



Canadian Federation of University Women – Ottawa

Capital Carillon

January General Meeting

DATE: Monday, January 8, 2018
TIME: 1:00 p.m. for the meeting
PLACE: Riverside United Church/
 Anglican Church of the
 Resurrection,
 3191 Riverside Drive,
 Ottawa, ON K1V 8N8
SPEAKER: Michelle Valberg, Professional
 Photographer, Renowned
 Explorer, Adventurer and
 Wildlife Photographer
 Extraordinaire
TOPIC: **Creativity in Motion**

Please join us at 12 noon for a pre-meeting light lunch. There is no charge for the meeting, but we will charge \$10.00 (paid at the door) for lunch.

Register for lunch by December 31, 2017:

- Online by E-mail to Lorna Bickerton at lorna.bickerton@yahoo.ca
- By telephoning Lorna Bickerton at (613) 592-3821
- At the Holiday Party on December 3rd



Photo by Michelle Valberg
 Gallery/Studio

Michelle Valberg has been telling stories with her camera for more than thirty years and is well known in Ottawa. Although she has traveled from Africa to the Caribbean in search of adventure, she is particularly celebrated for her passion for Canada and the Arctic. Michelle was recently featured as a Distinctive Women, one of Canada's empowered women making a difference.

Michelle is known for her unique ability to make relatable images of un-

(see **Meeting** on next page)

PRESIDENT'S MESSAGE

CHARLOTTE RIGBY

Winter has arrived, and we are looking forward to some great events. First up is our traditional annual Holiday Party on Sunday Dec. 3. Last year it was sold out, so be sure to register soon (online or by phone to Ruth Willison at 613-523-4702.) And you'll want to make a note right now to attend our winter daytime General Meetings and hear terrific guest speakers: arctic explorer and photographer Michelle Valberg on Jan. 6 and Catherine Howard of the Canadian Arthritis Society on Feb. 5. Don't forget our March 5 "Scholarship Winners" night, or our afternoon International Women's Day celebration "Drama and Dessert" on Saturday March 10. See the following pages for information and details on these and more events.

On the national level, the relationship between CFUW and GWI continues to be difficult, with critical financial concerns still unresolved. You will remember CFUW's national electronic vote on October 19 on the motion "*GWI proposes to amend the 2016 dues increase motion to a single increase of 6 CHF for CFUW, approximately \$8.40 CDN that would take CFUW per capita dues from \$21.70 to \$30.10. This is approximately \$70,249 extra per year for CFUW. Do you support that motion to amend?*" Our club voted in support. The CFUW motion was approved with 56% support on Oct. 19. The purpose of that vote was to instruct CFUW delegates to the GWI General Assembly how to vote

on the GWI proposal in an electronic vote on Oct. 23-24. Legal advice has confirmed that the CFUW vote and procedures was in order.

However, the GWI vote of Oct. 23-24, in which 97% of the GWI voting body approved the increase has been challenged. Legal opinion obtained by CFUW is that the procedure and conclusions of this motion were invalid.

At the time of writing (mid-November) there has been no resolution of this issue. Some of our members have expressed concern about CFUW's own financial health; others point out that we are obliged to respect decisions made

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imaginable landscapes. She finds art in all of nature's most intimate moments. "The world around us mirrors what we see in ourselves," she says, "including our beauty, our simplicity, our complications and our responsibilities. Nature is a part of and reflects who we are."

A Canadian Nikon Ambassador, Michelle has exhibited her works internationally. In 2011, her work was the subject of a critically acclaimed, three month solo exhibition at the Canadian Museum of Nature. Her images are also seen on the tail wings of three First Air aircrafts, while her photo of a polar bear graces the cover of the Canadian Geographic Atlas of Canada. In celebration of Canada's 150th birthday, her iconic image of a Nunavut drum dancer appears on a coin, as part of a special series from the Royal Canadian Mint.

In 2009, Michele founded Project North, a not-for-profit organization committed to delivering education and sport-based opportunities to youth in Canada's Arctic. Since its inception, \$1,000,000 in new sports equipment has been delivered to more than 26 Inuit communities.

Capital Carillon is published monthly from October to May, except for January.

Please send all material for the next issue to Gail Tyerman at tyermag@rogers.com

Suggestions and comments always welcome

Next issue: **February 2018**
Deadline: **January 15, 2018**

Previous issues are located on the Club website at www.cfuw-ottawa.org.

Michelle was named the first Canadian Geographic Photographer-in-Residence and she has self-published four books: *Look Beyond ... The Faces & Stories of People Living with HIV/AIDS*; *Dare to Dream...A Celebration of Canadian Women*; *Arctic Kaleidoscope...The People, Wildlife and Ever-Changing Landscape*, and her children's book, *Ben & Nuki Discover Polar Bears*.

Her latest book, *Colouring Canada with Canadian Geographic*, is a greyscale colouring experience and it is available on magazine stands across Canada.

Michelle is a Fellow of the Royal Canadian Geographic Society, the first Canadian Geographic Photographer-in-Residence and an International Fellow of the Explorer's Club in New York City.

Please join us on January 8th at 1:00 p.m. to hear Michelle Valberg speak about Creativity in Motion.

CFUW-Ottawa General Meetings are open to the public. Feel free to invite your family, friends, and neighbours.

**President's Message** – continued

by democratic processes. Discussion is active and ongoing; survival of both organizations may be at stake. I encourage you to subscribe to CFUW National's Club Action Newsletter at www.cfuw.org and follow the discussions. We will make every effort to keep you informed.

CFUW-Ottawa's financial situation is not currently in question. We will continue to watch our expenses and support our activities responsibly, and will not propose any increase in our club's fees until we have complete information about what the demands will be. If an increase in our fees is proposed, written notice must be given to the membership at least 30 days prior to our Annual General Meeting.

On November 15, our CFUW-Ottawa Issues group submitted an "Intent to Submit a Resolution for AGM 2018" on *Increased Affordable Housing for Seniors* to the CFUW National Resolutions Committee for presentation at AGM 2018. We invite you to contact VP Liaison Heather Lewis to join the development and review process for this very important policy resolution. We look forward to these and other discussions on building a healthy future for CFUW and our work for the education and well-being of women and girls in Canada and around the world.

Lastly, I'm pleased to note that several long-term members have contacted Natalie Lam, our Secretary. We will be looking to honour them in the New Year. If you are or if you know of members with 40 or more years of membership, kindly let Natalie know.

Exploring Indigenous Education



CFUW-Ottawa member Elaine Grimsey (left) spoke to the Exploring Indigenous Education external outreach group recently, recounting her years of experience teaching in the sub-Arctic region of Quebec. Elaine and EIE Coconvenor Patricia Bays are in front of a display showing scenes from Kuujuuaac. Photo: Catherine Mills.

Congratulations to Lois Siegel

Baseball Girls

Filmed and Directed by Lois Siegel, 1995

This feature documentary uses animation, archival stills and live-action footage to detail the history of women’s participation in the largely male-dominated world of baseball and softball. Zany and affectionate, it features 7-year-olds learning the rules and skills of the game and 50-year-olds hitting home runs, from the early days of the Bloomer Girls to the heyday of the Colorado Silver Bullets.



In October 2017, the National Film Board of Canada listed “Baseball Girls” as #1 on: The 10 Best Films of the 1990s playlist on YouTube. The National Film Board also chose it to be aired on Air Canada for three months in 2017.

Editor’s Note: We are always pleased to celebrate members’ successes and publications both in the *Carillon* and on the club web-site. Please let us know!

CFUW-Ottawa Scholarship Trust Fund

Statement of Financial Position as at May 31, 2017	
Assets	
Cash	\$ 30,171
Investments	\$ 540,390
Total Assets	\$ 570,561
Liabilities	
Accounts Payable & Accrued Liabilities	\$ 1,752
Total Liabilities	\$ 1,752
Net Assets	\$ 568,809

Statement of Operations & Net Assets as at May 31, 2017	
Revenue	
Donations:	
Tax receipted	\$ 24,834
Non tax receipted	\$ 7,160
CFUW-Ottawa	\$ 2,000
Interest	\$ 10,935
Total Revenue	\$ 44,929
Expenses	
Scholarships & Awards:	
Carleton University	\$ 15,000
University of Ottawa	\$ 15,000
Algonquin College	\$ 1,050
Carleton University Endowment Fund	\$ 25,000
Ottawa Little Theatre	\$ 500
CFUW National	\$ 1,000
General & Administrative	\$ 2,998
Total Expenses	\$ 60,548
Net Assets at May 31, 2016	\$ 584,428
Excess of Revenue over Expenses	\$ 15,619
Net Assets at May 31, 2017	\$ 568,809

Janet Riehm
Treasurer, Scholarship Trust Fund

THE LONG MARCH

The Canadian Armed Forces is taking serious action to increase the number of women serving in the military and have committed to specific protection needs of women and girls in conflict and the application of a gender perspective in



post-conflict processes. The new Canadian military action plan seeks to increase female representation in all decision-making levels with an absolute overall growth of one per cent a year from the current 15 per cent to 25 per cent in the next 10 years. Canada is already a leader in this area when compared with the NATO average of 11 per cent.

According to Brigadier-General Lise Bourgon, CD, our speaker at the November General Meeting, it has been a slow climb with many steps: the adoption of the Canadian Human Rights Act (1970); the Status of Women Commission Report (1976); the Canadian Employment Equity Act (1996); adoption of the UN Security Council Resolution 1325 (2000); the Canadian National Action Plan to implement UNSCR 1325 (2010); the Canadian Defence Staff Directive to integrate UNSCR 1325 into Canadian Forces Planning and Operations (2016); the establishment of positions of a Champion for Gender-Based Analysis, a Gender Advisor and capacity building within the armed forces (2017).

The forces have adopted the

government-wide requirement for a Gender-Based Analysis and are including a Plus, essentially diversity, in an effort to reflect Canadian society as a whole within their organization.

Brigadier-General Bourgon, the first female Sea King helicopter pilot, among her other achievements, said the move to integrate more women will not mean a reduction or change in standards. There will be no accelerated promotions or appointments. Everyone will have to meet the same requirements, pre-requisites, and experience. She underlined that there are many attractions to joining the military: training, pay, benefits, career progression, employment and leadership opportunities are the same for all genders.

Attracting women to serve in the Canadian Forces will require assurances they will not be subject to sexual harassment and they will be able to balance family and work requirements, particularly when in the field

or at sea. Recruitment efforts need to begin in secondary school so girls will consider a career in the military. Girls should be encouraged to take science, technology, engineering and mathematics, areas of study that are important in the military. Women with skills in these areas will result in a greater balance within the military occupations. Women currently represent nearly 50 per cent of the medical and dental services and 34 per cent are in support roles.

On the international front, Canada is taking important steps to introduce the provisions of UNSCR 1325 into all its planning and operations. UNSCR 1325 on women, peace and security has long been advocated for by CFUW and IFUW. It reaffirms the important role women play in the prevention and resolution of conflicts, peace negotiations, peacebuilding, peacekeeping, and post-conflict resolution. It also requires those nations adopting the resolution to take measures to protect women and girls from gender-based violence in situations of armed conflict.

Fran Harding



The CFUW Board and Governance

There are 11 CFUW Board positions: in addition to President, there are 5 Regional Vice Presidents (BC, Prairies, Ontario, Quebec and Atlantic) and 5 Specialist Vice Presidents (Finance, Advocacy, Membership, International Relations, and Education.) There are 19 Regional Directors (RDs) who are the link between the National Board and member clubs, and are elected by members in their region. CFUW-Ottawa is one of 9 member clubs in the Ontario East region and Mary Partington of CFUW-Ottawa is currently our RD.

Nominations for CFUW Board and Regional Director positions are now open and will be open until February 28, 2018. For details on nomination procedures, or to nominate someone for a Board or RD position, go to <http://www.cfuw-admin.org/Governance.aspx> Log in with the username **viewonly** and the password **cfuw4321**. Scroll down to **Governance** and choose **Articles and Bylaws** and/or **Nominations**.

Candidates for Board or RD positions should consult Articles and Bylaws (2017 edition) under **Governance**. Bylaws material relevant to the Board of Directors can be found starting on page 7 (Section D (Items 25-47) and material relevant to Regional Directors can be found in Section E (items 48-53). All candidates for these positions must have the backing of their home Club.

Board members represent all the members of CFUW across Canada. In the event of a contest for a Board position, there will be an election at

the June 2018 AGM.

Regional Directors represent the area where they live. If there is a contest for a Regional Director position, an election will be held in the region involved.

We urge all our members to participate in the election and nomination processes. Wilma Clapham of CFUW-Ottawa is Chair of the Standing Committee on Nominations and she'll be glad to answer your questions (claphamwilma@bell.net).

Wilma Clapham and
Charlotte Rigby



LOOKING AHEAD TO CFUW EVENTS IN 2018

MARK YOUR CALENDARS!

January 8 – General Meeting of CFUW-Ottawa meets at noon for a light lunch and 1:00 pm for the meeting featuring photographer Michelle Valberg as our speaker.

January 20 – Ontario Council Standing Committees in Legislation, Education and Status of Women and Human Rights meet in Toronto to keep members aware of current issues in Ontario. All club members are invited to attend to enjoy these days of discussion and learning.

February 5 – General Meeting of CFUW-Ottawa meets at noon for a light lunch and 1:00 pm for the meeting with Catherine Howard of the Canadian Arthritis Society as our speaker.

March 5 – General Meeting of CFUW-Ottawa resumes evening meetings at 7:30 with our Scholarship Winners night.

March 10 – International Women's Day Celebration with an Afternoon of Drama and Dessert.

March 24 – Ontario Council Standing Committees Meetings in Toronto

April 2 – General Meeting of CFUW-Ottawa presenting Rebecca Bromwich, Director, GDCR, Carleton University, who will speak about *Suggestions for Addressing Delays in the Criminal Justice System. Look Upstream to Child Welfare Law.*

April 25 – Musical Lunch and Silent Auction, Royal Ottawa Golf Club, Gatineau, Quebec, supporting scholarships

May 8 – CFUW-Ottawa AGM, Algonquin College

May 11-12 – CFUW Ontario Council Annual General Meeting, hosted by CFUW Ajax/Pickering & Oshawa & District

June 12 – UWHAW Summer Evening Garden Reception, Voices for Afghan Women VII



CFUW Joins International Alliance of Women (IAW) as Affiliate Member



INTERNATIONAL ALLIANCE OF WOMEN ALLIANCE INTERNATIONALE DES FEMMES

The International Alliance of Women (IAW) is an international NGO comprising 41 member organizations involved in the promotion of women’s human rights, equality and the empowerment of women. The IAW has general consultative status at the UN Economic and Social Council and is accredited to many specialized UN agencies, has participatory status with the Council of Europe and is represented at the Arab League, the African Union and other international organizations. It was founded in 1904 and is based in Geneva.

Mission: the objectives of the IAW are:

- To secure all such reforms as are necessary to establish a real equality of liberties, status and opportunities between men and women and to work for equal partnership between men and women in all spheres of life;
- To urge women to accept their responsibilities and to use their rights and influence in public and private life to ensure that the status of every individual, without distinction on grounds of sex, age,

race, religious or political persuasion or any other ground, shall be based on respect for the person, the only guarantee for individual freedom;

- To promote a better quality of life and good understanding among peoples.

Governance: There is a President, Secretary General, Treasurer and a maximum of 20 other members from at least twelve countries ensuring an equitable geographical distribution on the board. ***Congratulations to Cheryl Hayles, CFUW VP International Relations, who has been appointed as Regional Vice President North America.***

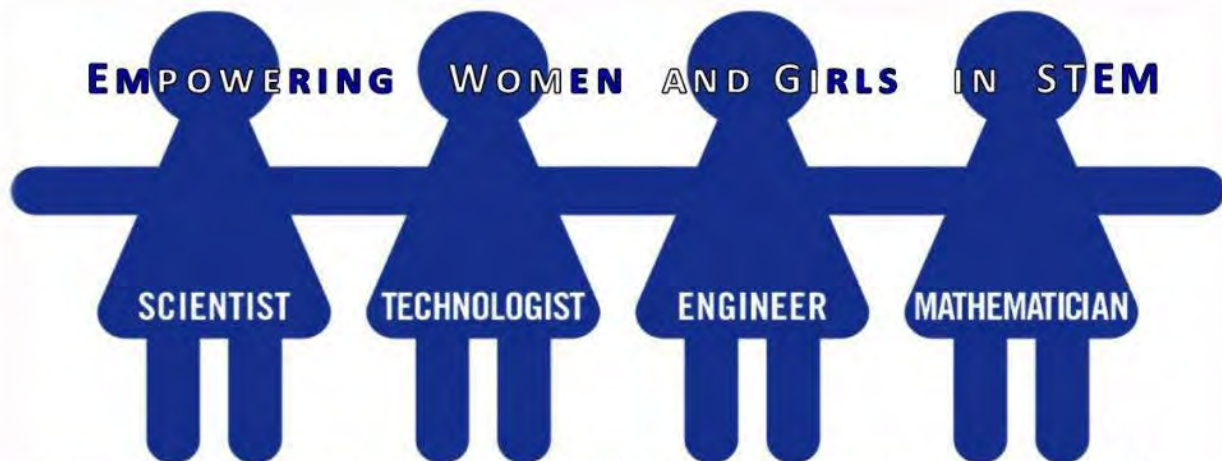
Membership Cost: The annual cost for an organization to be a member of IAW is a total of 110 Euros or approximately \$165. There are no per capita dues to be paid by the members of an organization.

Monday Hiking Group Enjoying Their Hike on the King Mountain Trail In the Gatineau Park



Back Row (l to r): Lynda Dredge, Margaret Hart, Sue Hurtubise, Sophie Papaharriss-Wright, Nancy Parker, Catherine McLeod, Aley Samuel; Front Row: Peggy Rader, Michelle Hurley. Photo by Christine Rollo





Ontario Council AGM May 11 & 12, 2018 CFUW Ajax/Pickering & Oshawa and District



International Women's Day

The CFUW clubs of Ottawa, Nepean, and Kanata present



An Afternoon of Drama & Dessert

Saturday, March 10, at 1:30 pm • Woodroffe United Church, 207 Woodroffe Ave.

The Drama: Women Vote Indirect

Written and directed by Joan Conrod • The Fathers of Confederation as viewed by the women in their lives

The Dessert: Victorian-style cake and tea

Casting call! Actors to portray:

- o Hortense Fabre Cartier – preferably someone who speaks French
- o Madame Cartier – older, also preferably speaks French
- o Alice Chipman – someone who can pass for 19.
- o Singers for a 4 to 7 member *a cappella* choir

Also: planners, coordinators, servers, hostesses, and more!

Information at cfuw-ottawa@cfuw-ottawa.org (819) 778-3438 or (613) 220-1493

Registration (only \$25!) starts January 8 – online at www.cfuw-ottawa.org/events or by cheque payable to CFUW-Ottawa and mailed to Christine Rollo, 12 Saginaw Cres. Ottawa K2E 5N6

2017 – Magic in our National Parks



This year millions of Canadians celebrated Canada's 150th in our national parks. With free access to parks and historic sites, we discovered or re-discovered what makes our country's natural beauty from the Atlantic, the Pacific and the Arctic worth celebrating.

Sable Island, Nova Scotia is the perfect choice – Canada's 43rd national park reserve is located 175 km east from mainland Nova Scotia.

The sandbar is home to an estimated 400 mystical wild island horses living together in small "gangs." They can be seen silhouetted against high sand dunes, framed by the blue sky and by grey seals along the shore. How they have survived in a treeless and mid-ocean environment is a mystery. They live on grasslands, shrubs, and plants, and drink from freshwater ponds; they can also be observed digging deep into the sand for freshwater – all of which contributes to this fragile ecosystem that is unique in the world. They share a shape-shifting sanctuary with birds such as the Ipswich sparrow, as well as insects, wildflowers and orchids, and marine mammals

such as grey seals and whales – all in a mysterious fog-bound existence going back almost 300 years. For protection against extreme weather conditions, these horses have adopted the formation of a football team in a huddle!

Historically the island earned the fabled title of "graveyard of the north Atlantic" where the cruel sea has claimed more than 400 shipwrecks recorded there since 1583. The island's wireless station played a significant communications role in 1912 when it received messages from people seeking news of the *RMS Titanic* disaster.

Under our feet, under the sea, or above, there's magic in our national parks, part of Canada's natural heritage – past, present and ...?

Cecile Suchal

*Note: Cecile was a member of the **Adventure Canada** expedition to Sable Island in July 2017. Kudos to Muriel Scott-Smith who had the idea to visit Sable Island; she travelled with the author on this expedition.*

