



Canadian Federation of University Women – Ottawa

# Capital Carillon

## Annual General Meeting

### CFUW-OTTAWA AGM and DINNER

Tuesday, May 6, 2014  
6:00 p.m. Start and Cash Bar  
6:30 p.m. Dinner and Meeting

Restaurant International  
Algonquin College  
H100, 1385 Woodroffe Ave.  
Ottawa, ON K2G 1V8

#### MENU

*Micro Herb Salad with Goat Cheese,  
Dried Cranberry and Apricot Crisp,  
Pancetta, and Citrus Vinaigrette*

*Roasted Cauliflower and Potato Soup,  
Crisp Leeks, and Chili Oil*

*Bacon-Wrapped Chicken Breast,  
Garlic-Whipped Potatoes,  
Roasted Vine Tomatoes,  
Steamed Asparagus, and Grilled Zucchini*

*Miniature Dessert Tasting Plate,  
Cheesecake, Carrot Cake,  
and Chocolate Brownie*

**Registration Deadline:  
Sunday, April 27**

**Driving Directions:** At the first set of traffic lights on Woodroffe Ave. south of Baseline Rd. (between College Square Shopping Centre and Algonquin College), turn left onto Navaho Dr. Turn right at the next set of traffic lights.

Parking Lot 4 and the Hospitality Centre (Building H) will be on your immediate right. Restaurant International is in that building.

**Parking:** Parking is free after 5 p.m. in Parking Lot 4 (in front of the Hospitality Centre) and in Lots 8 and 9 on same side of the street as the Hospitality Centre and just east of the Robert C. Gillett Student Commons Building (Building E). All other parking lots are on a pay-per-use basis.

Contact for tickets: Nancy Simmons-Wright  
Contact for other information: Mary Broderick

## PRESIDENT'S MESSAGE

NANCY DEVILLERS

To say that the year is winding down may be a bit of a misnomer. There is a lot left to do before we close shop for the summer months. However, it is so pleasant to finally be rid of that cold weather, isn't it? It seems that everyone has a smile and fresh enthusiasm for the final exciting events of the 2013-14 year.

Let's look ahead at a few of these upcoming events. We have the CFUW-Ottawa Annual General Meeting and Dinner on Tuesday, May 6, at the International Restaurant at Algonquin College. See the notice on the left of this page. As I write, (April 18), we have 20 tickets left. It looks as if we will sell out! Act quickly, if you want to attend.

We have embarked on a new fundraiser – a Trivia Night – on May 29 at the Glen Scottish pub. Tickets are only \$15. You can bring some smart friends or we will put you in a group of very intelligent people, a.k.a. CFUW-Ottawa members! It's a lot of fun - all revenue goes back to the Club's Scholarship Trust Fund. Speak to Patricia O'Flaherty for details.

You have a choice on June 19-22 to either attend the national AGM in Kitchener-Waterloo or cheer our Dragonauts on! Staying at home is not an option! OK, I'm kidding! But if you are going to be in town, you have to see the Dragonauts just once in action – if there were a prize for the best spirit, they would win hands down! There are spectator stands set up for viewing the races and cheering on our team!

The Garden Party hosted by Hugh and Hally Siddons will take place on Wednesday, June 18. This year's party

promises to be very special because it will include Dr. Sima Samar! What a happy coincidence that she is being honoured by the University of Montreal that week and can also attend the Garden Party. If you have never heard her speak, I urge you to come out and listen to this remarkable woman.

Did you know that one of our new members, Clea Derwent, is starting a new Study and Interest Group for those who stay in the city over the summer and would like to meet members for walks, lunch out, whatever the group decides? Contact her for more information. Thanks, Clea, for taking that initiative.

As I leave the job of President, I would like to thank so many people for their support. Thanks to the wonderful,

(see President on next page)

## INSIDE

Targeting Toxins (Eco-friendly Fibres, Fabrics, Fashions)

UNCSW58 UWHAW Parallel Session

Ontario Council March 22 Standing Committees Meetings

CFUW-Ottawa Decisions on 2014 CFUW Policy Resolutions

Sustainable Gardening

Ontario Council 2014 Policy Resolution: Education for Children in Care

NAC Musical Lunch and Silent Auction

UNCSW58 Highlights

Proposed Slate of Officers 2014-15

Membership Flash

New Summer Social Group

**President – continued**

hard-working Board – Wilma Clapham, Sue Hurtubise, Charlotte Rigby, Nancy Simmons-Wright, Jean Chapman, Mary Houston-Lambert, Pierrette McLean, Mary Butterill, Janet Hagey, Patricia O’Flaherty, Abla Sherif, and Dawn Smith. To all those who worked on committees or did extra volunteer work, I thank you. You have made a difference. I know that the incoming Board will do an outstanding job leading this exciting club, the largest CFUW club in Canada, for the next two years.

Mostly, I want to thank you, the members, for your support and encouragement, for volunteering to help in so many ways, and for turning out in great numbers, even in inclement weather, to attend General Meetings and participate in the special events and fundraisers which the club undertakes. Without your energy and dedication, we would never have had the successes which we did have.

Have a safe and enjoyable summer. See you Sept. 15 at our Season Opener.



*Capital Carillon* is published monthly from October to May, except for January.

Please send all material for the next issue to the Editor at [newsletter@cfuw-ottawa.org](mailto:newsletter@cfuw-ottawa.org).

Next issue: **October 2014**  
Deadline: **September 15, 2014**

Links to electronic issues going back to February 2001 are found under Newsletter, Archives on the Club website at [www.cfuw-ottawa.org](http://www.cfuw-ottawa.org).



From the Environmental Toxins and Health Group

## Eco-friendly Fibres, Fabrics, and Fashions

The world of fashion is truly global. Because fashion changes so rapidly, and new styles are produced to meet tight deadlines as cheaply as possible, many environmental and safety concerns are not addressed, and conditions for workers and the environment are often unacceptably hazardous.

Many favourite fabrics for clothing, household goods, and auto upholstery are chemically-treated synthetics with wonderful properties: – stain-resistant, wrinkle-free, permanent press, static-resistant, fire-retardant, waterproof, insect-repellent, – and more. The list includes fabrics like polyesters, acrylics, and nylons that are derived from petroleum; rayon and acetate made by chemically treating wood cellulose; and fabrics treated with perfluorinated chemicals like Teflon. They certainly make our lives easier – but our environment and our health often pay a price.

Textile factories have the same environmental pollution issues as other manufacturing industries. Many use chemical fabric softeners and industrial detergents like nonylphenol ethoxylates (NPEs); chlorine-based bleaching agents; and azo dyes that release cancer-causing amines. Formaldehyde, used to prevent shrinkage of cottons is a carcinogen; and so are toxic phthalates used for printing labels and images on T-shirts. All of these may be present in factory discharges that contaminate our water and environment.

### What Can We Do?

Like any other factory, textile factories need mitigation and toxin reduction

programs to prevent discharged chemicals from polluting our waterways. And it can be done! The story of the American company Interface, one of the world’s largest carpet companies is an inspiring example. In 1994, after several customers began asking what the company was doing for the environment, it launched an environmental program. It found that the company earned \$800 million that year, and used 1.2 billion pounds of raw material, mostly oil and gas (much of which was incinerated). The company introduced a waste reduction program which saved \$60 million and developed recycled textiles for its products. It continues to be a leader in profitable sustainability. For more information, see [www.interfaceglobal.com/sustainability.aspx](http://www.interfaceglobal.com/sustainability.aspx).

For eco-friendly clothing, look for exciting new fabrics like soy silk (a by-product of tofu production), ingeo fibre (made from corn starch), or fortrel eco-spun fabric made from recycled plastic bottles.

We often choose “natural” fibres like cotton – but did you know that cotton crops, which cover two and one-half percent of the world’s cultivated land, use 16 percent of the world’s insecticides (more than any other single major crop) and immense amounts of water (it takes 175 gallons to produce enough cotton for one T-shirt!). Look for cotton, hemp, or bamboo fabrics and clothing that meets the rigid criteria for Global Organic Textile Standard (GOTS) certification. The GOTS logo shows that the item meets the new standards throughout the supply chain for both ecology and labour conditions. For more information, see [www.global-standard.org/](http://www.global-standard.org/).

## POWERFUL EXPERIENCE BEING PART OF CFUW DELEGATION TO UN UWHAW Care for Afghan Women and Girls Continues

Some 7,000 delegates, including 14 CFUW members, gathered for the 58<sup>th</sup> Commission on the Status of Women at the UN in New York City in mid-March.

Attending is a powerful experience I would urge members to share. Learning that so many women and girls live such desperately challenging lives and that the UN is their only hope, has enormous impact.

However, my focus was the Parallel Session Leila Metcalf and I were presenting on education for Afghan girls. The program was set and polished by the end of January but Murphy's Law prevailed and two of the four speakers had to cancel close to opening time. Emails flew and in the end we had three excellent Afghan women from high places who spoke from the heart.

Fawzia Habibi, now Deputy Minister of Women's Affairs in the Afghan government, ran schools in refugee camps and later in "home" schools under the Taliban. She was profuse in her thanks for international aid to her country but like all our speakers, stressed that the remarkable gains in education made amidst the chaos of 30 years of conflict can be quickly reversed without the continued support of the international community. She noted that the harsh tribal laws and the remoteness of many regions puts education for girls in peril. Like her colleagues, she lists insecurity, suicide attacks, and school burnings as seemingly insurmountable barriers to schooling but emphasizes that education is the best way to fight terrorism. While the upcoming election is a key

factor in Afghan's future, she again urged the international community not to abandon her country in its ongoing fight against violence and its dire need for educational support.

With the help of the international community, Afghanistan has transformed its defunct education system of 2001 with less than a million students and no girls, to some 10 million students with 41 percent girls in 16, 500 schools and 210,000 teachers, the most successful legacy of the international community.

So said our second speaker, Asila Wardak (Minister Counsellor to the Afghanistan Permanent Mission to the United Nations), who is a leading human rights and social activist at home. She noted that adult illiteracy is a huge problem which will grow without investment in education and, with little access to education, child marriages will increase. The government is now emphasizing community schools that involve parents at every level, is developing teacher training, and is becoming more creative in addressing many issues. She concluded that the challenges are huge, but her people are strong, resilient, and determined to make their country stable and prosperous.

Our third speaker, Shayma Dane-sho, spoke from the Afghan UNICEF desk where she has a huge mandate for protection, health, and education in reconstruction and development projects in her native Afghanistan. UNICEF's main thrust in 2014 will also be community-based schools and gender equality, reducing the geographical, ethnic, and gender disparities in ac-



Hally Siddons on the left and Leila Metcalf on the right, at their UNCSW58 Parallel Session  
**Photo by:** Susan Murphy

cess, aiming to raise enrollment and retention, and ensuring schooling during emergencies.

Our PowerPoint presentation set the stage. The audience was large, attentive, and their questions revealed their engagement and expertise.

Leila welcomed attendees and recognized the IFUW, CFUW, and WG-USA Presidents - Catherine Bell, Susan Murphy, and Louise McLeod. In concluding, I thanked our committee members, Leila Metcalf, Dianne Rummery, and Elise Russo of WG-USA. Follow-up opportunities were provided and Louise McLeod's reflections brought the session to a close.

In closing, I would also like to acknowledge Chris from GRYF DIGITAL ([www.gryfdigital.com](http://www.gryfdigital.com)) for his technical expertise, patience, and generosity of time as I worked over time on so many aspects of the session.

**Hally Siddons** (Convenor) and  
**Dianne Rummery** (Member)  
University Women Helping Afghan  
Women Study and Interest Group

## Ontario Council Standing Committees Meetings – March 22, 2014

Mental health was the focus of the meeting on March 22 of CFUW Ontario Council's Standing Committees, with a presentation at the morning plenary session titled *Systems Improvement Through Service Collaboratives* by Alexia Jaouch and Josina Vink of CAMH, the Toronto-based Centre for Addiction and Mental Health. A collaborative is a group of agencies and individuals who work together to identify and address system gaps in a local community. Now in its third year of operation, the current focus of this province-wide initiative is mental health services for children and youth. There are currently 18 community-led collaboratives across Ontario. One of the first to be established, the Ottawa Service Collaborative, was cited as a model and demonstrated in a video. Hopes are high that the service collaborative approach will result in improved processes and better outcomes

for children and youth who need mental health services.

The afternoon meeting of the Standing Committee on Status of Women and Human Rights was a "strategy" session; participants reviewed their club's plans and activities in advocacy and community involvement. It is very impressive to realize how committed CFUW clubs are, especially in smaller communities where there is a strong tradition of community involvement. Our Ontario CFUW clubs are great fundraisers; several hold annual luncheons or other events with a popular speaker and a mixed audience, and these can be highly profitable. One club raises several thousand dollars for scholarships every year by organizing a massive community-wide book sale.

Some clubs have formed partnerships with local women's and charitable organizations to sponsor community

events. Others, like our own Dragonauts, have raised significant funds for local charities by participating in events like the Ottawa Dragonboat Races. Other collaborative events, like film showings, have been profitable and effective in raising community awareness of CFUW's mission and goals.

We were reminded that local issues and events permit CFUW clubs to talk directly to local media, writing letters and submitting articles to local papers and broadcasters. Some clubs have designated spokespersons/contacts.

All participants agreed that the opportunity to participate in community issues and projects and to enjoy the activities and new relationships, is one of the main benefits of CFUW membership.

**Leila Metcalf**, Regional Director, CFUW Ontario East, and **Charlotte Rigby**, VP Liaison

## CFUW-Ottawa Decisions on 2014 CFUW Policy Resolutions

Charlotte Rigby, VP Liaison

Over 60 people attended the CFUW-Ottawa Resolutions Meeting on April 7, 2014. We thank all members who contributed to the review of the resolutions proposed for 2014 and all who attended this important meeting, Four CFUW resolutions were presented, discussed and voted upon. Two were approved as amended and two were rejected. Here are our final results:

### 1. AN ENHANCED CANADA PENSION PLAN (CFUW Burlington)

*Presented by Maria Neil* **APPROVED AS AMENDED TO READ:**

**RESOLVED**, that the Canadian Federation of University Women (CFUW) urge the federal, provincial, and territorial governments of Canada to work together to increase the Canada Pension Plan (CPP) and the Quebec Pension Plan (QPP) by gradually doubling the maximum eligibility benefits; and

**RESOLVED**, that CFUW urge federal, provincial, and territorial governments to create policies compensating those whose pension contributions have been reduced because of withdrawal from the workforce for childbearing, child rearing, and caregiving for elderly or disabled family members.

### 2. A CULTURE OF PEACE (CFUW Standing Committee on International Relations)

*Presented by Dorothy Phillips* **APPROVED AS AMENDED TO READ:**

**RESOLVED**, that the Canadian Federation of University Women (CFUW) urge the Government of Canada to fund and support a culture of peace that:

1. Respects Canada's international commitments to human rights instruments, gender equality, and social justice; and
2. Includes non-violent conflict resolution processes in negotiations, nationally and internationally.

### 3. PRESERVATION OF DEMOCRACY: INCREASING VOTER PARTICIPATION IN CANADA (CFUW Southport)

*Presented by Lynne Bond* **NOT APPROVED**

While CFUW-Ottawa supports the intent and objectives of this resolution, we have serious concerns about the effects of the proposed Fair Elections Act, including the potential disenfranchisement of many voters. We would strongly support the development of a more comprehensive policy resolution to address all these concerns.

### 4. PROMOTING PLAIN LANGUAGE (CFUW Saugeen)

*Presented by Fran Manning* **NOT APPROVED**

CFUW-Ottawa supports the intent and objectives of this resolution, and we commend CFUW Saugeen for bringing the issue to our club's attention. Many of our members are already very familiar with plain language concerns, having worked in Federal and Provincial Government institutions and professional associations, where communication with a variety of Canadians is an ongoing challenge. However, because plain language policies are mandatory in many public and private sector institutions, we have difficulty in seeing how we can contribute to the topic, and therefore CFUW-Ottawa does not support this resolution in its current form.

## The Sustainable Garden

At our April 7 General Meeting, our guest speaker was Mary Shearman Reid, Master Gardener, Certified Landscape Professional, and owner/operator of Green Thumb Garden Centre in Ottawa. Ms. Reid's theme was "The Sustainable Garden" and how to achieve it with a minimum amount of work. She did a masterful job of imparting a great deal of information and many useful gardening tips in a very short period of time – starting with having volunteers from the audience provide a visual display of a garden that has colour and activity from early spring to late fall.

Key gardening tips included:

- Put plants where they want to be! Ottawa is Zone 5a
- Plant fall crocus to get a shot of colour and exuberance in the fall.
- Covering your soil with one inch of organic matter in the fall is a lot easier than doing it in the spring when it has to be worked into the soil.
- Continue to water evergreens and shrubs such as rhododendrons and azaleas until the ground is frozen so they don't dry out because of winter wind and sun.
- Get rid of invasive plants such as lily of the valley and those with bugs, such as columbine.
- To get rid of powdery mildew on phlox, use a home remedy that has been in Mary's family for years – in May, spray plants with a mixture of 1-2 tps baking soda and water in a 750 ml spray bottle.
- Water new and transplanted plants every day for two weeks and then weekly till the end of the season.
- Must do's for mulch: make sure the ground dries out before putting mulch down, don't put mulch right up to the plants (leave some space), and top it up every year.

- Fertilizer tip: (and my personal favourite) Fertilizers always contain three sets of numbers which correspond to nitrogen, phosphorous and potassium. Mary's strategy for remembering: – **Little Red Flower** – L=leaf (nitrogen), R=Root (phosphorous), and F=Flower (potassium).

After a very long, cold winter, having our thoughts turned to the wonderful possibilities waiting for us beneath the frozen earth was very enjoyable.

**Nancy Simmons-Wright**  
Program Co-Convenor

### CFUW Ontario Council Resolution to be Presented at AGM 2014

In February, CFUW-Ottawa Issues group members were asked to review a draft Resolution prepared by CFUW Barrie and District for submission at the Ontario Council AGM in Barrie on May 9 and 10. Because of the tight deadline, we were unable to include it in our "Resolutions" General Meeting on April 7. On March 24, the Issues Groups responded on behalf of CFUW-Ottawa. We support the resolution's objectives, and suggested amendments to clarify and emphasize the objectives. Our proposed amended Resolution:

#### Improving Educational Opportunities for Ontario's Children and Youth in Care

**RESOLVED**, that the Ontario Council of the Canadian Federation of University Women (CFUW Ontario

Council) urges the government of Ontario to act on the recommendations of "Blueprint for Fundamental Change to Ontario's Child Welfare System" [1], the Final Report of the Youth Leaving Care Working Group (2013) by initiating actions and programs, including, but not limited to:

- 1) Improved support to enable all children and youth in and from care to participate fully and successfully in elementary, secondary, and post-secondary education;
- 2) Creation and application of educational benchmarks to enable and promote earlier intervention and better student performance; and
- 3) Increased access to human resources, training, and financial support for post-secondary education.

**Charlotte Rigby**  
VP Liaison

### CFUW 2014 AGM

June 19-22, 2014

Hosted by  
CFUW Kitchener-Waterloo

Waterloo Inn Conference Hotel  
475 King Street North  
Waterloo, Ont.

For more information on the Conference Program, tours, accommodation & transportation, click [here](#).

*Our Emerging Mosaic*



*Notre mosaïque émergente*

## Ninth Musical Lunch Another Outstanding Success

Guests at the ninth NAC Musical Lunch on April 11 heard the sweet, haunting sound of Anna Petersen Stearns on oboe and later on English horn, both of which she played beautifully. Anna, the new Second Oboe in the NAC Orchestra, also spoke about her unique instrument and its pride of place in orchestras.

Besides having a fine time, guests helped raise funds for “our girls” at Dr. Samar’s Gawharshad Institute of Higher Education in Kabul, where young Afghan women join male colleagues to study sub-



NAC Musical Lunch has become a Club tradition under Mary Partington’s inventive baton. **Photo by:** Eva Hammond

jects that will prepare them for a future role in civil society.

Lunch was superb, baskets of fine foods provided by Alice Bolt were raffled, and some 19 items in the Silent Auction went to happy top bidders. The choice was vast from a magnificent Afghan hanging bag, to condos and cottages, jewelry and pashminas, silver candelabra and luncheons.

Special guests included Mr. Mohammad Qayomi, Counselor, Embassy of Afghanistan in Ottawa, Jennifer Simpson representing Canadian Women for Women in Afghanistan, Flora MacDonald, who has brought education to remote corners of Bamian Province, and former diplomat Eileen Olexiuk, who ran Canada’s first post-Taliban mission to Afghanistan from the back of a cab.

Hanneke Boadway-Overbeek and Martha Musgrove did a wonderful job co-chairing the Silent Auction with help



Anna Petersen Stearns entertains guests at the ninth NAC Musical Lunch. **Photo by:** Alison Hobbs

from Angela Rodzinyak, Dawn Torsein, and Grace Strachan. Alice Bolt was her usual indispensable self, selling tickets and keeping track of funds. Judith Neale Holtzhauer made the excellent seating arrangements. Special thanks to Mary Partington who pioneered and continues to spearhead this joyous event.

**Dianne Rummery**

University Women Helping Afghan Women Study and Interest Group

### Save the Date! Note the New Location! CFUW-OTTAWA 2014-15 SEASON OPENER

**Date:** Monday, September 15, 2014  
**Time:** 7 p.m. - 8:30 p.m.  
**Location:** Richelieu-Vanier Community Centre,  
 300 ave. des Pères-Blancs,  
 Ottawa ON K1L 7L5

**Description:** Called Registration Evening prior to 2012-13, the 2014-15 CFUW-Ottawa Season Opener will provide an opportunity for non-members to join the Club, for renewing members to reconnect, and for both new and renewing members to sign up for some 40 Study and Interest Groups, four Issues Groups, two Service Groups, and three Club projects. We invite women graduates and non-graduates who support the mission and purpose of CFUW-Ottawa to join the Club.

We will have visitors from the community attending to decide if CFUW-Ottawa is right for them. The Season Opener is an opportunity for us to showcase our Club and tell those interested in joining us about CFUW-Ottawa. Each of us can be an ambassador for the Club that evening. If you meet a non-member or a new member, please introduce yourself and make her feel welcome.

Registration forms will be available for **new** members to sign up for the Club. Our hope and expectation is that most of our **current** members will renew over the summer months either online ([www.cfuw-ottawa.org/membership](http://www.cfuw-ottawa.org/membership)) or by mailing in their renewals. However, there will be a drop box for renewing members to leave their completed registration forms and payment.

Please mark your calendars and spread the word to your friends, family, or business associates who may be interested in joining us. We look forward to seeing all of you there!



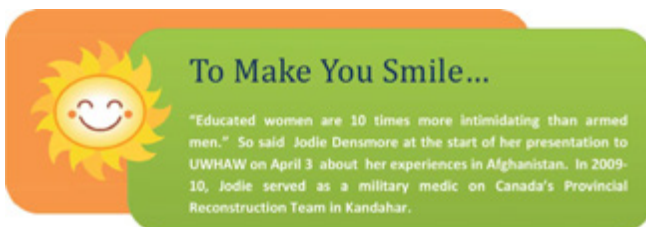
The mandate of the United Nations Commission on the Status of Women (UNCSW) focuses on gender equality and the advancement of women worldwide. The Commission, whose members are representatives of UN member states, meets every year to examine progress, identify challenges, set global standards, and develop policies on a pre-determined theme. The priority theme of the 2014 meeting in New York City from March 10 to 21 was “Challenges and Achievements in the Implementation of the Millennium Development Goals for Women and Girls”.

The outcome of the meetings is “Agreed Conclusions”, a moral suasion document that identifies issues to be addressed and urges governments to take action. Input from civil society is considered during negotiations of the “Agreed Conclusions”. This is where CFUW comes in, as its consultative status at the UN permits access to UNCSW meetings. Each year, CFUW sends a delegation to the meetings. Susan Murphy, CFUW President, headed this year’s 14-member delegation. Hally Siddons and I were privileged to be among the delegates.

We attended many of the events on the extensive program of the NGO (Non-Governmental Organization) CSW Forum, including Parallel Sessions presented by NGOs, Side Events presented by governmental organizations, regional NGO caucuses, and IFUW briefings. We networked and learned about the enormous challenges to implementation of the Millennium Development Goals for women and girls worldwide. Equally important, perhaps more so, in the motivating presence of thousands of strong women, we learned of their incredible courage and initiative to make the world a better place for all.

**Leila Metcalf**

Regional Director, CFUW Ontario East



## Proposed Slate of Officers CFUW-Ottawa, 2014-15

### **EXECUTIVE**

- President:.....**Charlotte Rigby**
- Past President:.....**Nancy DeVillers**
- Secretary:.....**Christine Marland**
- Treasurer:.....**Evelyn Hachey-Horsky**
- Vice President, Communications: .....**Sue Hurtubise**
- Vice President, Liaison:.....**Fran Manning**
- Vice President, Membership: .....**Judith Neale Holtzhauer**
- Vice President, Operations:.....**Jean Chapman**

### **BOARD MEMBERS**

- Carillon* Editor: ..... **TBD**
- Program Convenor:.....**Abla Sherif,**  
**Nancy Simmons-Wright**
- Projects Convenor:.....**Nancy Simmons-Wright**
- Scholarship Trust Fund Chair: .....**Margaret Haines**
- Scholarship Trust Fund Treasurer /  
Assistant Treasurer, CFUW-Ottawa:.....**Pierrette MacLean**
- Study & Interest Groups Convenor: .....**Patricia O’Flaherty**
- Website & Internet Services Convenor:.....**Janet Hagey**

### **BOARD COMMITTEE CHAIRS/CONVENORS**

- Appointments/Talent Bank Convenor: .....**Margaret Pimm**
- Funds Raised Chair: .....**Alice Bolt**
- Hospitality Convenor:.....**Mary Broderick**
- Membership Administration Convenor:.....**Carol Hinde**
- Program & Annual Report Editor: .....**Fran Harding**  
(Program Brochure) &  
**Mary Butterill**  
(Annual Report)

### **STANDING COMMITTEE CHAIRS**

- Archives:.....**Patricia Johnston**
- Budget Review: .....**Pierrette MacLean**
- Issues:
  - Education:.....**Daphne McCree**
  - Legislation/Other:.....**Lynne Bond**
  - Environmental Toxins & Health: .....**TBD**
  - Status of Women & Human Rights: .....**Sue Wilson**

### **AD HOC COMMITTEE CHAIRS**

- Holiday Party:.....**Alice Bolt &**  
**Mary Broderick**
- International Women’s Day Event:.....**TBD**

### **SCHOLARSHIP TRUST FUND TRUSTEES**

- Chair: .....**Margaret Haines**
- Convenor: .....**Patricia O’Flaherty**
- Secretary:.....**Sheila Waugh**
- Treasurer:.....**Pierrette MacLean**
- Member-at-Large CFUW-Ottawa Treasurer: ....**Evelyn Hachey-Horsky**

## MEMBERSHIP FLASH

It's that time of year again! Renew your 2014-15 membership either online or by mailing in your completed Registration Form (see [www.cfuw-ottawa.org/membership](http://www.cfuw-ottawa.org/membership)). Membership renewal letters will be mailed in August to members who have not provided an email address.

The membership fees are the same as last year: Full membership is \$115; dual membership is \$55; and a full-time student membership is \$50.

Your email address is your access to the website. It is essential to use only one email address when accessing the CFUW-Ottawa website. If your email has changed since you last registered as a CFUW-Ottawa member or, if you have any questions, please contact me at [membership@cfuw-ottawa.org](mailto:membership@cfuw-ottawa.org) before proceeding.

The printed version of the Membership Directory is for sale again this year for \$6. Order a copy when you renew your membership and it will be mailed to you in early November. The online directory is available to all current members of CFUW-Ottawa at no cost.

### Renewing your Membership Online:

#### LOGIN

1. Go to [www.cfuw-ottawa.org](http://www.cfuw-ottawa.org).
2. Click on "**Membership**" (in the blue menu on the left side).
3. Choose "**Online Renewals**" from the sub-menu.
4. Login with your email address and password. If this is your first login or if you have forgotten your password, press "**Forgot password**" and follow the instructions.

#### RENEW REGISTRATION

5. Once logged in, the "**My profile**" page appears. Click on "**Renew until September 15, 2015**" in the white box to the right.
6. The "**Membership renewal**" page appears. Review and update your member profile. Once complete, click on "**Update and Next**" even if there are no changes.
7. Review your information, then click on "**Confirm and proceed with payment**".

#### PAYMENT

8. The "**My Profile**" page reappears with a list of your transactions with the Club. The top listing is the Invoice for Membership Renewal. At this point, choose to either click "**Pay Online**" or select the Blue Invoice Number to obtain the mailing address to pay by **cheque**.
9. The online payment option links to the PayPal website where you can either pay using your PayPal account or by credit card. If paying by credit card, enter all the information requested and ensure the address you give is the billing address for the card. PayPal will send you a receipt by email. If you encounter a problem or have a question, contact me at [membership@cfuw-ottawa.org](mailto:membership@cfuw-ottawa.org).

**Carol Hinde**

Membership Administration Convenor

## SUMMER SOCIAL GROUP

Are you, like me, left stranded when CFUW-Ottawa and just about everything you do closes down for the summer?



Would you be interested in forming a Summer Social Club, running from the end of May to the start of the Club's new season in mid-September? Activities would depend on the interests of those involved, but could include a book club, a weekly coffee get together, walking, National Gallery visits, outdoor cinema, etc., etc.

If you'd like to join such a group or know more about this idea, contact me at [clderwent@gmail.com](mailto:clderwent@gmail.com). I will send you the full proposal approved by the CFUW-Ottawa Board of Directors.

**Clea Derwent**



CFUW  
ONTARIO  
COUNCIL

CFUW Ontario Council  
AGM & Conference 2014  
May 9 & 10



*Fifty years ago, an entire generation was inspired by Bob Dylan's song about social change. Now, another era of massive social change is upon us. What does the future hold? Come join us and find out.*

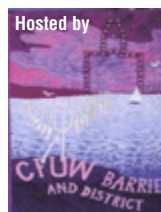
#### Keynote Speaker:

**Dr. Charles Gardner**, Medical Officer of Health, Simcoe-Muskoka.

#### *The Changing Face of Public Health*

#### Workshops:

- Senior Health Care: The Upcoming Surge
- Comprehending The Climate Crisis
- New Partnerships: Aboriginals and the Business Community



#### Meeting Place:

Monte Carlo Inn Barrie Suites  
81 Hart Drive, Barrie, ON, L4N 5M3  
1-877-740-6493 / 705 734-0070  
[barrie@montecarloinn.com](mailto:barrie@montecarloinn.com)

For more information: [www.cfuwontcouncil.ca](http://www.cfuwontcouncil.ca)



# Introducing the 2014 Dragonauts!



### Spirit. Fitness. Community Support.

These are the objectives of the 2014 CFUW-Ottawa Dragonauts, this year's dragon boat team. We've got a dedicated group of women rearing to begin practice on May 7 in order to prepare for the 21<sup>st</sup> Annual Ottawa Dragon Boat Festival, June 19-22.

Meet our team: Adell Hay (Co-Captain), Freda Godby (Co-Captain), Patricia O'Flaherty (Pledge Captain), Carol Bell Thompson, Pat Burns, Jean Chapman, Jocelyn DeVillers, Beth Doubt, Ann Flynn, Janice Friso, Kathy Greiner, Fran Harding, Kringen Henein, Evelyn Horsky, Jeannie

Koroluk, Kathleen Moore, Wanda Nowosielski, Jennifer Rae, Angela Rodzinyak, Jennifer Rose, Danielle Seguin, Lois Siegel, Lauren Silke, and Sue Holloway (Coach and Caller and two-time Olympic medalist).



Photo by: Lois Siegel

Sue Holloway's Dragon Shoe

To support our efforts, the Dragonauts are asking CFUW members to sponsor a member or the team at: [register.dragonboat.net/EVE/donate\\_1.asp](http://register.dragonboat.net/EVE/donate_1.asp).

**Freda Godby**

Co-Captain, CFUW-Ottawa Dragonauts

### NOTICE OF SCHOLARSHIP TRUST FUND VOTE

The vote to adopt the amendments to the CFUW-Ottawa Scholarship Trust Fund Terms of Indenture, advertised in the March 2014 issue of the *Carillon* to be taken at the April General Meeting, was postponed until the Annual General Meeting on May 6. In the meantime, members may view the revised Indenture document from the [Scholarship Trust Fund](#) page within the Scholarships and Donating section of the Club Website. The Indenture was last revised in April 2010.



## WE'RE HAVING A TRIVIA NIGHT!

Thursday, May 29, 2014, 7:30 p.m. \*

**The Glen Scottish Restaurant & Pub**  
1010 Stittsville Main St., Stittsville



**TICKETS \$15 EACH**

Everyone is welcome!

Make it a family event – Make a team with family members.

Invite non-CFUW friends and neighbours.

Need teammates? Let us know - we can help!

Please join us!

Proceeds to CFUW-Ottawa Scholarship Trust Fund.

For information and tickets contact

Jean Chapman (613) 729-7085 [mjeanchapman@gmail.com](mailto:mjeanchapman@gmail.com)

Patricia O'Flaherty (613) 828-4569 [pmoflaherty@gmail.com](mailto:pmoflaherty@gmail.com)

\*Date changed – originally scheduled for Thursday, March 20, 2014

## A SUMMER EVENING GARDEN RECEPTION

### “VOICES FOR AFGHAN WOMEN III” with SPECIAL GUEST: DR. SIMA SAMAR



*Founder,*  
Gawharshad Institute of Higher Education, Kabul  
  
*Chair,*  
Afghanistan Independent Human Rights  
Commission

**NOTE REVISED DATE:** WEDNESDAY, JUNE 18  
Time: 5:30 p.m. to 8:00 p.m.  
Location: The Home of Hugh and Hally Siddons  
52 Forest Hill Avenue, Ottawa K2C 1P6

University Women Helping Afghan Women CFUW-Ottawa invites you to an evening of wine, gourmet treats, and the opportunity to hear the Afghan story from the extraordinary physician and human rights activist, founder of schools and clinics, Dr. Sima Samar.



Photo by: Alison Hobbs

Tickets: \$45 per person, on sale April 24. Limited number available  
To register: Call Alice Bolt at (613) 731-5221.  
If unavailable, contact Dawn Torsein at (613) 747-4289.  
Tickets may be available at CFUW-Ottawa AGM, May 6.  
Proceeds: To support the education of girls at Dr. Samar's  
Gawharshad Institute of Higher Education, Kabul.  
Further information: Hally Siddons (613) 727-5777

## In Memoriam



**MARIE CATHERINE  
“KITTY” KELLEY  
1919-2014**

Our sincere condolences to the family and friends of Catherine Kelley, a former longtime member of CFUW-Ottawa who passed away peacefully in Ottawa on Wednesday, March 19, 2014 at age 94, after a full and adventurous life. Catherine, called “Kitty” by friends and family, had been a longtime member of CFUW-Ottawa’s Diplomatic Hospitality Service Group and was active in the American Standard Duplicate Bridge Study and Interest Group till last summer. Kitty grew up in Liverpool, Nova Scotia and obtained a B.Sc., Mount Saint Vincent (1940). During WWII, Kitty volunteered for the Women’s Royal Canadian Naval Service (WRCNS or “Wrens”) and served in London during the Blitz. After the war, her wonderful career at the Department of External Affairs included overseas postings in Cuba, Turkey, New York, New Delhi, Tokyo, and Kuala Lumpur. She is remembered by her CFUW-Ottawa friends as elegant, very attractive, and delightful company – with many stories to tell about her adventures in various capitals around the world. As a member of Diplomatic Hospitality, she drove diplomats for many years, always accompanied by her poodle.

A celebration of her life was held at St. Theresa Roman Catholic Church, 95 Somerset St. W., Ottawa on Friday, March 28, 2014. Her obituary was published in the *Ottawa Citizen* from March 22 to 26, 2014 and can be found online.