#### Volume 50 No. 4



### February General Meeting

DATE:	Monday, Feb. 6, 2017
TIME:	1:00 p.m. for the meeting
PLACE:	Riverside United Church/
	Anglican Church of the
	Resurrection,
	3191 Riverside Drive,
	Ottawa, ON K1V 8N8
SPEAKER:	Allison Fisher, Executive
	Director of Ottawa's Wabano
	Centre for Aboriginal Health
TOPIC:	Services offered by the
	Wabano Health Centre to
	indigenous peoples and, in

Please join us at 12 noon for a premeeting light lunch. There is no charge for the meeting, but we will charge \$10.00 (paid at the door) for lunch.

particular, women and girls

#### Register for lunch by Jan. 30th, 2017

- Online by E-mail to Joan Bell-Scott at jbell-scott@bell.net
- By telephoning Joan Bell-Scott at (613) 680-4204



Allison Fisher grew up in the community of Wikwemikong, located on Manitoulin Island under the aegis of the Indian Act. The Indian Act

attempted to suppress cultural expressions such as traditional songs, dance and language resulting in an erosion of traditional practice and the suppression of indigenous peoples.

When Allison was five years old, she travelled with her mother to Saskatchewan on a mission "to bring the songs back", seeking where traditional songs and dance were being taught underground.

(see **Meeting** on next page)

## **PRESIDENT'S MESSAGE**

#### CHARLOTTE RIGBY

Welcome to 2017! This year has begun with controversy – locally, regionally, nationally and internationally. CFUW has its share as we work together to understand and define our relationships within CFUW, and with Graduate Women International (GWI). We are living in "interesting times" indeed! My hope is that we never forget the values of CFUW and the benefits we enjoy as members – friendships, fellowship, personal learning and opportunities for improving the lives of girls and women by supporting education and social justice.

The CFUW Task Force that was appointed last summer to review CFUW's finances, and relationship with GWI delivered its report *CFUW's Way Forward*, in December. A National Special General Meeting to discuss CFUW's response to GWI's increase in dues was called for January 30 but was cancelled after GWI decided not to increase its dues at this time and after CFUW President Karen Dunnett and Vice President (Advocacy) Brenda Robertson resigned.

Grace Hollett of Newfoundland has assumed the office of National CFUW President, and Sharon Crabb of New Brunswick is the new VP Advocacy. Grace and Sandra are both highly-regarded, experienced members, and we welcome them to their new positions. The new reconfigured National Board will make new recommendations to clubs on future dues and relations with GWI in the near future. For more background information, see the article in this newsletter: The CFUW-GWI Relationship: a Very Brief Overview of Recent Events. Throughout these discussions and debates, we will do our best to share information, fully and promptly.

And of course we continue with a full schedule of club activities. Preparations for CFUW's 100th Anniversary year continue, including the "Notable Woman Project" to honour 100 CFUW members "whose contributions have made a distinct and describable difference to the status of women within the broader context and objectives of CFUW." We can nominate up to 9 of our CFUW-Ottawa members. After "sober second thought" the national committee has extended the deadline, and we now must receive your nominations by March 25. See the CFUW-National website for updated details and a nomination form.

And speaking of "sober second thought", did you know that Kim Pate was appointed to the Canadian Senate last October? Kim is Executive Director of the Elizabeth Fry (Efry) Society, which provides assistance to women involved in the

#### (see President on next page)

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### **Capital Carillon**

#### Meeting - continued

This was not that long ago. In 1960, Aboriginal People were first "allowed" to vote. Allison was witness to those around her becoming politically active in The National Indian Brotherhood, now known as the Assembly of First Nations (AFN).

Allison spent 17 years working in federal public service in Ottawa before deciding that she wanted to be more "hands on" with the community. She returned to Western University to pursue a Masters of Counselling Psychology degree with the goal of working as a therapist in a remote community. Family obligations brought Allison to Ottawa. When the Executive Director job opening came up at Wabano, she took the interview as a practice interview but, as the successful candidate, Allison saw herself designing a program that would continue to grow.

Allison has been the Executive Director for fifteen years. Recently, she received the Order of Ontario for her work at the helm of the Wabano Centre for Aboriginal Health, creating a sense of place and belonging for Ottawa's Aboriginal population.

Please join us on February 6<sup>th</sup>. You are welcome to attend both the lunch and the meeting at 1:00 p.m. or just come to the meeting.

CFUW – Ottawa General Meetings are open to the public. Feel free to invite your family and friends.

*Capital Carillon* is published monthly from October to May, except for January.

Please send all material for the next issue to Gail Tyerman at <u>tyermag@rogers.com</u>

Suggestions and comments always welcome

Next issue: March 2017 Deadline: February 15, 2017

Previous issues are located on the Club website at <u>www.cfuw-ottawa.org</u>.

## **CFUW-Ottawa Gives Us Legs!**



CFUW is a truly remarkable organization, nearly 100 years old. Let's look at the striking and rewarding dimensions of being a CFUW-Ottawa member and imagine how

these can continue to

Hally Siddons

evolve and grow stronger over our next century.

Some of us look on our CFUW membership as a connection to bridge, book clubs, or food groups and that is fine. We have good times with friends in these sessions, and just beyond, in our favourite club-wide activities such as our Musical Lunch and Silent Auction, and various golf tournaments.

And there is so much more for those who wish. Beyond our membership in the Ottawa Club, we are grouped to gather regionally. We are also members of our provincial sector and we are invited to meet in Toronto with the Ontario Council to discuss issues of interest and to hear excellent and

#### $\label{eq:president-continued} President-continued$

criminal justice system and those at risk of coming into conflict with the law. As you know, CFUW-Ottawa is an active supporter of Norwood House (Efry's Ottawa Halfway House) and its residents as they re-enter society. We greatly admire Kim and her work as a tireless advocate and worker for social justice for women in Canadian prisons. She has vowed that as a Senator she will continue to work for justice for women. Her maiden speech in the Senate was a spirited call for justice reform, and when she was done, the entire chamber had risen in applause! We wish her every success in her new role.

Enjoy this issue for information about our own club activities and events; and also see reports and photos of recent events on our CFUW-Ottawa Members Facebook page. well informed speakers on current headlines. And we have membership in CFUW National – the country-wide organization of some 8000 members that is responsible for our governance, resolutions and advocacy with the federal government and at the UN.

And stretching still further, a unique dimension, we are members of Graduate Women International (formerly IFUW), a group that has eloquently and with vision spoken internationally for women for nearly a century. The deadly chaos of the First World War was the rationale for forming university women's federations all over the world. Today GWI is in some 60 countries.

Many Ottawa members helped bring the 2001 international triennial to our city. Nine hundred and fifty-six members from 71 nations gathered in Ottawa. It was a glorious week of getting to know these fine women at workshops, lectures, seminars and festive events where we heard the unscripted stories of their lives, their struggles to have their human rights recognized -- rights that Canadian women take for granted.

Since then our CFUW and GWI membership has given several of us remarkable opportunities at Triennials in Australia, the UK, Mexico, Istanbul and most recently Cape Town, and experiences at the UN Commission on the Status of Women in New York.

Over the years, many of us have worked with the small GWI head office in Geneva. On a shoe-string budget, they continue to counsel women in many nations, speak for us at rallies. conferences, and at the United Nations, network with agencies with similar mandates, coordinate projects, and provide all of us with services including capacity building workshops, seminars, webinars, tool kits, newsletters and advocacy materials.

What legs CFUW-Ottawa gives us in an ever-changing world where women struggling with infinite courage against unimaginable odds need our support now more than ever before. So here is to CFUW-Ottawa with all its opportunities in 2017!

(Condensed and edited from a speech given by Hally Siddons at the January 9<sup>th</sup> General Meeting)

## The CFUW–GWI Relationship A Very Brief Overview of Recent Events

#### Background

In recent years, CFUW's financial health has become a source of concern. As a self-sustaining independent and non-sectarian women's organization, CFUW's main source of revenue is membership dues. As membership has been decreasing over the past few years, so has revenue. A few years ago we had more than 10,000 members nationally; today we have about 8,300. It is not hard to do the math!

There are basically three ways to improve the financial situation – increase revenue, decrease expenses – or both! Many of us fear that increasing membership dues would result in losing members, including some entire clubs. So the CFUW Board has considered some options to decrease expenses: (*figures below are from the 2016 AGM Finance Booklet pp. 18-19*)

- Lay off staff in the National Office. CFUW's current 4 ½ person years support the 11-person National Board, manage the CFUW Charitable Trust Scholarship Program, provide advocacy support and advice, support CFUW's international relationships including GWI – and more. They are paid less than comparable positions in other non-profit organizations. The 2016-2017 CFUW budget assigns \$244,000 for salaries and benefits.
- 2. Cancel or revise the format of CFUW National AGMs. The 2016-2017 budget allots \$130,387 for AGM expenses.
- **3. Withdraw from Graduate Women International (GWI).** This option, already preferred by many, has become a flashpoint, largely because GWI at its 2016 Triennial last August voted to increase its membership dues. The 2016-2017 CFUW budget allots \$198,159 for GWI expenses. By 2017, the cost per person for GWI membership will be \$34; by 2019 it will be \$47 (*figures are from the Task Force report page19*)

Last November, citing concerns about GWI's expenses and management, CFUW's Board decided that we would not pay any dues until GWI had met a list of conditions. This announcement sparked a chorus of protest from many members and clubs across the country, who felt that we have a moral (and probably legal) obligation to pay our GWI dues as agreed.

This, briefly and simplified, was the situation when on November 14 the CFUW Board called a **Special General Meeting** that was to take place on January 30, "to discuss CFUW's response to GWI's dues increase." The meeting was to be a webinar, and arrangements were to be made for electronic voting.

#### The Task Force Report on CFUW's Way Forward

Meanwhile, the Task Force that had been established after the 2016 CFUW AGM in June was preparing its *Task Force Report on CFUW's Way Forward.* At the AGM, a motion that would have resulted in CFUW's immediate withdrawal from GWI was defeated, and members then approved a second motion that requested the Board to review the situation and recommend a proactive course of action. The Task Force was created to conduct the review. Its Report was placed on the CFUW

website on December 16, and it was to be introduced for discussion at the January 30 Special General Meeting.

But then things changed dramatically!

On December 20, GWI President Geeta Desai announced:

- that the GWI Board had decided to do away with the approved increase in dues (the actual decision was to delay the increase; we later learned that CFUW was not the only member of GWI to face difficulty in meeting it);
- 2. that GWI was operating on an austerity budget, and had reduced staff from four to two positions, with expectations that GWI Board volunteers will pick up their workload; and,
- 3. that GWI will develop a membership-based strategic plan for the next three years.

The immediate result was that on January 3 the CFUW Board cancelled the Special General Meeting planned for January 30. Without an increase in GWI dues, there was no longer any reason for it.

In a not unrelated development, on December 21, **Karen Dunnett**, National CFUW President, resigned, and so did **Brenda Robertson**, Vice President Advocacy. The next day **Grace Hollett**, former VP Atlantic took on the full-time role of CFUW President. Grace is an active CFUW member and is highly regarded by all who have worked with her. Her appointment will be ratified at the 2017 AGM.

On January 11, Grace reported that a payment of about 50% of this year's dues was wired to GWI on January 9. The remainder will be forwarded subject to the Board's satisfaction with the receipt of financial information, which GWI will endeavor to provide by January 31.

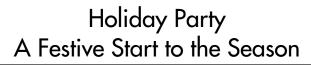
Grace also announced new appointments to the National Board:

- Sharon Crabb is the Vice President of Advocacy;
- Sandra Thomson, VP Ontario, is the new chair of the Governance Committee;
- Pam Love is the new chair of the Status of Women Sub-Committee;
- Janet Willwerth has taken on the position of VP Atlantic/President Atlantic Regional Council pending an election; and,
- The Human Resources Committee will add "up to three other members."

The CFUW National Board is planning a review of the *Task Force Report on CFUW's Way Forward* and its recommendations, and will follow up with members. We were asked to e-mail our questions /suggestions to Robin Jackson at <u>cfuwed@rogers.com</u>.

We look forward to discussions and building a healthy future together – for CFUW's future, and for the invaluable service and support that we provide for the education and well-being of women and girls in Canada and around the world.

Charlotte Rigby





CFUW-Ottawa members and their friends started off the holiday season with another wonderful party on December 4. We enjoyed meeting old friends and new, eating a delicious lunch, being entertained by Colette Laplante's story about Sarah Emma Edmonds, singing seasonal songs along with our Madrigals, participating



Alice Bolt at the 10<sup>th</sup> Holiday Party she organized. Photo by Lizz Wilfert.

in draws, silent auctions, jewelry and bake table sales and generally having a grand time.

In so doing, we also happened to raise \$4,289.44!

As our major fundraiser for the club, this money will support our scholarships at Carleton University, the University of Ottawa and Algonquin College.

Many thanks are extended to:

- The committee members and the volunteers who helped at the event
- The members and friends for their donations
- Colette Laplante, the storyteller
- The Madrigals who led us in a short sing-a-long
- The RA Staff
- Everyone who attended.

Without your support, none of this would have been possible.

But the one person who deserves our biggest applause must be Alice Bolt. After leading the Holiday Party team for 10 years, she is stepping down, leaving very big shoes to be filled. We appreciate all that she has done for us not only for this event but for so much in the club and for the scholarships we support.

Just to let you know, next year's Holiday Party has been booked at the RA Centre for December 3, 2017. Mark your calendars!



Alice Bolt presents cheque for \$4,289.44 to Margaret Haines, Chair of the CFUW-Ottawa Scholarship Trust Fund at the January 9th General Meeting. Photo by Lizz Wilfert.

# Mobilizing to End Homelessness

At the January 9<sup>th</sup> noon General Meeting, Sue Garvey, Executive Director of Cornerstone Housing for Women, spoke with passion about "Mobilizing to End Homelessness for Women".

Homelessness has been a concern of CFUW for several decades. In 1986, CFUW resolved to support the goals of the United Nations Year of Shelter for the Homeless. In1999, we passed a comprehensive resolution, which asked governments in Canada to recognize the crisis of homelessness and poverty, to work together with business and community organisations in order to find appropriate solutions to homelessness and poverty, such as innovative low-cost housing, employment opportunities, ease of access to mental health and health care, with the end goal of fostering independent living.

Since 1999, there have been significant improvements in Ottawa regarding homelessness but it still remains a serious problem. Ms. Garvey spoke about the scope of homelessness of women in Ottawa, its causes, the history and services of Cornerstone (a ministry of the Ottawa Anglican Diocese). Cornerstone, formerly "Women in Crisis", started in 1983 with a few cots set up temporarily in the basement of All Saints Anglican Church in Sandy Hill. Homelessness of women was much less visible than that of men, mostly because, for personal safety reasons, homeless women try to hide. Homeless women come from all socio-economic backgrounds. The loss of a job, a relationship breakup due to domestic violence, addiction and mental health problems are often underlying causes, but in almost half the cases it is the unaffordable rent in Ottawa for women on government



support and in low wage jobs.

Today, Cornerstone operates four residential houses geared to the different support needs of women: the Women's Shelter for emergency short term needs and supportive affordable housing at three residences. In Ottawa, Cornerstone is the only "for women only" provider of housing. This helps to deliver a safe and healing community from which traumatized women can make a new start. Cornerstone is working diligently, compassionately and with vision to put an end to homelessness for women.

The presentation ended with a hopeful look into the future with new Cornerstone projects in providing more homeless women with permanent homes and, where needed, healing support. Provided that the applied-for government funding will be forthcoming, Cornerstone is set on an exciting new project to convert the residence of the Sisters of the Institut Jeanne d'Arc on 373 Princeton Avenue into 41 studio apartments with provisions for life skills and health support.

To the question on how members of our Club could help, Ms. Garvey suggested advocacy on general homelessness and affordable housing issues, the opportunity to volunteer and financial or in kind donations. (See their website.) The new project will have several opportunities for the involvement of CFUW-Ottawa members, such as volunteer work, help with the capital campaign or assistance with aspects of community engagement.

Postscript: Congratulations are in order. Cornerstone was notified on January 20<sup>th</sup> that it has received the much needed City funding for its project. So Cornerstone's project to build affordable and supportive housing at 373 Princeton Avenue will go ahead. Good news indeed.

> Edeltraud Neal Program Committee

### LOOKING AHEAD TO CLUB EVENTS IN SPRING AND SUMMER 2017 MARK YOUR CALENDARS!

March 7: "Walk a Mile in Her Shoes" for International Women's Day (with CARE Canada)

March 8: "Northern Footsteps" International Women's Day Celebration

March 13: "Scholarship Trust Evening" General Meeting

March 25: Ontario Council Standing Committees Meetings, Toronto

May 9: CFUW-Ottawa Annual General Meeting, Algonquin College

**May 12-13**: Ontario Council AGM and Conference Stratford ON, "The Transformative Power of the Arts"

**May 17**: Musical Lunch and Silent Auction, Royal Ottawa Golf Club, Gatineau, Quebec (ticket sales start at the March 13th General Meeting)

**June 13**: UWHAW Summer Evening Garden Reception, Home of Hally and Hugh Siddons by the Canal, Ottawa (ticket sales start in late April)

June 22-24: CFUW AGM and Conference Richmond BC, "Gateways/Passerelles"

June 23: CFUW-Ottawa Golf, Bridge and Lunch, Larrimac Golf Club, Chelsea, Quebec (ticket sales start at the May 9th AGM)

September 18: CFUW-Ottawa Season Opener, Ottawa City Hall

## A Bank NOTEable Canadian Woman



Viola Desmond portrait, ca. 1940. Communications Nova Scotia

Viola Desmond (1914–1965) has been selected by the Minister of Finance to be featured on Canada's next regularly circulating \$10 bank note.

Viola Desmond remains an icon of the human rights and freedoms movement in Canada. A successful Nova Scotia businesswoman, she defiantly refused to leave a whites-only area of a movie theatre in 1946 and was subsequently jailed, convicted and fined. Her court case was the first known legal challenge against racial segregation brought forth by a Black woman in Canada.

Though the events at the Roseland Theatre are now 70 years behind us, Desmond's struggle for social justice and her singular act of courage continue to resonate with Canadians.

### Not all Notable Women are on Parliament Hill!



We have many right here in CFUW-Ottawa who are outstanding contributors to our club & community. Why not recognize them by nominating them for the CFUW Centennial Notable Woman Award? It's easy to do.

One hundred awards will be given to members of the Canadian Federation of University Women who have made outstanding contributions within CFUW and/or to the wider community; locally, nationally, or internationally in the fields of Education, Science, Technology, Engineering, Mathematics, Economics, Political Engagement, Organizational Leadership, Cultural Endeavours, or Social Innovation. The award will be in the form of a limited edition 100th anniversary gold pin.

To make the distribution of awards as equitable as possible throughout Canada, the number of awards will be proportionate to the number of members per region. Our club can nominate 9 members. For updated nomination information and forms, see the CFUW National website. Submit completed nomination forms by **March 20** to <u>cfuw-ottawa@</u> <u>cfuw-ottawa.org</u>

CFUW Ottawa, - Kanata, - Nepean, & the Ottawa Council of Women Present NORTHERN FOOTSTEPS CELEBRATING INTERNATIONAL WOMEN'S DAY CENTREPOINTE STUDIO THEATRE Wednesday, March 8, 7:00 p.m. Featuring France Rivet "In the Footsteps of Abraham Ulrikab" Music by the duo Twin Flames Voted Aboriginal Songwriters of the Year at the 2016 Canadian Folk Music Awards & A Dessert Buffet Extravaganza! Tickets - \$25 REGISTER ONLINE at www.cfuw-ottawa.org Information: cfuw-ottawa@cfuw-ottawa.org Tel: 819-778-3438

## Art Gallery Group



Members of the CFUW Art Gallery Group regularly expand their artistic horizons at the National Art Gallery where enthusiastic and knowledgeable interpreters provide insights into both new exhibits and the permanent collections. Here members enjoy the wonderful real Christmas tree in the atrium of the National Art Gallery before exchanging views over lunch at the cafeteria.

### The Ottawa Walk In Her Shoes Challenge

### Parliament Hill on March 7, in Honour of International Women's Day

Women and girls in many developing countries walk an average of 10,000 steps every day to collect the basics their families need to survive – water, food and firewood. This leaves them little time or opportunity to get an



education or earn an income. CARE Canada's *Walk In Her Shoes* challenge invites us to walk in solidarity with these women to raise awareness and funds and break the cycle of poverty. Please join fellow CFUW-Ottawa members on March 7 – to celebrate International Women's Day and the "Walk in Her Shoes Challenge:"

Tuesday, March 7 on **Parliament Hill** (ending at City Hall) 11:30 am

Wear comfortable Shoes!

Information at walk@care.ca or cfuw-ottawa@cfuw-ottawa.org

www.walkinhershoes.ca

# Proposal for the new External Outreach Group

Statistics and news reports seem to indicate that our current educational systems are failing many indigenous (First Nations, Inuit, Metis) students. The challenges indigenous students face are many and complex, yet there are stories of achievement and accomplishment. In its information gathering stage, this external outreach group will meet monthly to report on research members have undertaken and to hear from a variety of speakers - indigenous community members, educators, government representatives - to help us understand the current educational environment for indigenous students and possible pathways for enhancing opportunities for these young people so that they may realize their potential and make a contribution to their communities and country. With this foundation, our medium-term objective will be to identify a specific education project in Ontario that we may support in partnership with local educators and indigenous leaders.

Members interested, please call Susan Benn at 613-591-9296 or e-mail her at <u>dhbenn@</u> <u>sympatico.ca</u>

## The Charitable Trust *What it is and What it Does*

There is sometimes confusion about what the CFUW Charitable Trust is and what it does. This short article may answer some questions and more information is always available on the Charitable Trust website: <u>www.</u> <u>cfuwcharitabletrust.ca.</u>

CFUW has supported graduate study, literacy and creative arts through awards and fellowships since its founding in 1919 and the first CFUW Travelling Fellowship of \$1000 was awarded in 1921 by the 12 clubs that then formed the federation.

The term CFUW Charitable Trust is deceiving because the Charitable Trust (CT) is a separate entity from CFUW and has been since 1967 when it received a registered Ontario charity number. The charitable number allows the CT to receive donations, manage the resulting funds, and issue charitable receipts for tax purposes. In 1976, a further change in the rules governing charities allowed the CT to build a reserve fund for future awards and award increases. The CT now administers an investment portfolio of over one million dollars and annually awards over ninety thousand dollars to women pursuing post-graduate studies.

Funds for the CT are raised in a number of ways. CFUW clubs, individual club members and nonmembers support the Trust with their donations and memorial gifts; the CT sells cards, holds an annual theatre trip and is supported by the CT Boutique at the CFUW AGM and the CT breakfast or lunch, also at the AGM. The funds are used for annual Fellowships, Awards and Grants for Canadian women doing advanced study and research in science, math, engineering, home economics, education, visual arts, music, humanities, and social sciences. The CT also supports the Library and Creative Arts awards that are awarded in alternate years to projects nominated by a CFUW Club.

The administration of the Fellowships and Awards Program is managed by the Fellowships Program Manager of CFUW, Betty Dunlop, on behalf of the Charitable Trust.

The Trust continues the work and vision of the original twelve clubs believing that supporting women in higher education empowers women.

> Kathryn Wilkinson Charitable Trust Trustee



