



Canadian Federation of University Women – Ottawa

Capital Carillon

Cancellation of Meetings

CFUW-Ottawa's Board of Directors and Group Convenors are closely monitoring the unfolding situation around the spread of the novel coronavirus (COVID-19), following the updates from the World Health Organization as well as from the Governments of Canada and Ontario, and the Ottawa Public Health services. The safety of our members remains our top priority, so, after painful consideration, we have decided to cancel our events and activities until the danger has passed. Because of the challenges we face due to the COVID-19 virus, we believe this to be the best decision at this time. We well understand the disappointment to our CFUW-Ottawa community and ask for your patience as we navigate through these unprecedented times.

For individual Study & Interest Groups and External Outreach programs, you will be (or already have been) contacted by the Convenors of those meetings or outings.

CANCELLED

The following events are also cancelled:

- Friday, March 20: The Blanket Exercise
- Monday, April 6: Blood Services Talk and General Meeting
- Thursday, April 23: The Musical Lunch
- Saturday, May 2: The CFUW-Ottawa AGM

(see Meetings on next page)

PRESIDENT'S MESSAGE

HEATHER LEWIS

Many of you will be familiar with the curse, "May you live in interesting times." Well, these times are certainly interesting — and challenging. I saw a headline in a newspaper today: "THE GREAT SHUTDOWN." Our plans for the June 2020 CFUW National AGM in Ottawa have been shut down. (See page 5.) This decision is a disappointment to the Co-Chairs of the Local Arrangements Committee, Christine Rollo and Patricia Duffey, and their team who had prepared a stellar lineup of speakers, workshops, tours, etc. Nonetheless, we understand the wisdom of not bringing a large group of women across Canada to Ottawa in June of this year.

All of us, especially your CFUW-Ottawa Board, have been struggling to decide which other meetings should be cancelled or postponed. Our singing group, the MadriGals, will not be meeting again until September. That particular decision was not hard to make. It doesn't make sense for a group of mainly senior women to be performing at Seniors' Residences at present. For a couple of years we have been singing our own, custom madrigal. I thought you would like to see (if not hear) the latest verse composed by one of our altos, Catherine Smith:

*Now's NOT the time for singing,
No virus we'll be bringing
fa la la la la la....
Instead we'll wash our hands
As public health demands
Fa la la la la la la....
And all will understand!*

Very reluctantly, we have also had to cancel the April 6th General Meeting, postpone the Blanket Exercise, cancel the Musical Lunch and our own CFUW-Ottawa AGM on May 2nd. Ultimately the health of our members must trump everything else.

Therefore it's time for us to read books, walk in the fresh air, write letters, watch DVDs and Netflix. Do you know that on Google Arts and Culture you can make online visits to many of the world's famous museums?

This month I have discovered a new book, *Friendship*, by Lydia Denworth (New York: W.W. Norton and Co, 2020). It emphasizes that we should

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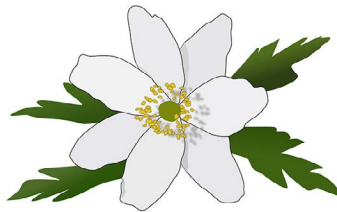
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prioritize our relationships. Friendship protects not only our bodies but also our minds.

With approximately 430 members in CFUW-Ottawa and numerous Interest and Outreach Groups and activities there are many opportunities to find one's peer group, make friends and build friendships. What an incredible gift that is! Please remember your friends while the great shutdown is going on; phone them,

email them, and reach out by social media, if that is one of your methods of communication. Right now, it is all too easy for people to become lonely, bored and depressed. The presence of the Coronavirus scare is enough in itself to stimulate anxiety. A friendly voice can make a big difference to the lives of others.

If you are on your own, please remember that you are not alone. Your friends care about you.



The **Capital Carillon** is published monthly from October to May, except for January. Suggestions and comments are always welcome. Please send all material for the next issue to Alison Hobbs, newsletter@cfuw-ottawa.org. Next issue: May 2020; deadline for submissions: April 15. Previous issues are archived on the Club website, at www.cfuw-ottawa.org.

In our May 2020 newsletter, it would be good to include stories of how CFUW-Ottawa members are coping with the extraordinary current situation. Has your Study and Interest Group or Outreach group found novel ways of connecting, in spite of the restrictions imposed upon everyone? Do you have happy memories of past events, old friends, or something special to look forward to, once the Covid-19 pandemic is over and life returns to normal? Do you have an inspiring or amusing story to share? If this suggestion sparks your imagination, please contact newsletter@cfuw-ottawa.org.

Meetings – continued

Those registered for the Blanket Exercise have been contacted and are having their monies reimbursed. For further questions, please contact Judith Neale Holtzhauer at judithneale@rogers.com

If you have paid to attend the Musical Lunch, please contact Alice Bolt at ianbolt@sympatico.ca

If you have paid to attend the AGM, please contact Christine Narraway at (613) 722-5046 or ev923@ncf.ca

Since our club is built on friendships and social interactions, we think it is important to remain in touch with one another by means of phone conversations or through social media.

Please remain safe and healthy and have a good summer in spite of everything!

Donations to the CFUW-Ottawa Scholarship Trust Fund

Donations in cash to the Scholarship Trust Fund may be made by cheque, payable to **CFUW-Ottawa — Scholarship Trust Fund**, PO Box 8392, Station T, Ottawa, ON, K1G 3H8, or via **Canada Helps** (www.canadahelps.org) — **The Canadian Federation of University Women/Ottawa Scholarship Trust Fund**. Official tax receipts will be issued for the amount donated.

Non-cash donations of securities

listed on a publicly traded stock exchange may also be donated. The official tax receipt will be for the fair market value of the donation on the date it was donated, thereby eliminating the capital gains tax.

For further information, and to confirm that the Scholarship Trust Fund is able to accept your donation, please contact Patricia Duffy, Chair of the CFUW Ottawa — Scholarship Trust Fund, at pmduffey22@gmail.com.

MARK YOUR CALENDARS!

April 15, Registration for the electronic CFUW-National AGM opens. See [page 5](#).

June 18, Electronic CFUW-National AGM (Business Meeting). See [page 5](#).

September 28, CFUW-Ottawa Season Opener, 7:30 p.m. at Jean Pigott Place, City Hall.



Scholarship Awards Evening

By Patricia Duffey

It was a wonderful musical evening. During our annual Scholarship Awards Celebration on March 2, at the Riverside Churches, the four recipients of awards in Music delighted CFUW-Ottawa members and guests with their performances. Family members of the award-winning students were part of the audience.

After the young singer-songwriter Marianne Keuleman had sung two of her own compositions, accompanying herself on the guitar, we were treated to a *Cantabile et Presto* for flute and piano by Georges Enesco played on the flute by Jenifir Thies-Thompson who studies at Carleton University and plays regularly in local ensembles; she was accompanied by Dr. James Wright. This was followed by a performance on the bassoon when Nadia Inglalls, presently in her 2nd year as an undergraduate at Ottawa University, played two of the *16 Waltzes for Solo Bassoon* by the

Brazilian composer Francisco Mignone. These pieces are popular among bassoonists, not many composers having written for solo bassoon. Nadia particularly enjoys playing them because they show off the range and the character of the instrument and are not composed in a typically classical style. Finally, Avery Morris, also studying at Ottawa University, performed four dance movements from Bach's *Partita No. 1 in B minor* for solo violin.

Joining the musicians were 15 additional scholarship winners with their families and friends. Carleton University's policy of matching funds allows the trustees of CFUW-Ottawa's Scholarship Trust Fund to present a record 31 scholarships this year, totaling \$78,000. The award winners were studying an impressive variety of subjects — Theatre, Neural Networks, various branches of Psychology, Criminal Law,

Interactive Media Design, Mechanical Engineering, International Development and Globalisation, Neuroscience and Mental Health, Women's and Gender Studies, Financial Mathematics, and so on. A few of them were mature students with young families. We were also pleased to award a new scholarship. The Susan B. Davies Scholarship in Nursing is given to an Indigenous Student in the Practical Nursing Program at Algonquin College and this was awarded to Amanda Lazore, currently in her 2nd year of studies.

CFUW-Ottawa members enjoyed chatting with the students and guests during the reception that followed the presentation of certificates. Many thanks to all the volunteers for organizing and catering for the event and to Lizz Wilfert for taking the photographs shown on this page. Pictures are currently on the Facebook page and will be added to the STF website shortly.



1. Scholarship award recipients
2. Awards presenter Patricia Duffey
3. Award winner Elizabeth Decker
4. Award winner Jennifer Thies-Thompson. Award donated by Hally Siddons, left.
5. Award winner Marianne Keuleman
6. Award winner Nadia Inglalls
7. Award winner Avery Morris
8. Award winner Neecha Klee

Photos by E. Wilfert

IN MEMORIAM: Patricia (Pat) Richardson, 1931-2020

CFUW members Patricia (Pat) Richardson and Doris Jelly, who both grew up in Brockville, belonged to a group of four friends from high school who met regularly throughout their lives. Something that Pat enjoyed for successive years was the week spent with Doris at a cottage.

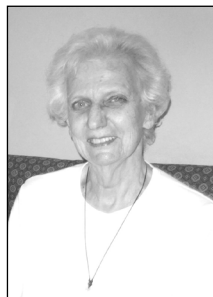
Pat worked for Bell Canada in Montreal and then for the Federal Government in Ottawa. She had a B.A. from Queen's and an M.Ed. from Ottawa University. She was a member of Heritage Ottawa as well as being a devoted member of CFUW-Ottawa. She was a well-liked member of the Sunday Brunch Group for a



Pat Richardson with her friend, Doris Jelly

In the February issue of the *Capital Carillon* we announced the death of CFUW-Ottawa member Barbara Coleman on December 25, 2019. A memorial service for Barbara is planned for Saturday May 16 at Christ Church, 3861 Old Richmond Road, starting at 11 a.m.

long time. She volunteered on the Registration Team for the 2010 CFUW National AGM hosted by CFUW-Ottawa



and was helpful and efficient in that role. Anne Perdue was another friend of Pat's, regularly playing bridge with her.

As a fan of summer music festivals, Pat attended concerts at the Ottawa Jazz Festival with Mary Butterill for several years, who remembers what good company she was. Pat enjoyed NAC theatre productions and attended classes in Carleton's Learning in Retirement program. Her CFUW interests this year included the Tuesday Dining Out group and the National Gallery group.

Pat's health had not been good for some time, but she attended the Holiday Party in early December 2019. The cancer that was diagnosed quite recently progressed rapidly during January and February. She died on February 19th at the Elizabeth Bruyère Centre.



“Femmes Remarquables”

A new bilingual website, honouring Ottawa's women of distinction, was launched on International Women's Day, 2020, to acknowledge and document the contributions of local women who have enhanced Ottawa's reputation and quality of life.

Femmes Remarquables Ottawa Distinguished Women

is a collaborative volunteer initiative from community leaders of various cultural communities and backgrounds wishing to record the achievements of those exceptional women in Ottawa who epitomize Canadian values — inclusivity, integrity, and a passion for making a positive impact through selflessness and dedication. They are role models and beacons, reflecting the best in us all.

It is hoped that this unique website will inspire young women, will reflect Ottawa's rich diversity and promote local organizations that recognize the positive value and impact of such women to our city, to our nation and globally.

Dorothy Phillips and Hally Siddons have been recognized and honoured as Community Pillars on this website. Click on their names to read of their outstanding service and achievements. The late Ann Denis, a much loved CFUW-Ottawa member, is also recognized here as someone who made a lifelong contribution to the city of Ottawa.

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Virtual National AGM in June

Message from Grace Hollett, CFUW President, to all CFUW Members

In view of the COVID-19 pandemic, the CFUW National Board [...] decided to change the format of the 2020 AGM to a virtual AGM instead of the planned in-person AGM and Conference scheduled for Ottawa in June. The health and welfare of the membership is the foremost reason for this decision.

This decision was not taken lightly and it with much regret that we found it necessary to put into effect the contingency planning that Robin Jackson, CFUW Executive Director, and I had been doing over the past two weeks in consultation with Board members and other CFUW leaders.

We are particularly appreciative of the work done by the Local Arrangements Committee (LAC) of CFUW Ottawa, of Co-Chairs Christine Rollo and Patricia Duffey, Club President Heather Lewis and other members of the LAC. Immediately after the Board meeting we met with the LAC and discussed the situation and future plans.

In 2018 we held our first virtual AGM and we are well into planning a similar experience this year. [...] Some of the workshops planned for the Ottawa AGM will be offered as webinars to [all members who wish to participate].

Diplomatic Hospitality

On February 28th the Diplomatic Hospitality Group had a private tour of Rideau Hall, including the Tent Room and the delightful greenhouse.

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100 years

Extract from CFUW National's Press Release for International Women's Day

Over the last 100 years the Canadian Federation of University Women has been advancing women's rights and promoting equal access to education. Each year CFUW and its Clubs collectively award over \$1 million dollars to exceptional and inspiring women to help them pursue post-secondary studies. CFUW's Fellowship and Award winners have produced work in a variety of academic areas, including international humanitarian efforts, feminist and gender analysis, advanced science, medicine, social justice and human rights for women and girls. The Fellowships and Awards program is an integral part of CFUW's work.

Gatineau Trails

By Nancy Stevenson and Joan Tyler

With some recent new additions, we have just reached a membership total of 100 and we are always open to new members. At our best attended hike in 2019, 56 of us were present. There is no obligation to come on our Tuesday outings, but we have a very consistent turnout even when the weather is less than ideal. Some of us hike, bike and ski, while others may simply hike or just receive the weekly photoblog from Karen Shigeishi-Waite. (All the pictures shown here come from that blog, contributed by various group members.)



During the off-season, the activity might be an urban walk or a walk to an interesting destination. At least two options for each outing are provided, for different skill levels. We send out an e-mail on Sunday to let our members know which trails we'll take, and we usually meet at a cabin for a potluck lunch after the hike or ski, a great opportunity for camaraderie and making long-term friends. Nothing tastes as good as that melted cheese sandwich on the wood stove in Huron Cabin. Just before Christmas we had a singalong,



with accompanying instruments carried in backpacks.

We have three active members turning 80 this year and one who has passed that marker; they climb the hills and do the descents without a moment's hesitation. Around 35 of our members ski, from beginners to the more advanced. This winter some of the group took skiing lessons from Sue Holloway and learned that you *can* teach an old dog new tricks!

A highlight of our year is the September Bike Trip when we head off to a chosen destination (last year it was Oka) for four wonderful days of mainly cycling with some hiking, swimming and exploring the local crafts, history, culture, architecture. This coming September



we'll be at Tremblant, staying at the Domaine St Bernard. It is always a great way to get to know each other well, in a lovely setting. Intermittent group activities also include an overnight cross-country ski to one of the cabins in Gatineau Park. This winter's overnight adventure was on February 11, when 16 fearless skiers slept in a newly renovated cabin close to Lac Philippe. The theme was

Polynesian and prizes were given out for the best costume and best sunglasses. There are already rumblings about what next year's theme could be.



This is a determined group of women who love to be out in nature and enjoy the fresh air and therapeutic exercise. We offer different levels of difficulty in our plans so that everyone can participate. Krigen Henein makes plans for the "Masters' Group" each week, offering a moderate level of skiing, accessible to all. Group membership costs \$7 for the year. For cross country skiing, you do need a pass for Gatineau Park, but there is no extra cost for the cycling or hiking.

CONVENORS OF THE MONTH: Nancy Stevenson and Joan Tyler

Nancy Stevenson

"I retired from teaching for OCDSB in 2010, having taught primary and ESL grades 1-8. I had been hearing about CFUW and the Gatineau Trails Group from my friend Judy Richardson, so that fall I attended the season opener, joined the CFUW, and Gatineau Trails activities on Tuesdays became a highlight of my week. Karen Shigeishi-Waite asked me to co-ordinate the group this year. Karen is a persuasive person—beware!—but I also feel privileged to give back a portion of what I have so gratefully received. It has been a challenge and a joy. Joan Tyler and I like to plan and laugh together. I have also joined UWHAW, which continues to be a passionate interest of mine as we seek to support young women in Afghanistan through educational scholarships. More recently I have been participating in the Gallery visits that bring the artwork to life. In each of these groups, I have met amazing women who inspire me in different ways and enrich my life."

Joan Tyler

"I retired in 2016 and moved to Ottawa from a small town in Renfrew County. In the fall, while sitting in a hot tub at Mt. Tremblant, a friendly stranger—it



Nancy and Joan, photo by A. Bolt

was Dierdre Abernethy—hearing that I was new to Ottawa, encouraged me to join the CFUW. I looked up the CFUW website and as soon as I read of CFUW's mission to promote equality, social justice, fellowship and life-long learning for women, I wanted to become involved. In March, 2018, I played Sir John A. MacDonald's wife (Heather Lewis' husband played John A.) in a performance by CFUW members celebrating International Women's Day. During the intermission, I was asked to take on the role of VP Operations on the CFUW-Ottawa Board, which I accepted. This keeps me abreast of the club's activities, and doesn't require too many computer skills. At the CFUW Season's Opener in 2018, because of my interest in outdoor activities, I was encouraged to join Gatineau Trails, the most welcoming group I have ever met. When the convenors were looking for someone to replace them in the spring of 2019, I was happy to help out. Nancy and I have been the group's co-convenors since last September, a most enjoyable partnership."



2.9 Billion Wild Birds Lost: What Can We Do?

In March, Catherine Smith reported to CFUW-Ottawa's **Climate Change and Biodiversity** study and interest group that, since 1970, an estimated net loss of almost three billion wild birds has been detected in North America. Catherine explained how this figure was reached, giving reasons for the birds' disappearance and, just as importantly, describing what could be done to try to reverse this shocking trend.



Scientific censuses and surveys have been bolstered by concerned citizens, who often assist with bird counts. Additional data have been generated by NEXRAD weather observation equipment that can track birds' migration routes and the size of migrating flocks.

What has happened?

Even common backyard species such as blackbirds, sparrows and warblers are in serious decline. However, it was interesting to hear that the number of surviving raptors and waterfowl in North America has actually *increased*, probably due to the banning of DDT in the 1970s (benefitting raptors) and more stringent duck hunting and conservation regulations in wetlands. Grassland species, on the other hand, are still in sharp decline and shorebirds and forest-dwelling species have also been very hard hit, mostly because of pesticide applications destroying their food supply and deforestation destroying their habitat. Climate change can

also affect birds' migration patterns and breeding seasons detrimentally, interfering with the crucial balance in our ecosystems. Indeed, birds are a sensitive indicator of the overall health of our ecosystems and we should therefore pay careful attention to the difficulties they are experiencing.



Wikimedia: *Dead Bird*, by Paul Sandby

So what can be done?

Where there's a will, there's a way. Obviously, decision makers should bring in regulations to curtail deforestation, move away from single crop agriculture and reduce the use of pesticides. As individuals, we too can change the way we think, in particular about our homes and gardens:

- We can make our windows safer for wild birds (*see below*).
- We should keep pet cats indoors or confine them within outdoor "catios".
- We should grow native species of plants at different heights that span a range of blooming seasons and let them "go wild" in our backyards. Today's ideal garden no longer includes manicured lawns!
- We must try to keep plastic from reaching earth's waterways and oceans.

- We should choose shade-grown coffee to drink; this greatly benefits rainforest species.
- We could participate in some Citizen Science, helping with bird counts.

The website for Ottawa's [Fletcher Wildlife Garden](#) is a resource worth exploring. Also see the [City of Ottawa's guidelines](#) for the protection of wild birds.

Safer windows

Josée Emmerson of the Ottawa organization [Safe Wings](#) also spoke at the meeting, giving advice on how to prevent our vulnerable wild birds from crashing into windows. The statistics are upsetting. Every year, in Ottawa alone, around 250,000 birds from over 100 species die by colliding into glass. Houseplants that they see behind the glass attract them, as do the reflections of trees, or nearby bird feeders. 80% of birds that fly into glass do not survive; even though they may recover enough to fly away, they are likely to die within a week of their injuries, and birds of prey or animals will often seize upon injured birds while they are still alive.

Hawk decals on windows are not an effective deterrent. In order to better protect the birds we can attach customized marking tape to the outside of our windows or we can hang paracord threads (wind curtains) in front of them. For further recommendations, click [here](#). If we witness a bird flying into glass, we should call [Safe Wings](#) on 613-216-8999.

Dr. Lauryn Oates Speaks to UWHAW

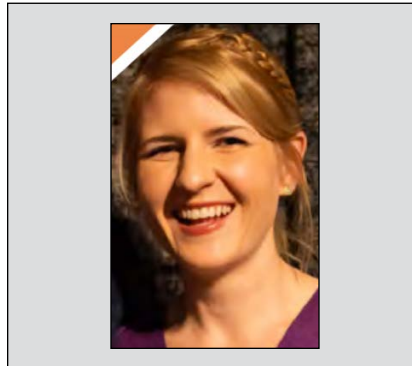
By Hally Siddons

University Women Helping Afghan Women (UWHAW) recently welcomed Dr. Lauryn Oates, who advocates for women's education in conflict zones. Lauryn is the Executive Director of Canadian Women for Women in Afghanistan (CW4WAfghan).

As CW4WAfghan continues its remarkable work towards ending women's oppression, and providing opportunities for Afghan women to live their lives with dignity, certainty and purpose, education is the lynchpin, said Lauryn. CW4WAfghan's support of education in Afghanistan (see cw4wafghan.ca) includes a digital library in local languages for teachers and students, the adult literacy program *Afghanistan Reads*, teacher education, a girls' school, scholarships, and, in Canada, the fundraising initiative *Breaking Bread*.

Concerns about the Taliban

Turning to recent events, Lauryn shared her concerns about moves toward a peace agreement in Afghanistan. Can the Taliban be trusted? The citizens of Afghanistan must be represented in any agreement; in survey after survey, people have said they do not want to live under the authoritarian and violent rule of the Taliban. President Ghani is afraid the Taliban could use the peace agreement as a Trojan horse to overthrow the Government, a fear shared by many. After some 18 months of deliberations, there has been very little consultation between the Taliban and the Afghan government. Nonetheless, Afghanistan has an elected government and parliamentary democracy that the



Dr. Lauryn Oates

Taliban cannot circumvent. Instead, they must engage democratically in a fair and transparent process to reach a permanent and lasting peace.

What is the Taliban's stance regarding women? They wish to circumvent legitimate institutions developed after the last Taliban administration was overthrown and to revise the current Constitution which provides for women's equal rights. They have been all too vague about such rights, including the right to education, which they claim should be "according to Islam". How might such a term be defined, interpreted and enforced, given the multitude of Islamic interpretations? Does it mean, for instance, that girls go to school only until the third grade and have only religious instruction?

Despite the Taliban's claims that they have changed their ways, they have shown little commitment in practice, continuing to force the closure of girls schools, for example, and committing atrocities such as the recent stoning of a woman in Ghor province. In addition, the Taliban is very fragmented and decentralized, with little history of its followers in the field heeding what their "leaders" say.

The likelihood of progress

Lauryn reminded us that the women of Afghanistan, however, have changed. They have expressed clearly what their "red lines" are, and that there is no going back. During her many trips to Afghanistan she has witnessed this at first hand. Lauryn envisages international, Canadian, American and Afghan coalitions working together to rigorously advocate the protection of women's rights. Progress will take time. The end of Taliban rule and beginning of the American presence in Afghanistan began in 2001, but, as American journalist Peter Bergen wrote recently, 18 years is a short timeframe. In comparison, 70 years after the Korean War, the US still has around 25,000 military personnel stationed in South Korea.

The A Team

Lauryn invited us to join CW4WAfghan's Advocacy Team, the "A-Team", that works to take the concerns of Afghan women to international platforms, seeking to influence policy and decision making such that it protects rather than undermines the progress women have made in the past two decades. If you would like to participate, please contact info@cw4wafghan.ca.

For further reading, see:

- [UWHAW's Facebook pages](#)
- [A recent op-ed in the Globe and mail written by Sally Armstrong](#)
- [An International Women's Day statement on the CW4WA website](#)

University Women Helping Afghan Women Ask for Your Support

By Lizz Wilfert

Dear Friends,

As you know by now, COVID-19 has caused many events to be cancelled. One such event is this year's Musical Lunch. Planned annually by the University Women Helping Afghan Women (UWHAW) Outreach Group, this is a major fundraiser not only for our Canadian scholarship program but also for our Afghan scholarship program.

Without the monies raised at the Musical Lunch for 2020, our Afghan women's scholarship program at the Gawharshad University in Kabul is in serious jeopardy; in order to fund this program, the UWHAW group relies solely on its Silent Auctions, Raffle Draws and some donations.

**Donations
are greatly
Appreciated!**

for the musical performance) was **\$6669.15**. In other words, the STF received **\$20.28** per person attending, while UWHAW received **\$46.96** per attendee.

If you are able to donate the value of what would have been the purchase price for this year's Musical Lunch of **\$55**, the Afghan program can use the cost of your meal (\$35) to help an Afghan girl improve her life through



Some of the students at Gawharshad University whom we support

We are kindly asking for your help!

Last year we sold 142 tickets to the Musical Lunch, and the disposition of funds to the Scholarship Trust Fund (STF) was **\$2880.00**. The funds raised by UWHAW by means of the silent auction, raffle, 50/50 draw, and donations to UWHAW (after paying

education, and you will furthermore receive a \$20 tax receipt for a donation of \$20 to our Canadian (STF) program. We would of course be thrilled if you would be willing to donate more than \$55, because we cannot possibly reach the amounts we raised in the past few years.

We are monitoring the COVID-19 situation daily, and feel it is too early to cancel the *Dinner for Hope* in June as well. With luck, we feel the strong measures taken around the world and in Canada may allow us to continue with that worthwhile fundraiser.

We are still collecting silent auction items and experiences. If you can offer something, we would greatly appreciate it. Please understand that, if we need to cancel the *Dinner for Hope*, these items and experiences may be used in a future fundraiser for our UWHAW scholarship program. Your support and financial assistance will ensure Afghan Women succeed in building a better life for themselves.

**THEY NEED US NOW MORE
THAN EVER!**

Thank you.

If you are willing to donate money, please contact:

■ Alice Bolt
1531 Caton Street,
Ottawa, ON, K1H 6J3
613-731-5221
ianbolt@sympatico.ca

If you have items or experiences to donate for future auctions, please contact one of the following:

■ Lizz Wilfert
cfuw.ottawa@bell.net
■ Barb Newbegin
b.newbegin@rogers.com
■ Lorna Bickerton
lorna.bickerton@yahoo.com
■ Ann Lieff
aplieff@rogers.com