Sustainable success will depend on the participation of women, as well as on Afghan government involvement, long-term donor funding for creative, manageable niche aid projects rooted in Afghan culture, and co-ordinated development programs.

The meeting was attended by a contingent of Afghan graduate students studying at Ottawa University, one of whom, Masuma Moravej, spontaneously told us about her experience and heartfelt appreciation for having the opportunity of an education. Another student, Dr. Maisam Najafizada, one of many "tech-savvy" young Afghans, solved an unanticipated video glitch, thus enabling us to see the video of Dr. Samar. Eileen Olexiuk and colleague from Canadian Women for Women in Afghanistan (CW4WA) also attended.

Watch for links to both the seminar paper and video clip from the UWHAW section under Club Projects on our website. The video clip about Dr. Samar was extracted with permission from a video about the 2013 finalists for the Allard Prize for International Integrity which can be viewed on YouTube at www.youtube.com/watch?v=38i0xv-v_Ck. It was filmed by Leigh Badgley and Bill Weaver, Across Borders Media, and produced by the University of British Columbia Faculty of Law.


Canadian Federation of University Women
ONTARIO COUNCIL

NEXT ONTARIO COUNCIL STANDING COMMITTEES MEETING

Saturday, Jan. 25, 2014

Yorkminster Park Baptist Church

1585 Yonge Street, Toronto (Two blocks north of St. Clair Subway Station, East Side)

Morning Program & Speaker: TBA

Registration: \$30 prepaid includes a delicious and nutritious **lunch**. Catering requires a **registration deadline** and **dietary requirements** by the Monday prior to the meeting. The **Registration Form** is located at www.cfuwontcouncil.ca/.

Registration starts at 9:00 a.m. The meeting begins at 10:00 a.m., lunch is at 12 noon and the afternoon sessions end around 3:00 to 4:00 p.m.

CFUW-Ottawa funds registration fees and partially funds accommodation and travel for attendance by the Club President, the VP Liaison and two Standing Committee Chairs **or their designates**.

All CFUW members are welcome to attend. If interested, contact: Charlotte Rigby, CFUW-Ottawa VP Liaison, for further details.

Future Meeting: Saturday, March 22, 2014

Continued Progress of Afghan Women Requires Peace and Stability

First Secretary of the Embassy of the Islamic Republic of Afghanistan, Ms. Laila Ayan, spoke to the November meeting of the University Women Helping Afghan Women (UWHAW) Study and Interest Group. A graduate of Kabul University in law and political science, she told us that Afghan women have made significant gains in recent years. There are now close to 3 million girls enrolled in public schools, and women are entering public life as elected officials, members of the armed forces and police, teachers, accomplished athletes, leaders of NGOs, and entrepreneurs of small businesses. However, she noted that Afghan women still face daunting challenges, including limited access to higher education, uncertainty caused by the upcoming presidential and provincial elections and imminent withdrawal of international forces in 2014, and ensuring meaningful women's representation in any peace negotiations with the Taliban. Ms. Ayan emphasized that the Afghan government is committed to achieving gender equity and to eliminating violence against

women, and that these goals are enshrined in the Constitution of Afghanistan. While she expressed her heartfelt thanks to the people and government of Canada for its tremendous contribution to her country, continuing support of the international community remains needed to bring peace and stability to Afghanistan. The job is not finished.

Martha Musgrove
University Women Helping
Afghan Women
Study and Interest Group



From left to right: Nancy DeVillers, Laila Ayan, and Hally Siddons **Photo by:** Martha Musgrove

NORWOOD HOUSE WISH LIST

Alice Bolt and Marjorie Melick, our Club's representatives to the [Elizabeth Fry Society of Ottawa](#), are still looking for donations of much needed items for [J.F. Norwood House](#). The Wish List was distributed at the November General Meeting and, as explained in a recent email blast, can be accessed on the CFUW-Ottawa website. To see the list, log in, go to the "Member-only" tab in the blue menu on the left side of each webpage, and click on "Assistance Requested". Please call Alice or Marjorie, if you have a donation or if you have any questions.

VIOLENCE AGAINST WOMEN

*Did you
know?*

Gender-based violence in its many forms affects about half of all women over the course of their lives and has serious negative impacts on their well-being.

CFUW has numerous policies and a long history of advocacy against abuse and exploitation of women. The national initiative on this issue announced at the 2013 CFUW AGM in Saskatoon encourages CFUW Clubs to work harder to collectively raise public awareness, improve support and prevention, and put pressure on all levels of government to take stronger action to end violence against women.

Go to the [CFUW website](#) for policies, ideas for action, and other resources.

November 25 was designated International Day for the Elimination of Violence Against Women in 1999 by the UN General Assembly to com-

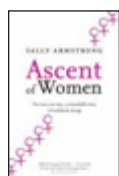
memorate the three Mirabal sisters brutally assassinated on Nov. 25, 1960 in the Dominican Republic because they actively opposed the dictatorship of Rafael Trujillo. It marks the first day of the 16 Days of Activism Against Gender Violence, recognized internationally. December 10, International Human Rights Day, marks the final day.

December 6 is the National Day of Remembrance and Action on Violence Against Women in Canada, established in 1991 by the Parliament of Canada to mark the anniversary of the 1989 murder of 14 young women at L'École Polytechnique de Montréal, killed just because they were women.

These commemorative days are opportunities to pay tribute and reflect, reminding us to take action against violations of our human rights. Go to the [Status of Women Canada website](#) for more information.

Spotlight on Human Rights

Four inspiring books on human rights, by people who clearly “know their stuff”, were featured at the Fall 2013 Ottawa International Writers Festival. They all address the process of “taking action”, the question of “how” to survive or overcome challenges to our human rights. The strength of character of the change-makers - their courage, creativity, and determination - plays no small part in their success. All books except *Campaigning for Justice* are available at the Ottawa Public Library.



Armstrong, Sally. *Ascent of women : our turn, our way – a remarkable story of worldwide change*. Toronto: Random House, 2013.

Sally Armstrong is a human rights activist, journalist, teacher, and author of two bestsellers on women in Afghanistan (*Veiled Threat* and *Bitter Roots, Tender Shoots*). She is a member of the Order of Canada and three-time Amnesty International award winner. An optimistic book about improving conditions for women throughout the world and the admirable revolutionaries who are creating the change, stories of resistance and progress, triumph and tragedy, based on years of on-the-ground experience, clear-headed observation, and interviews. Sally looks unflinchingly at ongoing unsavoury issues, not through rose-

tinted glasses. Includes useful statistics and Canadian content.



Becker, Jo. *Campaigning for justice : human rights advocacy in practice*. Redwood City, Ca: Stanford University Press, 2012.

Jo Becker is the Children's Rights Advocacy Director for Human Rights Watch. This book explains the “how” of the human rights movement. It explores the innovative strategies and techniques behind recent human rights campaigns which have made concrete progress in international law, policies, and practices to address challenging abuses. Case studies based on interviews with experienced, successful human rights advocates show how they work, their struggles, tools, strategies, courage, and tenacity in advancing human rights.



Lindhout, Amanda. *A house in the sky : a memoir*. New York: Scribner, 2013.

Amanda Lindhout is the curious, courageous, and resilient Canadian photojournalist and traveller who was car-jacked and kidnapped in August 2008 at age 25, along with Australian photographer Nigel Brennan and three Somali assistants, by Somali Islamist rebels, days after landing in Somalia. This is the incredible story of her 15-month horrific ordeal at the hands of the kidnappers,

mostly teens, who demanded a huge ransom for her release. During this time, she suffered rape, torture, beatings, near-starvation, and dehydration, but miraculously survived. Upon release and recovery, her spirit unvanquished, she founded the Global Enrichment Foundation to help the people of Somalia.



Williams, Jody. *My name is Jody Williams : a Vermont girl's winding path to the Nobel Peace Prize*. Berkeley, Ca: University of California Press, 2013.

Jody Williams is a political activist, professor, and author, recognized for her contributions to human rights and global security. Fearless, irreverent, and somewhat radical, as founding coordinator of the International Campaign to Ban Landmines, she was instrumental in achieving the international treaty to ban anti-personnel landmines in September 1997, receiving the Nobel Peace Prize three weeks later. In January 2006, she founded the Nobel Women's Initiative and still serves as its Chair. The Initiative supports women around the world who work for peace, justice, and equality. This is the story of Jody's life and development as a grassroots activist, including the evolution of the campaign to ban landmines. She strongly believes that advocacy without action is ineffective.

JUST A FEW \$\$\$\$ MORE.....

The generosity of CFUW-Ottawa members has brought the fund for a scholarship for a woman with a disability to within several hundred dollars of its goal.

The original plan was for a three-year scholarship, but Carleton University now requires a five-year commitment. Consequently, more fundraising has been required, but the end is in sight.

According to Pierrette MacLean, Treasurer of the Scholarship Trust Fund, recent donations have been received from the now-retired Travel Group, the

2013 Dragonaut Team, and numerous individuals. Pierrette urges those who are making donations to the fund to indicate on the memo portion of the cheque, or in a covering note, that the money should be directed to the “**Scholarship for a Woman with a Disability**” to ensure that it is allocated properly. Cheques should be made out to the **CFUW-Ottawa Scholarship Trust Fund**.

The scholarship was launched to recognize the important advocacy work done by our club on the subject of dis-

ability and accessibility for all Canadians. The public announcement of the scholarship will be at an international conference on disability at Carleton in the summer of 2014.

Cheques should be mailed to: **CFUW-Ottawa, Box 8392, Station T, Ottawa, ON K1G 3H8, Attention: Treasurer, Scholarship Trust Fund.**

Fran Harding
Founder, CFUW-Ottawa Members' Gift Scholarship

CFUW President Susan Murphy in Ottawa on Persons Day 2013

On Persons Day, Oct. 18, Leila Metcalf hosted a lovely breakfast for CFUW National President Susan Murphy. Afterwards, Susan and Leila attended and Susan spoke at the Tea with the Famous Five ceremony on Parliament Hill, organized by the Ottawa Council of Women for the past eight years. The ceremony, usually held outdoors at the Famous Five monument, was held indoors this year because of anticipated inclement weather (which didn't materialize). The Hon. Grant Mitchell, Liberal Senator for Edmonton, invited attendees to the Senate Reading Room, to be the first members of the public to view a recently unveiled painting of the Hon. Cairine Wilson. Appointed in February 1930 by the Liberal government of the Rt. Hon. William Lyon Mackenzie King, just four months after the landmark British Privy Council ruling on the Persons Case, she became Canada's first female Senator (senatorial division Rockcliffe, Ont.).

On October 17, the International Day for the Eradication of Poverty, Susan and other CFUW members added their voices to the ChewOnThis! rally on Parliament Hill which



From left to right: Nancy Simmons-Wright, Pierrette MacLean, and Susan Murphy Photo by: Mary Butterill

called for a national action plan to end poverty in Canada, a component of the ongoing non-partisan Dignity for All: the campaign for a poverty-free Canada.

Membership Report - Fall 2013

This year's numbers are down compared to the last few years and we are below our goal of 500 active members. New member recruitment is an ongoing priority for CFUW-Ottawa. We accept new members throughout the year and a university degree is not required. Invite your female friends and neighbours to join us.

This is the third year for the online registration and membership renewal. The online system works well and allows our members to access and update their own profiles at any time. Thank you to the membership team of Aleyamma Samuel and Christine Rollo for their excellent help in processing the mailed-in registrations and cheques.

A limited printing of the Membership Directory is under

CFUW-Ottawa - Membership by Status at Nov. 14, 2013

Status	Nov-13	Nov-12	Nov-11	Nov-10	Nov-09	Nov-08
Renewing	433	439	448	427	454	463
New	47	56	45	60	40	40
Returning	9	14	12	17	7	5
TOTAL	489	509	505	504	501	508

way. At the end of November, the directories will be mailed to the 165 members who have already purchased it for \$6. If you paid for a Directory and have not received it by Dec. 15, please contact Carol Hinde at membership@cfuw-ottawa.org.

Nancy Simmons-Wright, VP Membership and
Carol Hinde, Membership Administration Convenor

CFUW-OTTAWA SUPPORTS THE ELIZABETH FRY SOCIETY OF OTTAWA

We would like to extend our sincere thanks to the members and friends who supported our raffle at the November General Meeting. The raffle of two baskets raised \$172 which will be used by the Elizabeth Fry Society of Ottawa (EFry Ottawa) to buy Christmas gifts for their clients. We received an email from Bryonie Baxter, the Executive Director, thanking us for the donation. She mentioned that the organization has planned a Christmas Holiday Party where the clients and their children will receive gifts and a holiday dinner. Your support is greatly appreciated.

Alice Bolt and Marjorie Melick
CFUW-Ottawa Representatives to EFry Ottawa

SAVE THE DATE!

Canadian Federation of University Women (CFUW)-Ottawa, Kanata & Nepean
& the Ottawa Council of Women (OCW) will present our

10th Annual International Women's Day (IWD) Celebration

Our Stories – Our Future

CentrepoinTE (Council Chamber & Atrium)
Thursday, March 6, 2014



Photo by: Beverlee McIntosh

**Featuring Ottawa's Dandelion Dance Company
and**

Special Guest Marlene Catterall

Former City Alderman, Regional Councillor,
Federal Parliamentarian (Canada's first female government whip!)

Delicious Refreshments • Door Prizes • Displays by our Artisans & Authors

Tickets \$25 go on sale in the new year

Join women around the world in a celebration of women's
accomplishments and history!

Six to seven spaces at tables will be available to members who wish to
sell/display publications or crafts. Contact Beverlee McIntosh at (613) 728-9770
beverlee.mcintosh@gmail.com

For information or to volunteer, please contact
Charlotte Rigby (819) 778-3438 crigby@videotron.ca

More information at www.internationalwomensday.com & dandeliondancecompany.ca/

HAPPY NEW YEAR



CFUW-OTTAWA HOLIDAY PARTY 2013

Sunday, Dec. 1, 2013

Noon to 3:00 p.m.

**Clark Room, RA Centre,
2451 Riverside Dr., Ottawa**

Friends & family members are
welcome.

Enjoy an elegant hot and cold
buffet, desserts, coffee & tea.

Door Prizes • Entertainment

Tickets are still available at **\$35**
(incl. tax & service charge)

REGISTER & PAY ONLINE AT
www.cfuw-ottawa.org/events

OR call Alice Bolt
at (613) 731-5221

GRAB BAGS - \$5 -
Everyone wins a prize

RAFFLES - \$5 for 10 tickets
or \$2 for 1 ticket

BAKE TABLE - Goodies donated
by our members -
\$5, \$10, or \$15

All proceeds go to the CFUW-
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