



Canadian Federation of University Women – Ottawa

# Capital Carillon

## April General Meeting

**DATE and TIME:** Monday, April 1, 2019,  
7:30 p.m.

**PLACE:** Riverside Churches,  
3191 Riverside Drive, Ottawa,  
K1V 8N8 (by Mooney's Bay)

**SPEAKER:** Melanie Adrian, Associate  
Professor in Law and Legal  
Studies at Carleton University

**TOPIC:** *Muslim youth in Canada;  
dancing the poetics of  
belonging*



Melanie Adrian Dr. Adrian's research focuses on the question of rights of minorities in religiously, ethnically and culturally diverse societies. She is examining how states integrate or accommodate culturally distinct peoples

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## PRESIDENT'S MESSAGE

HEATHER LEWIS

I was reading a review of a book recently; it said the book was "painlessly educational." I thought, yes, that's what CFUW-Ottawa is, painlessly educational. Haven't the speakers at our General Meetings been excellent this year? They were certainly painlessly educational. You will have the chance to hear another great speaker on Monday, April 1st at 7:30 p.m., at the Riverside Churches; Melanie Adrian, PhD (Associate Professor, Department of Law and Legal Studies, Carleton University) will be presenting the topic of *Muslim Youth in Canada: Dancing the Poetics of Belonging*.

The *Cabaret* on March 9th was sold out and the hall was packed. I predicted that it would be fun and that prediction came true (see page 6). Thank you to Gail Tyerman and to all the performers

and volunteers who made the afternoon a success. The audience loved the *Lyon Street Celtic Band*, the piano playing of Anita Pari and the performance of *The Famous Five: Reformers and Rebels*. If you liked the skit, I'm sure you will be interested in the Seminar on April 13<sup>th</sup>: *Empowerment through Education* (see page 8). The focus will be international.

Our Musical Lunch on April 25th is always very popular. Since the *Cabaret* was sold out, some of our members weren't able to get in, so don't risk missing the Musical Lunch: register quickly (see page 12).

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CFUW-Ottawa AGM and Lunch



Mayor Jim Watson, hosting his annual International Women's Day Breakfast on Friday, March 8, at Ottawa City Hall, with CFUW-Ottawa Board members Joan Tyler (left), Heather Lewis and Gail Tyerman (right). Lynne Bond and Barb Newbegin were also present at this event.

**President – continued**

For as long as I can remember, our Ottawa AGM has been held at the International Restaurant at Algonquin College on a Monday evening. Members told me they found it difficult to get there in rush hour on a week night, so we're trying something different this year. Our Ottawa AGM will start at noon on Saturday, May 4<sup>th</sup>, at the Riverside Churches. We will give you a very good lunch for only \$25 using real plates and cutlery. Wine will be available for purchase. We shall need to transact some Club business that day, including taking note of new bylaws for the Ontario Council (<https://cfuwontcouncil.org/proposed-cfuw-ontario-council-articles-and-bylaws>) and one for National ([www.cfuw-ottawa.org](http://www.cfuw-ottawa.org) News and Announcements, Bylaw Amendment). I shall keep the business session as short as possible, so that you will have time to socialize with your friends. There will also be the "great reveal" of the winner of this year's *Pink Rose Surprise Prize* and the winner of a special award from National in this Centenary year to the SAGE (the person in our Club who has been the longest member of CFUW). She hasn't been a member for 100 years, but has been a member for a very long time!

**Capital Carillon** is published monthly from October to May, except for January. Suggestions and comments are always welcome. Please send all material for the next issue to Alison Hobbs, [newsletter@cfuw-ottawa.org](mailto:newsletter@cfuw-ottawa.org). Next issue: May 2019; deadline for submissions: April 15. Previous issues are archived on the Club website, at [www.cfuw-ottawa.org](http://www.cfuw-ottawa.org).

Something on a much larger scale will be the *CFUW 2020 National AGM*. Yes, I can now confirm that we are hosting this. The CFUW National Board has approved us as the host Club and have thanked us for taking on the challenge. We have already secured the lovely Delta Hotel as our venue. Thank you to Christine Rollo and Patricia O'Flaherty for Chairing the Local Arrangements Committee (LAC) and to Chris Narraway, our Treasurer, for handling the books for this big event. Delegates and members will be coming from all over Canada. Please note the dates: June 17-20, 2020.

I hope to see you for our next General Meeting at 7:30 p.m. on April 1<sup>st</sup>. Although it is April Fool's Day, please remember that it's not nice to try to fool the President.

**Meeting – continued**

while maintaining a healthy balance between international and national rights and respect for national values.

Dr. Adrian's forthcoming book *Risking Religious Freedom: France, the Veil and the Right to Act on Faith* argues that France, and Europe more generally, are heading down a dangerous path in their reluctance to live up to the spirit of international human rights conventions.

Dr. Adrian will discuss multiculturalism and how we have defined it. What does it really mean? How do we think about it?

Everyone is welcome to attend; you need not be a member of CFUW.

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**LOOKING AHEAD TO CFUW EVENTS IN 2019**
**MARK YOUR CALENDARS!**

The General Meetings will take place at the Riverside United Churches, 3191 Riverside Drive.



**Monday, April 1, 7:30 p.m.** – General Meeting with guest speaker Melanie Adrian of Carleton University: *Muslim youth in Canada; dancing the poetics of belonging.*

**Saturday, April 13, 9 a.m. – 4 p.m.** Seminar at City Hall: *Inclusion and Empowerment through Education in Developing Societies: a Global Agenda for Women and Girls.* (See page 8).

**Thursday, April 25, 11:30 a.m.** – Musical Lunch in aid of scholarships for young women in Ottawa and Kabul. (See page 12).

**Saturday, May 4, 11:30 a.m.** – CFUW-Ottawa AGM, with lunch. (See page 12).

**Friday, May 10 and Saturday May 11** – CFUW-Ontario AGM. (See page 9).

**Wednesday, June 12** – Summer Evening Dinner For Hope, in aid of scholarships for young women in Ottawa and Kabul.

# Scholarship Awards Night

Monday, March 4, at the Riverside Churches, the trustees of the CFUW-Ottawa's Scholarship Trust Fund (STF) welcomed Ottawa students, Club members and the public to our Scholarship Awards celebration, beginning with performances by the recipients of our music awards. Patricia O'Flaherty, Chair of the STF, introduced them.

**Abigail Sanchez Rojas** from Mexico, a second-year student from the Masters in Music program at the University of Ottawa and a repeat winner of the **Barbara Newbegin Award in Music**, played two piano pieces by Claude

Debussy—*Pagodes* and *Jardins sous la pluie* from *Estampes*.

**Rachel Warkentin**, in her second year of undergraduate studies in the Singer / Songwriter stream of the Music Program at Carleton University, and this year's winner of the **Helen Nininger Scholarship in Music**, sang her own composition, *Breathe*, accompanying herself on the piano.

**Jessie Fleet**, winner of the **Earl B. Connell Foundation Scholarship**, delighted us by playing *Pistache*, from *Les Épices* by Bernard Andrès, on the classical harp. Jessie, from a family of regularly

performing musicians, is a student in her fourth year of Undergraduate Studies in Music at Carleton University.

Following these musical performances, more than 20 additional award recipients came forward to receive their certificates from President Heather Lewis. Scientists, engineers, and mature students were among them. The newest scholarship, honouring the 100th anniversary of CFUW National was presented for the first time. Each award winner was also given a copy of the autobiography written by Dr. Ruth Bell (1919-2015) to keep as a memento of the occasion.



Photos by E. Wilfert

1. Scholarship winners with Patricia O'Flaherty (STF Chair) and Heather Lewis (CFUW-Ottawa President), front centre.
2. Christie Sikubwabo, Heather Lewis.
3. Abigail Sanchez Rojas, Barbara Newbegin, Heather.
4. Jessie Fleet.
5. Hally Siddons, Jessie, Heather.
6. Rachel Warkentin, Heather.

## CFUW-Ottawa Scholarship Trust Fund Scholarship Winners 2018-2019

### Carleton University

Harriet and Eugene Forsey Graduate Scholarship	Elsa Piersig	pursuing PhD in Political Science
Alice E. Wilson F.R.S.C. Scholarship	Calene Treichel	1st year Master of Applied Science in Sustainable Energy Engineering
Helen Nininger Scholarship in Music	Rachel Warkentin	2nd year Bachelor of Music
Shirley Greenberg Award	Amira Caro	4th year Honours Bachelor of Communications and Media Studies
Dorothy Powell Scholarship	Moriya Koketsu	3rd year Honours Bachelor of Arts in Economics
Ruth Bell Centennial Scholarship Honouring all Members of the Ottawa Club since 1910	Colleen Putzig	3rd year Honours Bachelor of Arts in Human Rights and Social Justice
Earl B. Connell Foundation Scholarship	Jessie Fleet	4th year Bachelor of Music
Dr. Ruth Bell Scholarship	Joy McLeod	4th year Honours Bachelor of Arts in Health Psychology
CFUW National 100th Anniversary Scholarship	Linda Steele	3rd year Bachelor of Humanities
Carol Shields Scholarship	Samantha Harris	4th year Honours Bachelor of Arts in Psychology
Naomi Rayner Scholarship	Zita Blakey	4th year Honours Bachelor of Arts in Psychology
Susan Scott Parker Scholarship	Julia Jeffery Garza	4th year Honours Bachelor of Arts in Health Psychology

### University of Ottawa

Gladys Harvey Award	Sophie Jacques	4th year Bachelor of Fine Arts with specialization in Visual Arts
Constance Jones Scholarship in Women's Studies	Margarita Stappas	3rd year Honours Bachelor of Arts with Major in Women's Studies and Major in History (French Immersion)
Charlotte Whitton Award	Laurie-Jade Mendez-Bériaud	2nd year Honours Bachelor of Science with specialization in International Development and Globalization
Lucille Muldoon Award	Amélie Lauzon	4th year Bachelor of Social Science with specialization in International Development and Globalization integrated with LLL, Civil Law Licence
Lillian Gertsman Scholarship	Felicia Edomwande	1st year Honours Bachelor of Arts with major in Psychology
The Reid Memorial Scholarship	Vigigah Sinnathamby	1st year Doctorate in Medicine
Barbara Newbegin Award in Music	Abigail Sanchez Rojas	Master of Music
Barbara Newbegin Award in Mathematics	Christie Sikubwabo	3rd year Honours Bachelor of Science with Major in Financial Mathematics and Economy
Helen Nininger Scholarship in Fine Arts	Kellie Macdonald	4th year Honours Bachelor of Arts with Major in Greek and Roman Studies and Major in Theatre
Mary Kyles Award	Alycia Bourgoin	2nd year Bachelor of Science in Nursing
Muriel Axon Award	Anick St-Denis	2nd year Bachelor of Applied Science-Engineering, with specialization in Chemical Engineering

### Algonquin College

Sherrylyn Sarazin Scholarship	Gabrielle Hotte	1st year Advanced Biotechnology
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## Our Fabulous National Gallery Group

By Dierdre Abernethy

Our group of ladies is 80 in total although we usually have 50 to 60 members attending. We meet at 10 a.m. and 11 a.m. the last Wednesday of each month (except December which is earlier in the month) during the season. I reserve one guide at 10 a.m. and two guides at 11 a.m. I have added the 10 a.m. group to ensure we do

not exceed our maximum of 25 visitors per guide.

We have booked six events this season and hope to be able to see a special exhibition in May or June. The Gallery gives us a list of events that we are able to attend as a group. I then choose the events that correspond to our calendar: a mix of

the permanent collection and the special, temporary exhibitions. So far this year, the *Paul Klee* and the *Anthropocene* exhibitions have been the ones most talked about.

Some of our members meet for the tours and then go for lunch after the tour. They also love to browse the Gallery's gift shop for special gifts.

### Convenor of the Month: Dierdre Abernethy



Dierdre Abernethy has been the Convenor of the National Gallery Study Group for three seasons. She never studied the history of art but is eager to make up for lost time. "Our guides as well as some of our members are treasure troves of art knowledge," she says. She has a member of the CFUW for seven years. Her neighbour, Norma Pike, initially took her to a meeting of University Women Helping Afghan Women and introduced her to the Literature Study Interest Group 1. Dierdre is still a stalwart member of both UWHAW and the book club.

### Advocacy Survey

CFUW National asked for our feedback as to what we think are the top five most pressing issues which will appear on Party Platforms for the next Federal Election. They asked us to choose from a list of thirteen topics. At our General Meeting on February 4, we distributed a survey to get feedback from a sample of our members.

In total 38 responses were submitted. Aggregate totals are based on: 0 for Not important; 1 for Negligible importance; 2 for Important; 3 for Very Important; 4 for Extremely Important.

Lynne Bond tabulated the results, which are as follows:

1. Pay Equity: 26 responses. Aggregate total 72
2. Women in Non-traditional Occupations: 23 responses. Aggregate total 51
3. Universal Childcare: 26 responses. Aggregate total 67
4. Parental leave: 22 responses. Aggregate total 55
5. **Addressing Poverty**: 30 responses. Aggregate total 92. **Ranked #4**
6. **Housing & Homelessness**: 34 responses. Aggregate total 113. **Ranked #1**
7. Universal Pharmacare: 24 responses. Aggregate total 64
8. **Environment & Climate Change**: 31 responses. Aggregate total 102. **Ranked #3**
9. Elections & Electoral Reform: 24 responses. Aggregate total 41
10. Missing & Murdered Indigenous Women: 28 responses. Aggregate total 76
11. **Education for Indigenous Youth**: 31 responses. Aggregate total 103. **Ranked #2**
12. **Immigration**: 32 responses. Aggregate total 86. **Ranked #5**
13. Gender Violence: 27 responses. Aggregate total 78

For many people, **Mental Health** was a recommended addition to the list.

## International Women’s Day Cabaret

A sold-out crowd of CFUW-Ottawa members and their friends enjoyed a varied program of music and drama in the Riverside Churches meeting room to celebrate women’s achievements and to raise funds for our post secondary scholarships and for the Elizabeth Fry Society of Ottawa. As a result, \$1,066.74 has been split equally and donated to these good causes.

The excitement started with the *Lyon Street Celtic Band*. CFUW-Ottawa member Lois Siegel and her bandmates played an astonishing variety of instruments, including an “Ugly Stick” named Oona. They had the audience singing along and tapping their feet. We certainly got a head start on St Patrick’s Day.

For a change of atmosphere, Ottawa musician and composer Anita Pari then mesmerized us at the piano with her interpretations of Franz Schubert’s *Impromptu* Op. 90 Nos. 2 and 3, and Frédéric Chopin’s *Nocturne*, Op. 9 No. 2. Our Club is



proud to have supported Anita’s progress, having awarded her the Earl B Connell Foundation Scholarship. We feel sure she has a bright future ahead of her.

*The Famous Five: Reformers and Rebels* had its première at the Cabaret. This short play delved into the relevance of the “persons” case for young women today. Written by CFUW-Ottawa member Dorothy Phillips, it was developed with the help of the CFUW-Ottawa Writers’ Workshop

and George Sheriff. The talented actresses soon had us all laughing, while we learned something too. Bravo!

It could not have been a CFUW event without refreshments. Delicious hors d’ouvres, wine and non-alcoholic punch helped to create a convivial atmosphere for members and guests to mix and mingle.

Many volunteers contributed to the event; their participation and support demonstrated what a great club CFUW really is. A grand day indeed.



Sarah Davis, Executive Director of the Elizabeth Fry Society, Ottawa, receiving our donation from Gail Tyerman



Photos by A. Hobbs



## In Memoriam: Ann Denis

By Dorothy Phillips



Ann Denis made her mark on so many activities of the Canadian Federation of University Women that we are still reeling from her sudden

death in February and trying to pick up the pieces of the projects she left behind.

Ann was a new member of the CFUW Charitable Trust Fellowships committee who read and evaluate proposals for about \$140,000 in scholarships given each year by our national organization. Ann was in the middle of this year's project. For several years, she worked with the Issues and Advocacy group of CFUW-Ottawa, using her research skills to help define and clarify resolutions. This year she had begun working with the Focus on GWI study group to create the program for the Empowerment Through Education seminar that takes place on April 13, 2019. She had visited Global Affairs Canada and World University Service Canada (WUSC) and had arranged a partnership between CFUW-Ottawa and WUSC in preparation for this seminar.

Ann was also the convenor of our Literature Study Group 3 in CFUW-Ottawa, often inviting the group to meet at her home, and in February, a week after her death, was to have presented and recommended *Brother*, by David Chariandy. We would have loved to hear her take on this book, of which she was particularly fond, now one of CBC's Canada Reads titles and the

winner of a major prize. An inveterate walker, she usually refused rides to our meetings, but would often accept a ride home, talking to me about her projects and plans.

She had arranged to attend the Commission on the Status of Women meetings at the United Nations in New York this March. She usually made that trip by bus each year, representing the Canadian Research Institute for the Advancement of Women (CRIAOW). Ann was always generous in sharing her impressions of the CSW meetings and what she had learned from them. She had not yet decided about whether to attend the Graduate Women International Triennial in Geneva (July 2019) or the CFUW AGM in Winnipeg (August 2019), or both.

Ann's knowledge of issues surrounding women's education was extensive. After graduating from Carleton University she earned her PhD in Sociology from the London School of Economics in 1969. From 1973 she was professor at the School of Sociological and Anthropological Studies at the University of Ottawa, teaching in both English and French, and sometimes acting as chair of the school. Her research over many years contributed to the understanding of interrelations between gender, ethnicity/race, and class. She was renowned for her research and publications. At the University of Ottawa she established the university's research ethics committee, and was devoted to her students, serving on many dissertation examination committees throughout Canada. On her retirement in 2009, the University

recognized Ann's contributions, naming her *Professor Emerita*. In 2013 the Ottawa International Women's Week group awarded her their Femmy Award for "Outstanding Contributions to the Struggle for Women's Equality in the National Capital Region."

Ann was married in 1979 to Greg Belkov who died in 1992. She was an active supporter of Ottawa theatre including the Ottawa Little Theatre, the Company of Fools, the Great Canadian Theatre Company and the National Arts Centre. Ann's friendly, easy going, manner and her ability and desire to get into in-depth conversations, made her a delight to be with. Her CFUW-Ottawa colleagues miss her enormously.

### The Used Book Sale Table

Gently used books sell for \$2, with the proceeds divided equally between our Scholarship Trust Fund and scholarships for Afghan Women at the Gawharshad Institute of Higher Learning in Kabul.

Please consider donating your paperback books to help offset what it costs for a young woman to get a university education; at the same time, you can clear your cluttered bookcase and share a great read with a fellow CFUW-Ottawa member. Due to the weight of transporting books to meetings, we are primarily looking for paperbacks.

We appreciate exact change, so please bring your toonies and loonies and the books you wish to donate to our next General Meeting. See you at the table!



## EMPOWERMENT THROUGH EDUCATION

*A Global Agenda for Women & Girls*

You are invited to participate in this exciting seminar which will focus on the struggles experienced by women around the world, particularly refugees and women in failed and developing states, in gaining an education - and possible solutions to the barriers they must overcome. We will explore a global education agenda for women and girls from two different perspectives: the policy issues that attempt to remove barriers, and the experiences of young women from refugee contexts who have overcome the odds to pursue their education.

Prominent women with great expertise in the field of education and development in Canada and internationally will discuss the current policies of both Canada and the United Nations aimed at enhancing opportunities for women and girls within the framework of Canada's Feminist International Assistance Policy and the UN 2030 Agenda for Sustainable Development. Responding to those policies will be young women from the Middle East and sub-Saharan Africa who are now pursuing their university education in Ottawa. They will tell their stories and describe the education challenges and opportunities facing displaced girls and women and those living in developing countries.

This two-part seminar is a partnership between the Canadian Federation of University Women of Ottawa (CFUW-Ottawa) and World University Service of Canada (WUSC). Please let us know if you would like to volunteer to help at this event.

- Venue:** Jean Pigott Place, Ottawa City Hall
- Time:** 9:00 am - 4:00 p.m. including lunch, coffee breaks and reception
- Invited:** CFUW members, family, friends and the public
- Speakers:** A representative of Graduate Women International (GWI); Huguette Labelle, Chair, Independent Advisory Board for Senate Appointments, Former Chancellor University of Ottawa, former President of CIDA; potential other expert speakers to be announced.
- Cost:** \$40 (\$20 for students)

Register online at [www.cfuw-ottawa.org](http://www.cfuw-ottawa.org) or contact Barbara Newbegin at [b.newbegin@rogers.com](mailto:b.newbegin@rogers.com) or call 613-745-6546.

Watch out for updates by email and on CFUW-Ottawa website.

### Did you know...?

One of the Calls to Action from the Truth and Reconciliation Commission (2015) seeks the development and mandatory implementation of "an age-appropriate curriculum on residential schools, treaties, and Aboriginal peoples' historical and contemporary contributions to Canada." Members of the Exploring Indigenous Education study and interest group are researching the extent to which this call is being implemented in Ottawa area K-to-12 schools.

The CFUW-Ottawa study and interest group Exploring Indigenous Education meets on the fourth Friday of the month. For information, contact Judith Neale Holtzhauer ([judithneale@rogers.com](mailto:judithneale@rogers.com)) or Martha Musgrove ([musgrom@hotmail.com](mailto:musgrom@hotmail.com)).



# Diplomatic Hospitality at the Wabano Centre for Aboriginal Health



Friday, February 22, the Diplomatic Hospitality Group paid an informative visit to the Wabano Centre. Established in the National Capital Region in 1998, the Wabano Centre is an urban health centre providing quality, holistic services to the First Nations, Inuit and Métis communities of Ottawa and engaging in clinical, social, economic and cultural initiatives that promote the health of all Aboriginal people.

Diplomats and Canadian members of the group had a private tour led by the Wabano Centre’s Director of Cultural Education, and were taught how to make traditional “prayer ties”.



## Annual General Meeting

May 10-11, 2019  
U of T Faculty Club  
41 Willcocks St., Toronto

### Helping Women on the Margins Through Education

CFUW Etobicoke and UWC Toronto are hosting the Ontario Council AGM, at the U of T Faculty Club.

The theme is *Celebrating the Past, Forging the Future.*

We are so pleased that Kathleen Wynne will be the keynote speaker on the Saturday morning.

The workshops in the afternoon will all feature the theme

*Helping Women on the Margins through Education.*



Workshop moderators include

- Talisha Ramsaroop, winner of the first Pam McConnell Young Women in Leadership Award, UWC Toronto member, intake counsellor at York University, and former social planner for the Jane-Finch area for the city, will moderate a panel of students from that area who will talk about the difficulties of continuing their education given their socio-economic background.
- Mary Jo Leddy, Order of Canada, founder of Romero House, will moderate a panel of refugee girls and women who will speak about their experiences in getting equivalencies and pursuing an education in Ontario.
- Rev. Dr. Carol Finlay, Order of Ontario, founder of the Prison Book Clubs, will moderate a panel of women who have been incarcerated and who see a new path through pursuing an education.

## A Raffle for GWI



In honour of CFUW’s 100<sup>th</sup> Anniversary, we are pleased to announce an opportunity for you to own a unique, extraordinary piece of history. Our National VP Finance, Dominique Racanelli, discovered two beautiful blue enamel pins, created in 1924 for the third IFUW International Conference in Christiania (now Oslo), Norway, held Monday July 28 to Friday August 1 of that year. The Revenue Generating Committee of CFUW-National is making them available to the membership in a fair way, through a draw. In the 100<sup>th</sup> Year of both CFUW & GWI, For a \$10 contribution, you have two chances to own one of these lovely pins. All proceeds will be directed to GWI to help pay for the unpaid GWI balance. *In other words, participation in the raffle is a gesture of support for GWI.*

This original design by Norwegian jeweler, David Andersen, shows an antique silver lamp, representing the light of learning, on a blue background broken with the letters IFUW in silver. Around the central disc is an interlinked chain to symbolize the bonds of friendship linking IFUW members throughout the world. The pins are silver backed and bear the numbers 190 and 163.

Our foremothers had come out of a devastating World War, dedicated to the advancement of women, with a determination to bring educated women together to turn the fight into one for peace. The name IFUW was not intended to describe a group of women who had graduated from universities. It was rather meant to be symbolic: to open the gates of universities to women so they would not be exclusively for men to enter. In other words, it was *a symbol of gender equality in education*. Thus began IFUW’s work, and today we continue to facilitate women’s opportunities for education at the highest levels.

All it will take for you to possess one of these delightful treasures is a minimum

contribution of \$10, allowing you two chances to win one of these historic pins. ***For every \$10 contribution you submit, you get another two chances to win.*** You will have an opportunity to participate in this draw at our meetings on April 1st and May 4th.

The draw will take place before the GWI Triennial in July 2019 and the two winners will be announced on July 28, 2019, in Geneva, Switzerland.

### Do you know who we are?

The 2030 Agenda for Sustainable Development was adopted by all United Nations Member States in 2015. It provides a shared blueprint for peace and prosperity for people and the planet, now and into the future. At its heart are the 17 **Sustainable Development Goals (SDGs)**, which are an urgent call for action by all countries – developed and developing – in a global partnership. For more information, see: <https://www.undp.org/content/undp/en/home/sustainable-development-goals.html>

The first five SDGs are central to CFUW and Graduate Women International:

1. No poverty
2. Zero hunger
3. Good health and well-being
4. Quality education
5. Gender equality

To learn more about these SDGs check out the notice for our April 13 Empowerment Through Education seminar on page 8.



**WE NEED YOUR HELP!**

### CFUW - Ottawa is looking for volunteers.

#### Bridge, Mahjong and Lunch Equals Fun and Scholarships!

Should we bring back the Bridge, Mahjong and Lunch fundraiser at the Royal Ottawa Golf Club next Fall? Some members about having another Bridge Plus event, but before a decision can be made, we need volunteers to organize the duplicate and social bridge games.

Please contact Patricia O’Flaherty at [pmoflaherty@gmail.com](mailto:pmoflaherty@gmail.com) if you would like to join the team.

## Request for Silent Auction Items

### A Unique Advertising Opportunity

The UWHAW group is asking for your help with the donations for the Silent Auction at the **Musical Lunch** on April 25th and/or at the **Dinner for Hope** on June 12th. UWHAW would like to solicit quality items or experiences and would be pleased to advertise your generosity both before and at the event, if desired.

In the past, the auction has included cottage rentals, a flight over Ottawa, design makeovers, spa experiences, an evening of wine tasting, getaway packages to the 1000 Islands and Prince Edward County, original paintings by local artists, lunches with politicians, gift certificates and vouchers for passes for the theatre or for concerts, Redblack football tickets, jewelry, books autographed by the author, 'One of a Kind' items, dinners at members' homes and much more.

If you have an item or an experience that you can donate, or think might be of interest but are not sure, please contact:

Lizz Wilfert –  
[cfuw.ottawa@bell.net](mailto:cfuw.ottawa@bell.net)

or

Barb Newbegin –  
[b.newbegin@rogers.com](mailto:b.newbegin@rogers.com)

Your generosity will be very  
much appreciated!

## The KAIROS Blanket Exercise



In conjunction with KAIROS, the CFUW-Ottawa Exploring Indigenous Education study and interest group is hosting a Blanket Exercise.

Friday, May 24 from 1 - 4pm  
at the Riverside Churches

The KAIROS Blanket Exercise program is a unique, participatory history lesson—developed in collaboration with Indigenous Elders, knowledge keepers and educators—that fosters truth, understanding, respect and reconciliation among Indigenous and non-Indigenous peoples.

A limited number of spaces are available to  
CFUW members.

Cost of the exercise is \$25. To register, email  
Martha Musgrove, [musgrom@hotmail.com](mailto:musgrom@hotmail.com).

Registration ends March 31, 2019.

## 2019 MUSICAL LUNCH & SILENT AUCTION



**Thursday, April 25th, 2019**

**Sold-Out Event Last Year!**

Silent Auction starting at 11:30 am

The Royal Ottawa Golf Club 1405 Aylmer Rd., Gatineau, Quebec  
Parking on site is free

**Tickets to the lunch: \$55 (includes tax and service)**  
**Tax receipts will be issued.**

Your ticket includes: Elegant Three-Course Lunch, Musical Performance and Door Prizes.

**Don't forget to bring cash and your cheque books for the Silent Auction**  
**Raffle – 10 tickets for \$5.00 (cash only)**  
**50/50 – 3 tickets for \$5.00 (cash only)**

The Fundraising event is sponsored by the CFUW-Ottawa Study and Interest Group—University Women Helping Afghan Women. Thanks to the members of this group for their generous donation of 2 raffle baskets. The proceeds from the meal will go towards the CFUW-Ottawa scholarships at Carleton University, the University of Ottawa and Algonquin College. The proceeds from the Silent Auction will support the scholarships for Afghan Women at the Gawharshad Institute of Higher Education in Kabul, Afghanistan.

Tickets can be bought at the General Meeting on April 1st or by contacting Elizabeth (Lizz) Wilfert at [cfuw.ottawa@bell.net](mailto:cfuw.ottawa@bell.net). All cheques are to be made payable to "UWHAW" and mailed to Elizabeth Wilfert, 308A - 62 Donald Street, Ottawa, ON K1K 1N2. Online registrations and payments are not available for this event.

Please advise Elizabeth Wilfert at [cfuw.ottawa@bell.net](mailto:cfuw.ottawa@bell.net) if you would like special seating arrangements or if you have any dietary issues.

Registration is open to all CFUW-Ottawa members and guests, both women and men. What a great opportunity to enjoy lunch at the Royal Ottawa Golf Club with your partner or a friend and at the same time help students at home and in Afghanistan!

## CFUW-Ottawa 2019 AGM & Lunch

Saturday, May 4, 2019

Registration 11:30 a.m.

Buffet lunch at noon

Cost **\$25**

Riverside United/Church of  
the Resurrection Anglican  
3191 Riverside Drive

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Buy your ticket at the  
April 1st General Meeting  
or register on-line at  
[www.cfuw-ottawa.org](http://www.cfuw-ottawa.org)

or by contacting  
Christine Rollo at  
(613) 727-3857

The cut-off date for buying  
tickets will be April 28th.

Registration is open to  
Members Only!

