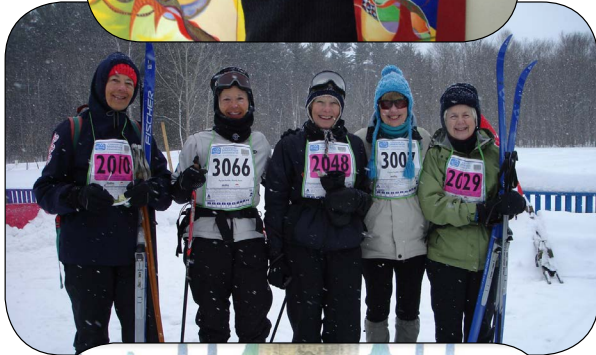


**Join us!**



**Top:** Arlene Harrison, **photo by:** Nicola Henry  
**Middle:** Ottawa Ski Marathon  
**Bottom:** Sisters in Spirit, **photo by:** Cam Mackie

Our popular **Diplomatic Hospitality Group (DHG)** offers our members a variety of activities and events designed to introduce diplomatic community spouses to Canadian culture and traditions.

Our **University Women Helping Afghan Women (UWHAW)** group collaborates with other CFUW clubs and the public to raise awareness of the needs of Afghan women and children and funds to support their education.

## MEMBERSHIP INFORMATION

### CFUW-Ottawa

Welcomes all women who share our vision.

A university degree is not required

#### HOW TO CONTACT US:

1. [cfuw-ottawa@cfuw-ottawa.org](mailto:cfuw-ottawa@cfuw-ottawa.org)
2. [membership@cfuw-ottawa.org](mailto:membership@cfuw-ottawa.org)
3. [www.cfuw-ottawa.org](http://www.cfuw-ottawa.org)
4. Telephone 613 824 1321

#### HOW TO JOIN US:

1. Join online at our website: [www.cfuw-ottawa.org](http://www.cfuw-ottawa.org)
2. Come to our annual Season Opener to meet our members, register in person, and decide which groups and activities to join.

Annual Membership Dues. . . . . \$115

Student Membership. . . . . \$50



**Canadian Federation  
of  
University Women  
OTTAWA**

### **WE ARE**

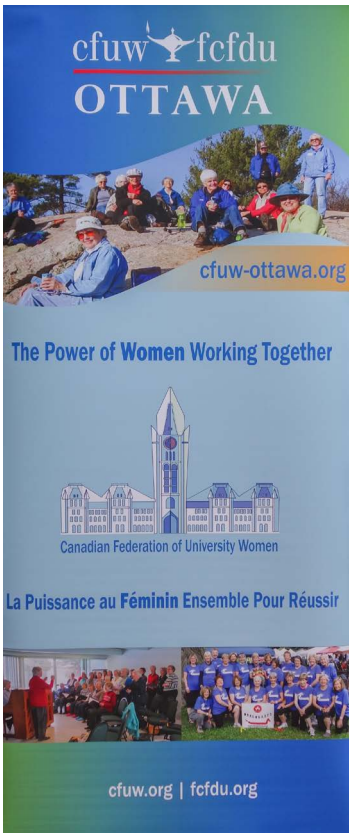
A group of almost 500 women who enjoy over 40 study and interest groups such as bridge, skiing, hiking, writing, book club meetings, gourmet cooking, social dining, theatre and arts groups, and various outings.

We work on local, national, and international advocacy and projects that promote education and human rights for women and children. We raise scholarship funds for women here in Canada and in Afghanistan.

We welcome women who share our vision. Our membership is not restricted to university graduates.

**COME JOIN US!**

## WHO WE ARE



Founded in 1910 as the University Women's Club of Ottawa, we are a member-funded, non-profit, non-partisan club of almost 500 women; one of over 100 CFUW clubs across Canada. CFUW is a member of Graduate

Women International, with national affiliates and members over 100 countries.

## OUR MISSION

- To promote quality education
- To improve the status of women and girls
- To participate in public affairs
- All in an atmosphere of cooperation and friendship



The Dragonauts, **photo by:** Paul Jean

## CFUW-Ottawa Activities

- Community and international projects and advocacy to support social justice, education and improve the lives of girls and women, locally, nationally and internationally
- Monthly general meetings with outstanding guest speakers.
- Over 40 study and interest groups with activities ranging from gourmet cuisine, hiking, theatre, bridge, music, history, dining out, environmental issues, and many others.
- Fundraising to support our Scholarship Trust Fund, including golf, bridge and luncheon events.

## Club Projects

HIPPY (Home Instruction for Parents of Pre-School Youngsters)

University Women Helping Afghan Women (UWHAW)

Dragonauts Dragon Boat Team

## Service Groups

Diplomatic Hospitality

Madri-gals Choir

## Issues Groups

Education

Legislation/ Other

Status of Women & Human Rights

Environmental Toxins & Health

## The CFUW-Ottawa Scholarship Trust Fund

CFUW-Ottawa offers over 20 scholarships awarded to students at the University of Ottawa, Carleton University and Algonquin College. In 2015-2016 our scholarships totaled almost \$30,000. Donations to the Scholarship Trust receive receipts for tax purposes. Fundraising includes a variety of social events.

## CFUW-Ottawa's Speaker Series and Business Meetings

Club General Meetings are the first Monday of the month, from October to May (except for December). Please join us to hear our distinguished speaker before the meeting. See our website at [www.cfuw-ottawa.org](http://www.cfuw-ottawa.org) for information about dates and topics.



Easy Gourmet Cooks, **photo by:** Ann Flynn