Volume 48 No. 5 March 2015



March General Meeting

DATE: Monday, March 9, 2015

TIME: 7:30 p.m.

PLACE: Riverside United Church/

Anglican Church of the

Resurrection,

3191 Riverside Drive, Ottawa. ON K1V 8N8

SPEAKER: Maureen Pytlik, Carleton

University

TOPIC: CFUW-Ottawa Scholarship

Trust Fund (STF) Awards

for 2014-15

RECITAL: Maureen Pytlik and Emil Prikryl



Please join the CFUW-Ottawa Scholarship Trust Fund Trustees at the annual CFUW-Ottawa Scholarship Evening. Come listen to Maureen Pytlik, a former CFUW-Ottawa scholar-

ship winner (Helen Nininger Music Scholarship), talk about her university journey. Maureen has been an advocate for the rights of students with disabilities at Carleton and will talk about her own experiences – From Obstacles to Opportunities: My Journey to Success at University. Maureen is also a talented clarinetist and will perform the Adagio – Allegro moderato (first movement) from Felix Mendelssohn's Clarinet Sonata in E-flat Major (for clarinet and piano), accompanied by Emil Prikryl on piano.

During this meeting, our scholarship winners will be recognized and

(see **Meeting** on next page)

PRESIDENT'S MESSAGE

CHARLOTTE RIGBY

This issue is full of news about the many and varied social events that we are planning over the next few months, and I hope to meet you at many of them – starting with our International Women's Day celebration on March 2 and continuing until our Golf Event Fundraiser on June 26 – without even mentioning the many activities arranged by Study and Interest Groups, the Diplomatic Hospitality Group, and UWHAW for their ongoing programs and end-of-season celebrations.

As well, there are emerging issues that affect CFUW's national and international relationships, the lives of all Canadians, and our ongoing concerns about Violence Against Women. Here are three for our attention:

The Supreme Court's unanimous decision to legalize physician-assisted suicide. A unanimous decision is a rare event, and this "Death with Dignity" decision will have profound and far-reaching effects for all of us. It addresses moral and ethical issues that have been concerning (and dividing) Canadians for a long time now. A similar motion was handily defeated by the Supreme Court in 1993, and many analysts describe this new ruling as evidence of significant changes in Canadian society and attitudes. The decision directs the government to initiate and enact new legislation to enable physicianassisted suicide within 12 months.

We are delighted that Alicia Natividad, a barrister and solicitor, former CFUW scholarship winner, and member of our club, has offered to help clarify the issues and answer our questions about the Supreme Court ruling in a presentation "Dying with Dignity – Carter v. Canada (AG)." We are planning a special CFUW-Ottawa lunchtime meeting on Monday, May 11, at 1:00 p.m. for her presentation. Save the date and we will inform you of arrangements as soon as they are confirmed.

 CFUW has declared the issue of "Violence Against Women" its priority, and CFUW Ontario Council has initiated a letter campaign to address the issue of gendered

(see **President** on next page)

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violence on Ontario campuses. They have drafted a letter for our members to send to the Presidents of the universities and colleges which they attended. The letter enquires what measures are being taken to ensure that women are safe on their campuses. If you would like to see a template and an example, go to our website at cfuwottawa.org, click on the "Memberonly" section, choose "Issues and

- Advocacy" and click the link under "Current Issues." The letter would also be very appropriate for those of us who did not attend an Ontario institution.
- 3. An emerging issue of importance to CFUW is the current debate about the name change proposed by the International Federation of University Women (IFUW); CFUW's related constitutional appeal; and its effect on the IFUW

governance model. For more information, go to our website at <u>cfuw-ottawa.org</u>, click on the "Member-only" section, choose "Issues and Advocacy", and click the link under "Current Issues" to see the message from CFUW President Doris Mae Oulton.

As always, I welcome your comments – and urge you to get involved in our groups and activities. There are so many opportunities!

Meeting — continued

presented with framed certificates. We hope that two of our other music scholarship winners will give musical performances. Do come and meet these fine young women who are most appreciative of the monetary help these scholarships provide. Baked goods and refreshments will be provided.

We look forward to seeing you there.

CFUW-Ottawa General Meetings are open to all. If you know someone who is interested in this topic, invite them to join us.

Capital Carillon is published monthly from October to May, except for January.

Please send all material for the next issue to the Editor: Mary Butterill at marpathb@storm.ca.

Next issue: April 2015 Deadline: March 15, 2015

Links to electronic issues going back to Feb. 2001 are found under Newsletter, Archives on the Club website at

www.cfuw-ottawa.org.

LOOKING AHEAD TO CLUB EVENTS IN SPRING AND SUMMER 2015

MARK YOUR CALENDARS!

March 2 IWD Celebration, Centrepointe, Ottawa Speaker: Dr. Greta Kroeker on Early Modern Witch Hunts and Their Modern Legacy

March 9 Scholarship Meeting, Riverside United Church/Anglican Church of the Resurrection, Ottawa Speaker: Maureen Pytlik on From Obstacles to Opportunities: My Journey to Success at University

March 14 CFUW Ontario Council Standing Committees Meeting, Yorkminster Park Baptist Church, Toronto **Speakers:** Paddy Buckley and Prof. Bonnie Patterson on *Transforming Ontario's Postsecondary Education System*

April 6 General Meeting, Riverside United Church/Anglican Church of the Resurrection, Ottawa **Speaker:** Dr. Rachel Thibeault on *Simple Strategies to Build Resilience in Daily Life*

April 17 NAC Musical Lunch & Silent Auction, Le Café, National Arts Centre, Ottawa (Ticket sales start at March 9 General Meeting)

May 5 CFUW-Ottawa AGM, Restaurant International, Algonquin College, Ottawa (Ticket sales start at March 9 General Meeting)

May 11 Special luncheon meeting, 1 p.m. Location TBD, Ottawa Speaker: Alicia Natividad on *Dying with Dignity, Carter v. Canada (AG)*

May 29-30 CFUW Ontario Council AGM, Hilton Garden Inn Ottawa Airport **Speakers**: Sue Holloway, Denise Chong, Tina Fedeski, and Sadiqa Basiri

June 16 UWHAW Summer Evening Garden Reception, Home of Hally and Hugh Siddons by the Canal, Ottawa (Note: Date changed from June 17 to welcome Guest Speaker Sally Armstrong) (Ticket sales start in late April and at the May 5 AGM)

June 18-21 CFUW National AGM, Hôtel Château Laurier Québec, Québec City

June 25-28 Ottawa Dragon Boat Festival, Mooney's Bay Park, Ottawa (CFUW-Ottawa Dragonauts are racing again this year)

June 26 CFUW-Ottawa Golf, Luncheon, & Bridge, Larrimac Golf Course, Chelsea (Ticket sales start in late April and at the May 5 AGM)

See more details online at www.cfuw-ottawa.org/events and/or in the Carillon.

CFUW Ontario Council Standing Committees Meeting, Jan. 24, 2015

Ontario East Regional Director Leila Metcalf, Past President Nancy DeVillers, and President Charlotte Rigby attended the Standing Committees Meeting in Toronto on Jan. 24. We agreed that the sessions were excellent.

Plenary Session Topic (organized by Legislation Committee): Integrated Public Transportation

Speakers: Chris Burke of Metrolinx, the regional transportation authority for the Greater Toronto and Hamilton Area (GTHA) and Peter Miasek of Transport Action Ontario (TAO)

The guest speakers agreed that public transport in Ontario has suffered from underinvestment in recent years. Many regions are suffering from lack of access to public transit, often due to cutbacks and closures in rail and bus service. Ontario Council views this as a social justice issue. A person's independence should not be unduly limited by age, disability, or financial constraints, or dependence, for example, on the availability of a friend or family member for transportation. The environmental benefits of mass transportation should help justify the infrastructure investment. CFUW Stratford has joined TAO and other organizations to advocate for a Southwestern Ontario transportation network, especially improved intercity bus and train service. The discussion continued in the Legislation Committee's afternoon meeting.

Education Committee Session Top-

ic: Finding Her Voice: How Single Gender Education Empowers Girls Speaker: Cheryl Boughton, Headmistress, Elmwood School, Ottawa (a private school for girls)

Ms. Boughton has almost 25 years of experience in single gender education. Her conclusion? Girls benefit more from single gender schools than do boys.

She reviewed some of the gender differences between girls' and boys' learning styles:

- Girls don't like yelling or loud noises; boys often lose attention unless there is increased volume of presentation.
- Girls like to work across the table from a partner and like eye contact; boys like to sit beside someone and tend not to like eye contact as much as do girls.
- Girls describe objects while boys tend to speak about where the object is in space and how it can be used.
- Connected girls learn better which is why friendships are very important to girls' learning, but less to boys' ability to learn. Girls do better in circles; they enjoy collaborative learning where everyone takes part and shares suggestions.

To the oft-heard objection to single gender schooling that "this is not the real world", Ms. Boughton sees girls-only schools as the pot in which the seedling starts; after a while, that seedling is strong enough to be planted in the field. A school that gives girls higher aspirations and greater motivation, because the curriculum is written and implemented with girls' learning styles in mind, cannot help but make a stronger girl. Research also shows that time at a girls-only summer camp or a girls-only activity like Girl Guides has much the same effect.

Interestingly, 50 percent of the girls graduating from Elmwood choose math, science, or engineering at university. This is all the more remarkable because Elmwood is not a school with a math-science focus. Ms. Boughton believes that Elmwood girls have extra confidence; they believe that they can do anything they set their minds to, and this explains why so many choose traditionally male-dominated areas of study.

Publicly-funded schools may be able to offer single gender classes for some subjects such as math and physical education. For more information on single gender studies, look for *Girls Will Be Girls: Raising Confident and Courageous Daughters* by Dr. JoAnn Deak, the foremost expert in North America. Happy reading!

Status of Women and Human Rights

Committee Session Topic: Exploitive Images of Children

Speaker: Alyssa Blais, CFUW Cornwall and District

Alyssa followed up on Cornwall's resolution *Hypersexualization: Countering* Exploitative Child Images, approved at CFUW's 2013 National AGM. She presented visual examples of this disturbing trend to present heightened sexuality, degradation, and violence as normal. This is not simply a case of excessive or inappropriate TV viewing. Young girls and boys are exposed to these images and messages on the internet and social media (Instagram, Facebook, Twitter, texting, sexting, and more) almost constantly and there is currently no effective censorship. Aggressive marketing teaches children that girls are permissible objects of sexual and violent behaviours. Alyssa accompanied her talk with graphic, explicit images taken from websites. What is the impact of the media on young girls and young women? We need to speak out and advocate against the ad industry which makes billions of dollars from these images and messages and we need to provide appropriate education - for girls, boys, and parents.

Charlotte Rigby,
President, CFUW-Ottawa and
Nancy DeVillers,
Past President, CFUW-Ottawa

A New Kind of Women's Movement

At the CFUW-Ottawa General Meeting on Feb. 2, 2015, our guest speaker Jess Tomlin, Executive Director of MATCH International Women's Fund, paid tribute to the founders of MATCH International in 1976 – Norma Walmsley and Suzanne Johnson-Harvor. Dr. Ruth Bell, then President of CFUW-Ottawa, gave them strong support.

MATCH was Canada's first international organization to recognize that women's rights and empowerment is crucial to successful and sustained development in the global South.

Prior to Jess Tomlin becoming Executive Director in May 2010, MATCH received a body blow: government funding was cut overnight by 75 percent. This tremendous financial challenge became an opportunity for changing its financial and fundraising methodologies. Today the organization is stronger than it ever was and receives no government funding.

MATCH is one of the few organizations to work at the grassroots level – the most fundamental area of change. According to Ms. Tomlin, one thing has been proven: countries that have strong women's movements are stronger. MATCH looks for women's groups that "make and break norms". Each year they receive approximately 1,200 applications for funding. They choose 20.

Ms. Tomlin provided chilling facts, one being that in the Congo, a woman is raped every three minutes. She also provided success stories, an example being "Box Girls" in Kenya. As unlikely as it seems, boxing gives girls a place to be together in a safe environment and provides them (and others) with an opportunity to change their perceptions about what girls and women can do.

Ms. Tomlin concluded with a challenge for us: leadership is needed at this time in Canada when women's rights (primarily, the issue of consent) need to be addressed and protected in all parts of our country and at all levels.

Nancy Simmons-Wright
Program Co-Convenor

Saffron - The New Growth Industry in Afghanistan

While the media concentrates on insurgent bombings, there is good news coming out of the transition in Afghanistan.

The Ambassador of Afghanistan to Canada, His Excellency Sham Bathija, spoke to UWHAW about the emerging economy in his country. The focus has shifted from humanitarian aid to development. Given the abundant natural resources in Afghanistan, Afghans look to countries like Canada for expertise in mining. The most novel new industry is growing saffron which has a higher value than gold and can be grown in abundance in the constant sun and fertile ground, particularly in Herat. Afghanistan is wired: they have 22 million cell phones to service 31 million people and miles of fiber optic cable are being installed in Kabul. Canadian companies have been donor partners in economic, democratic, and education projects.

President Ghani's wife, a Lebanese Christian, is visible and a voice for the rights of women and girls. Women are clearly making inroads – getting university education, forming successful small businesses, gaining seats on local councils, and having land claim settlements in their names.

While corruption and security remain challenges, Afghans are making progress on these issues. Terrorism and drugs, however, are beyond the country's reach and must be considered global issues.

Another voice was heard when Canadian Leah Soroka captivated UWHAW with stories of her two years of work in agriculture in Northern Afghanistan. Women were instrumental in turning kitchen gardens into produc-

tive market ones but, while the women tended the gardens, the men provided transportation to market. She noted that the mining business is providing jobs for women in food preparation, doing laundry, and in administration. Leah was working in a rural area where illiteracy is high but she noted that education initiatives that began after the Taliban are starting to get results.

On the subject of corruption, she pointed out that good workers give jobs to family and friends, but the job gets done.

Susan Chapman

University Women Helping Afghan Women Study and Interest Group

Join the Conversation on Facebook and Twitter! To "like" the CFUW-Ottawa Facebook PAGE, click here To join the CFUW-Ottawa Facebook GROUP, click here To follow CFUW-Ottawa on TWITTER, click here

Proposed 2015 CFUW Resolutions: Summary and CFUW-Ottawa Decisions

Despite the bitter cold that evening, we had a great turnout on Feb. 2 for the CFUW-Ottawa annual Resolutions Meeting. Kringen Henein gave a fiveminute presentation on draft resolution #1: Saving Our Pollinators and Our Environment: Moratorium on the Use of Neonicotinoid Pesticides and subsequently moved the adoption of the draft as amended by the CFUW-Ottawa Resolutions Committee. The motion was unanimously approved by Club members without discussion. The second fiveminute presentation, on draft resolution #2: Reducing Climate Change Through the Use of Carbon Taxes, was given by Dorothy Phillips, who moved the adoption of the resolution without amendment. This resolution was also passed unanimously and without discussion. See the full texts of the resolutions approved by the Club below.

In her presentation on neonics, Kringen explained that neonicotinoids are a class of systemic insecticides used to coat the seeds of corn, soybean, canola, and other vegetable crops. When these treated seeds germinate, the insecticide is incorporated into all of the plant tissues, including the pollen and nectar. Neonics are neurotoxins and their effects range from behavioural problems to death.

Neonicotinoids are not selective

and affect all insects including harmful and beneficial ones. During the planting process, dust (carrying pesticide residues from the seeds) becomes airborne and can settle on surrounding vegetation and water systems. Many non-targeted species can be exposed, including aquatic insects, birds, and a variety of pollinators.

Those of us who met to review the resolutions believe that seeds coated with these insecticides pose a serious risk to our pollinators, and other harmless insects and birds. A moratorium with a call for independent studies on the effects of neonicotinoid pesticide use on pollinators is a good first step towards resolving the problem.

Dorothy's presentation explained that carbon emissions (and greenhouse gas (GHG) emissions) are leading to climate change and that all of us on this planet must reduce GHG emissions in order to preserve the planet. The draft resolution proposes a method of reducing carbon emissions which has been proven in British Columbia, Sweden, and elsewhere to work without major disruption to our lives.

CFUW Victoria has proposed this resolution, basing it on British Columbia's carbon tax which has been in place since 2008. The tax raises the cost of purchasing both for the end user when they buy gasoline, diesel fuel, natural gas, or other

fuels, and on manufacturers when they buy fossil fuels to produce goods. Fuel consumption in B.C. has dropped by 15 percent and GHG emissions by nine percent, substantially more than the rest of Canada.

A carbon tax on the B.C. model, its gradual introduction, returning revenues to taxpayers, comprehensive and predictable rates, is what this resolution recommends and what the Resolutions Committee supports.

Links to the complete texts of both presentations are posted on the CFUW-Ottawa website in the Member-only section, under Issues and Advocacy/Resolutions Process/Resolutions. Click here to see the presentation on neonicotinoids and here for the one on carbon taxes. We would like to thank Kringen and Dorothy for their excellent presentations.

Following the meeting, we will be sending our Club's comments and recommendations to the proposers at CFUW Edmonton regarding neonicotinoids and to CFUW Victoria regarding the carbon tax. Both Clubs will finalize their resolutions and they will be presented at the 2015 AGM in Québec City where delegates will have the chance to propose further amendments.

Fran ManningVP Liaison

PROTECTING OUR POLLINATORS: A MORATORIUM ON THE USE OF NEONICOTINOID PESTICIDES (CFUW Edmonton)
 Presented by Kringen Henein APPROVED AS AMENDED TO READ:

RESOLVED, That the Canadian Federation of University Women (CFUW) in support of the National Farmer's Union May 2014 Resolution on Pollinator Health, urge federal, provincial, territorial, and municipal governments of Canada to immediately implement a five-year moratorium on the use of the neonicotinoid class of pesticides as seed treatment for field crops.

RESOLVED, That CFUW urge the Government of Canada to order the completion of independent scientific studies on the effects of neonicotinoid pesticides and to make the full results of these studies available for public review and comment prior to the lifting of the any moratorium.

REDUCING CLIMATE CHANGE THROUGH THE USE OF CARBON TAXES (CFUW Victoria)
 Presented by Dorothy Phillips APPROVED WITHOUT AMENDMENT:

RESOLVED, That the Canadian Federation of University Women (CFUW) urge the Government of Canada to:

- 1. use national, comprehensive, and predictable carbon taxes to moderate greenhouse gas emissions;
- 2. make carbon taxes the centre of a robust Canadian Climate Action Plan; and,
- 3. encourage the adoption of carbon taxes around the world.

A Visit to Cooper Street

Have you ever visited CFUW's National Office on Cooper St., here in Ottawa? This is where you'd meet our talented and hardworking staff! They are the skeleton that keeps our CFUW body (over 100 clubs; more than 9,000 members) working to provide scholarships, support for women's education, and a respected national voice on issues affecting women and girls. CFUW is one of the very few, independent, non-profit, self-sustaining women's organizations remaining in Canada – and we rely on our team at the CFUW National Office. Here's a short introduction:

Robin Jackson, our Executive Director, brings a wealth of expertise and wisdom to CFUW. She has over 20 years of non-profit sector experience, including service on Boards and production of women's film and television programs. Robin manages the National Office and provides support services to CFUW's National Board of Directors, including policy papers, finance reports, and budget forecasts. She works with local and national committees to organize meetings as required. She welcomes your questions and is always ready to help. On a personal note – like many of us, she enjoys working out at the gym and is an avid mystery reader.

Gayle Bertrand, our Membership Services and Communications Coordinator, is responsible for CFUW web publications *CFUW News & Updates, CFUW Press* Agency, and The Communicator. Gayle is the go-to person for CFUW supplies and merchandise, including award certificates. We especially appreciate her help with new CFUW branding materials and logos, website access, and club banners. Gayle's background includes administration, sales and marketing, and website and social media development. Her personal interests are broad, and include education, environmental, women's, and senior's issues.

Betty Dunlop, our Fellowships Manager, supports the work of the CFUW Charitable Trust, and manages the national fellowships and awards applications process - roughly 400 a year! Betty works with volunteers to process applications and manage Fellowships Committee meetings. She nurtures our relations with universities and helps develop new fellowships and awards. She's a Fine Arts graduate from Guelph with over 20 years of experience in the non-profit sector, including work with volunteers at Health Sciences Centre Winnipeg. Away from the office, Betty enjoys home restoration projects, gardening, and painting.

Tara Fischer, our Advocacy Coordinator, is a graduate of Carleton University, where she was student representative to Carleton's Senate and Graduate Faculty Board. Tara monitors national and international women's issues, and prepares our news e-bulletin *Week in Review*. She attends

House of Commons and Senate Committee consultations, and drafts letters, briefs, and press releases for the CFUW President's signature. She assists the National Resolutions Committee in the review of policy resolutions, prepares information "tool kits", and drafts letters to support our advocacy. Tara represents CFUW with other women's, community, national and international nongovernment organizations.

And **Ryszard Kowalski**, our Accounting and Information Technology Manager, provides the computer services, security, and website support that keeps it all functioning!

Next month, we'll have a look at CFUW's national and international presence as a member of the International Federation of University Women (IFUW).

> **Charlotte Rigby** President, CFUW-Ottawa

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CFUW-OTTAWA 2015 AGM & DINNER Tuesday, May 5, 2015 6 p.m. Restaurant International Algonquin College H Building, 1385 Woodroffe Ave. Ottawa ON K2G 1V8 Ticket Price: \$35 (incl. tax & service charge) All cheques payable to CFUW-Ottawa Buy your ticket: At March or April General Meeting By contacting Alice Bolt at (613) 731-5221 Online at www.cfuw-ottawa.org/events Cutoff date for registration is April 27 Registration is open to members only! For other information, call Mary Broderick at (613) 421-1445. The menu will be posted on the website in April.

REMINDER: Cost Recovery of Print Version of the Carillon Started on Feb. 1, 2015

In June 2014, the CFUW-Ottawa Board of Directors approved an **annual** subscription fee to recover the cost of printing and mailing seven issues of CFUW-Ottawa's *Capital Carillon* newsletter. From Feb. 1, 2015, new and renewing members for 2015-16 who request the *Carillon* in paper format are required to pay \$15 per year. The 2015-16 Registration Form has been amended to include this option. Note: We will continue to notify all members by email as soon as the electronic version of each issue is published on the Club website. For more details, see page 7 of the October 2014 issue of the *Carillon* or go to the Club website at www.cfuw-ottawa.org/Newsletter/Printed.

Let's Dance!

Would anybody "out there" be interested in joining a new CFUW-Ottawa interest group, this time in Dance? Dance, mostly contemporary, has been my main form of fitness since childhood. Not only has it kept me fit, but it has provided me with a lifetime of pleasure. However, I have learned over the last few years, as I age, that a typical class is not as easy as it used to be! For one thing, it's too fast; the combinations (of steps) are too long and hard to remember and the teacher doesn't demonstrate or repeat the difficult parts enough.

I took my problem to Merrilee Hodgins, the Artistic Director of <u>The School of Dance</u> (where I studied for years) to see if she could tailor a dance class to suit people like me and, hopefully, some of you who still love to dance but not as fast as you used to; in other words, tailor a pleasant doable dance class for seniors over 60.

Merrilee thought it was a great idea. She said she could provide us with a



Meet Arlene Harrison! **Photo by:** Nicola Henry, Assistant to
Merrilee Hodgins

space to dance in (The School of Dance at 200 Crichton St. in New Edinburgh), a modern dance teacher, and a drummer. All we have to do is provide somewhere between six and 10 students to cover costs (to be determined, but to be reasonable). The time would be Wednesday mornings from 10:45 a.m. to 11:45 a.m.

If you are a member of CFUW-Ottawa and the idea appeals, please give me a call at (613) 233-4213 or email me at arlene.harrison@me.com.

Arlene Harrison



Canadian Federation of University Women ONTARIO COUNCIL

NEXT ONTARIO COUNCIL STANDING COMMITTEES MEETING

Saturday, March 14, 2015

Yorkminster Park Baptist Church 1585 Yonge Street, Toronto (Two blocks north of St. Clair Subway Station, East Side)

Morning Program Topic: Transforming Ontario's Postsecondary Education System

Speakers: Paddy Buckley, Director, Strategic Policy and Programs, Ontario Ministry of Training, Colleges, and Universities; Prof. Bonnie Patterson, President and CEO, Council of Ontario Universities; A representative from the Canadian Federation of Students-Ontario

Registration: \$30 prepaid includes **lunch**. Catering requires a **registration deadline** and **dietary requirements** by the Monday prior to the meeting. The **Registration Form** is located at www.cfuwontcouncil.ca/.

Registration starts at 9:00 a.m. The meeting begins at 10:00 a.m., lunch is at 12 noon and the afternoon sessions end around 3:00 to 4:00 p.m.

CFUW-Ottawa funds registration fees and partially funds accommodation and travel for attendance by the Club President, the VP Liaison and two Standing Committee Chairs **or their designates**.

All CFUW members are welcome to attend. If interested, contact: Fran Manning, CFUW-Ottawa VP Liaison, for further details.

International Women's Day (IWD) 2015

Monday, March 2, 2015, 5:30 p.m. – 9 p.m. The Centrepointe Atrium and Chamber (Ben Franklin Place)

Our 11th annual popular IWD celebration event is being hosted by the CFUW clubs of Ottawa, Kanata, and Nepean, and the Ottawa Council of Women (OCW). This year's theme is **Speaking Truth to History** and will be addressed by our Master of Ceremonies, Anita Vanderbeld. We will also explore how actions and attitudes toward women in the 16th century are still being dealt with today.

We'll start with a welcoming reception with delicious hors d'oeuvres and other fine finger foods. We will have several tables of artisan work including tables selling beautiful jewelry, fine scarves, children's books, and an information table about CFUW and OCW activities. We will be entertained by Ottawa's Triple Trouble. Our special guest speaker is Greta Kroeker. Dr. Kroeker is an Associate Professor of History at Waterloo University, specializing in early modern Europe. She will be speaking on Early Modern Witch Hunts and Their Modern Legacy. And if you thought that was all behind us, well not so fast.

We have great door prizes, as well. As with our great events of the past 10 years, this is an occasion to socialize with friends and celebrate our successes and progress in women's issues as well as identifying work that still needs to be done. There is plenty of free parking. Tickets are still only \$25 and are available online at www.cfuw-ottawa.org/events. If you prefer, cheques may be made out to CFUW-Ottawa and brought to the event. However, please contact Fran Manning beforehand to ensure seats are still available. Fran can be reached at (613) 830-3086.



We extend sincere condolences to longtime active CFUW-Ottawa member Pauline Adams on the death of her daughter Janice Margaret (Jan) Adams in Ottawa on Feb. 8, 2015. Pauline is Co-Convenor of the Couples Gourmet Group, was Club President in 1995-96, and *Carillon* Editor in 2005-06.

Our sincere sympathy is also extended to active Club member Christine Rollo on the death of her father Dr. Ian McIntosh Rollo on Feb. 16, 2015. Christine is a member of the Membership Administration Committee, Co-Convenor of the Monday Trail Walking (Hiking) Group, and Co-Convenor of the Tuesday Lunching Out Group I.

We invite all CFUW-Ottawa members to let us know about deaths in their immediate families or of other significant persons in their lives if they wish to have notices published in the *Carillon*.

Book Table News



Since October, sales have been brisk at the used book table at our General Meetings. New

donations would be very welcome, particularly recent publications. We would be happy to accept both fiction and non-fiction paperbacks. All books sell for **one dollar each** and all proceeds go to the CFUW-Ottawa Scholarship Trust Fund.

Elaine Copland

2015 NAC Musical Lunch & Silent Auction



Friday, April 17, 11:30 a.m. - Le Café, National Arts Centre

♣ Elegant THREE-COURSE MEAL
 ♣ PERFORMANCE by a top notch musician
 ♣ COMPLIMENTARY TICKETS at each place setting to an upcoming NAC musical performance

Silent Auction starts at 11:30 a.m. Don't forget to bring your chequebooks.

Raffle: 10 tickets for \$5

Door Prizes

This fundraising event is chaired by Mary Partington & sponsored by CFUW-Ottawa's University Women Helping Afghan Women (UWHAW).

The proceeds of the meal will go toward the CFUW-Ottawa scholarships at Carleton University & the University of Ottawa.

The proceeds of the Silent Auction & Raffle will support the scholarships for Afghan women at the Gawharshad Institute of Higher Education in Kabul, Afghanistan

Open to all CFUW-Ottawa members & guests (women & men)

TICKET PRICE: \$45 (incl. tax & service charge) Sold out event in the past

- ♣ Tickets sales start at the March 9 CFUW-Ottawa General Meeting. After that date, please contact Alice Bolt at (613) 731-5221 or by email at <u>ianbolt@sympatico.ca</u> to register. Online registrations & payments are not available for this event.
- Mail cheques made payable to UWHAW to: Alice Bolt, 1531 Caton St., Ottawa, ON K1H 6J3
- Please advise Alice if you would like special seating arrangements.

A Lively Diplomatic Hospitality Year

CFUW-Ottawa's Diplomatic Hospitality Service Group, originally founded in the 1970s, is still going strong, our mission being to promote Canada to our foreign diplomatic guests in the spirit of fun and friendship. The current President of the group, Lisa Haley, with her Executive Committee, has created an ambitiously wide-ranging program of activities for 2014-15.

The first event was a stylish coffee reception at the Métropolitain Brasserie on Sussex Dr. in September. Almost 200 people attended, our guests from the diplomatic community representing 38 countries. Door prizes were won by ladies from Trinidad and Tobago, Indonesia, Taiwan, and Canada. The fall program also included a guided tour of the Centre Block on Parliament Hill and a visit to the Bytown Museum beside the Rideau Canal locks, followed by a formal three-course luncheon at the Château Laurier with guest speaker Mayor Jim Watson. During Remembrance Day week, we visited the Canadian War Museum, learning about the symbolism of its architecture and the history of its exhibits from a very knowledgeable guide. Not only do our friends from the diplomatic corps appreciate such outings; the CFUW-Ottawa members who join in as hostesses also find them very educational.

On a lighter note, the group had two chances to view and purchase stylish winter clothes and accessories during private shopping parties at Jones New York and Shepherd's, where wine and cheese was served and a fashion show featured our Canadian and diplomatic members as models.

For the second year in succession, we invited our friends to a Bavarian-style, Oktoberfest meal at the Maple Leaf Almrausch Club, with live accordion music to enhance the atmosphere. In December, we were served a splendid traditional Christmas buffet at the Ottawa Hunt and Golf Club, while being entertained by a quartet of young musicians from Carleton University singing and playing Christmas music. At the same time, we were treated to a display of wearable art and paintings by a local artist, in a "Christmas Bazaar." Generous raffle prizes and the sudden appearance of a white-robed Mikulás (St. Nicholas), Santa's Eastern European cousin, added to these festivities.

Since the New Year, we have been experiencing the fun of an Ottawa winter. Our fourth annual "Grand Winter Festival" took place at the Smithvale Stables on Carling Ave. on Jan. 16, a bright, cold day. As this was also a PD day at local schools,

several children were able to come along. After horse-drawn wagon rides and exposure to the -24° windchill, we warmed up, in the barn, with hot chocolate, log fire, and potluck snacks, energized by dance music performed by a band coincidentally known as "The Diplomats". On Jan. 28, our members and multinational guests had the opportunity to learn to curl at the Royal Canadian Navy Curling Club (RCNCC) at Dow's Lake. In February, we enjoyed a tour of Rideau Hall and private skating party on the vice-regal rink.

To add to this wealth of quintessentially Canadian experiences, our spring program includes an international food festival, "A Taste of the Commonwealth", in March, a tour of the Royal Canadian Mint and a ByWard Market luncheon in April, and a bus trip to Kingston including a Thousand Islands boat cruise luncheon - in May.

As well as these large group activities, Diplomatic Hospitality convenes regular meetings of English, German, and Spanish conversation groups and bridge games at members' homes, in which many of our diplomat friends participate.

Alison Hobbs Diplomatic Hospitality Service Group

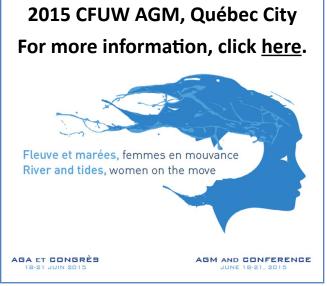


Diplomatic Hospitality Group at the Navy Curling Club Photo by: Kelsey Jackson



Gatineau Trails Group at the 2015 Canadian Ski Marathon





Several members of CFUW-Ottawa's Gatineau Trails Group had two days of fabulous skiing under ideal conditions at the Canadian Ski Marathon on Feb. 7 and 8 on a trail between Lachute and Buckingham, Qué. (northeast of Gatineau). The two-day, 160 km ski event takes place each year during the second weekend in February. Started in 1967 as a Canadian Centennial event, it is North America's longest and oldest Nordic ski tour. Skiers of all ages and abilities are welcome and may ski as little as 12 km over the weekend. From left to right: Helga Taylor, Peggy Mc-Gillivray, Louise Brzustowski (former CFUW-Ottawa member, now a CFUW Kitchener-Waterloo member), Kringen Henein, and Libby Leslie. Photo by: a bystander, name not noted.



