

CFJW OTTAWA – STUDY & INTEREST AND EXTERNAL OUTREACH GROUPS: 2022-2023

Status: Z= zoom/online M= Zoom and In Person IP= In Person NOTE: some groups have various dates

		WEEK 1	WEEK 2	WEEK 3	WEEK 4
				DHG French Conversation (10am) M	
MON	Day	DHG French Conversation (10am) M		Spanish Conversation (1:30-3:30 pm) IP	Urban Walks (10am) IP
				Environment Action (1:30-3 pm) M	Gardening (2-4pm Mar-Oct) M
				Canadiana (1pm) IP	
	Eve			Hocus Phocus (Digital Photography)(7-9pm) M	Writers' Workshop (7:15pm) Z
TUES	Day	Gatineau Trails Outdoor (9:45am) IP	Gatineau Trails Outdoor (9:45am) IP	Gatineau Trails Outdoor (9:45am) IP	Gatineau Trails Outdoor (9:45am) IP
		Mah-Jong (12:30pm) IP	Mah-Jong (12:30pm) IP	Mah-Jong (12:30pm) IP	Mah-Jong (12:30pm) IP
		Music Appreciation (1-3pm) M	Book Club I (1pm) Z	Lunch and Chat (12pm) M	
			Book Club II (1pm or 11am if Zoom) M		
			Book Club V (1pm or 2 if Zoom) M		
	Eve	French Conversation (7-9) M	Historical Fiction (6:30pm) M	Book Club III (7:00pm) M	
				Book Club VI (7:15pm) M	
WED	Day	MadriGals Choir (9:30-11am) IP	MadriGals Choir (9:30-11am) Z	MadriGals Choir (9:30-11am) Z	MadriGals Choir (9:30-11am) Z
		Social Duplicate Bridge(12:30-3:30pm) IP	Social Duplicate Bridge (12:30-3:30pm) IP	Social Duplicate Bridge (12:30-3:30pm) IP	National Gallery (11am) IP
		Modern Board Games (1-4pm) IP		Crime Fiction Book Club (1:00pm) M	
		Historical Study (1-3pm) M	Women with Hammers (10am-12pm) M		
	Eve	Easy Gourmet (5:30 pm) M	Dining Out (6:00pm) IP		Supper Club (evening) IP
		International Cuisine I (evening) IP			
		International Cuisine II (evening) IP		Bilingual Well-Being Writing 7-8:30pm Z	
Ottawa Little Theatre (once a month, evening) TBA					
THURS	Day	Bilingual Well-Being Writing 10:30 am Z	Book Club IV (1pm) M		Tea, Tales & Treasures (1:30pm) IP
		UWHAW (1pm) M			Travel Group (1pm) M
		DHG German Conversation (10am) M	DHG German Conversation (10am) M	DHG German Conversation (10am) M	DHG German Conversation (10am) M
	Eve		Wine & Spirits (4-6 pm) IP	Book Club VII-La Liberati (7pm) M	
FRI	Day	Downhill Skiing (Jan-Mar, morn.) IP	Downhill Skiing (Jan-Mar, morn.) IP	Downhill Skiing (Jan-Mar, morn.) IP	Downhill Skiing (Jan-Mar, morn.) IP
					Exploring Indigenous Education TBA
	Eve		Bridge Couples Duplicate (Sept-Jun) TBA		
SAT	Day	Snowshoeing in the Wild (10am) IP	Snowshoeing in the Wild (10am) IP	Snowshoeing in the Wild (10am) IP	Snowshoeing in the Wild (10am) IP
	Eve			Couples Gourmet (evening) M	
SUN	Day	Sunday Brunch (11:30am) IP			
	Eve				
Various Dates		Diplomatic Hospitality M , HIPPY M , Focus on GWI M		Movie Club M	
NOTES:		Regular weekly activities are also held on months with Week 5		Outdoor activities occur as weather permits.	