



Canadian Federation of University Women – Ottawa

Capital Carillon

March General Meeting

DATE: Monday, March 13, 2017

TIME: 7:30 p.m.

PLACE: Riverside United Church/
Anglican Church of the
Resurrection,
3191 Riverside Drive,
Ottawa, ON K1V 8N8

STF AWARDS: CFUW-Ottawa
Scholarship Trust Fund
(STF) Awards for 2016-17

RECITAL: Details to be confirmed

Please join the CFUW-Ottawa Scholarship Trust Fund Trustees at the annual CFUW-Ottawa Scholarship Evening.

Come to meet and applaud these fine young women who are most appreciative of the help these scholarships provide. Winners include Viktoriia Grynenko, the Barbara Newbegin Music Scholarship winner from the University of Ottawa, who is an accomplished violinist.

We look forward to seeing you there.

CFUW-Ottawa General Meetings are open to all. If you know someone who is interested in this topic, invite them to join us.



PRESIDENT'S MESSAGE

CHARLOTTE RIGBY

We are heading into the final third of our club year for 2016-2017, and it will be a busy time for the National Capital Region. Ottawa is set to be the centre of celebrations for Canada's Sesquicentennial year, and there is sure to be something for everyone. And of course we have a full list of CFUW events, activities, and meetings happening this spring.

This issue is full of news about our CFUW events, and that's just the start! Come and join us at great events like our International Women's Day celebration March 8, and our Scholarship evening on March 13. Register for our Club AGM on May 9, and our annual fundraiser Musical Lunch on May 17 (this year at the Royal Ottawa Golf Club).

We will also be deliberating on governance issues as we debate the recommendations of the Task Force on CFUW's Way Forward, and work to resolve difficulties, and build new working relationships within CFUW and internationally. In early February, we received notice of two motions, which will be presented at CFUW's National AGM in Richmond, BC on June 24, to amend CFUW's Articles and Bylaws:

- **Amendment 1**, proposed by the Regional Directors Group, would amend Bylaw F.54 to establish a Standing Committee of Regional Directors.
- **Amendment 2**, proposed by

CFUW St. Thomas, will have profound changes on CFUW if it is approved. It would amend CFUW's Article 4 by deleting it. The result would be CFUW's withdrawal from GWI. This motion was defeated at last year's AGM when it did not receive the required 2/3 majority approval. See the complete text in this issue.

We will vote at our CFUW-Ottawa AGM on May 9 to decide our club's position and instruct our president how to vote on these motions at the national AGM. We'll keep you informed in the Carillon, on our webpage, and on facebook and twitter, and by e-mail, and we'll hold an information and discussion session in mid-April. More information

(see **President** on next page)

INSIDE

Musical Lunch
Proposed Amendments to CFUW National
Articles and Bylaws
News from CFUW National
CFUW National Draft Policy Resolutions
Services for Women at Wabano Centre
Ontario Council Meeting Report
AGM Notice
New External Outreach Group Formed
Walk in Her Shoes
Mark Your Calendars
International Women's Day
Snowshoeing Group
Pauline Vanier, a Notable Woman

President – continued

about the motions and their background can be accessed at <http://us12.campaign-archive2.com/?u=8efb82640cb8bc1fd889b4668&id=9225088d76&e=a68f4b46a0>

And speaking of centennials and significant anniversaries, we're being told that 2017 is the centennial of Canadian women getting the vote. It's true that 1917 was the first year that women were allowed to vote in a federal election - but it's not that simple! Prime Minister Robert Borden was concerned about the federal election of 1917 with so many male voters away at war. His government passed the Wartime Elections Act of 1917 to allow women who were British subjects and who were wives, mothers and sisters of soldiers serving in the European War to vote on behalf of their male relatives. Women (mainly nurses) serving in the military were also allowed to vote; a total of some 500,000 women voted in the 1917 Canadian election. Successive governments extended voting rights to groups of women over the following years; but it wasn't until 1960 that ALL Canadian women finally had the right to vote. Just over 50 years ago - not that long ago when you think about it!

Capital Carillon is published monthly from October to May, except for January.

Please send all material for the next issue to Gail Tyerman at tyermag@rogers.com

Suggestions and comments always welcome

Next issue: **April 2017**
Deadline: **March 15, 2017**

Previous issues are located on the Club website at www.cfuw-ottawa.org.

2017 MUSICAL LUNCH & SILENT AUCTION



Wednesday, May 17th, 2017

Silent Auction starting at 11:30 am

The Royal Ottawa Golf Club
1405 Aylmer Rd., Gatineau, Quebec
Parking on site is free

Your ticket includes:

Elegant Three-Course Lunch with a small glass of wine
Performance by first class musicians
Two Tickets for each person to an up-coming Musical Event
compliments of the NAC
Door Prizes

Don't forget to bring cash and your cheque books Raffle-10 tickets for \$5.00 (cash only)

The Fundraising event is sponsored by the CFUW-Ottawa Study and Interest Group- **University Women Helping Afghan Women**. Thanks to the members of this group for their generous donation of 2 raffle baskets. The proceeds from the meal will go towards the CFUW-Ottawa scholarships at Carleton University, the University of Ottawa and Algonquin College. The proceeds from the Silent Auction will support the scholarships for Afghan Women at the **Gawharshad Institute of Higher Education in Kabul, Afghanistan**.

Tickets to the Lunch: \$55 (includes tax and service). Tax receipts will be issued.

Ticket sales start at the March 13th general meeting. From March 13th until April 1st contact Judy Pillai at 613-228-1007 or Ruth Willison at 613-523-4702 or at willisonruth@gmail.com. Starting April 1st, contact Alice Bolt at 613-731-5221 or Alice Bolt at ianbolt@sympatico.ca. All cheques are to be made payable to "UWHAW" and mailed to Alice Bolt. Online registrations and payments are not available for this event. Please advise Elizabeth Wilfert at cfuw.ottawa@bell.net if you would like special seating arrangements. Contact Alice Bolt if you have any dietary issues

Registration is open to all CFUW-Ottawa members and guests, both women and men.

What a great opportunity to enjoy lunch at the Royal Ottawa Golf Club with your partner or a friend and at the same time help students at home and in Afghanistan!

2017 Proposed Amendments to CFUW National Articles and Bylaws

The CFUW National Articles and Bylaws Committee has received two motions to amend CFUW’s Articles that will be presented at CFUW National AGM 2017:

The first, if passed, will classify the Regional Directors Committee as a Standing Committee.


The second, if passed, would result in CFUW withdrawing as a National Federation and Associa-

tion (NFA) from Graduate Women International (GWI). This is the same motion that was defeated at the 2016 National AGM when it failed to achieve the 67% majority vote that is required to amend the Articles or Bylaws.

Below you will find the motions for consideration. Questions can be sent in writing to Myra Willis, Chair of the Articles and Bylaws Committee

to either mwilliscfuw@gmail.com or articleandbylawcommittee@gmail.com. She asks that all communications be respectful. Proposed Amendments to these Amendments must be submitted by May 1, 2017. The correct form for doing so and the procedures can be found in the CFUW admin site www.cfuwadmin.org.

Our club will vote on these proposed amendments at our Annual General Meeting on May 9 to give our President instruction and authorization to vote on behalf of CFUW-Ottawa at CFUW’s national AGM on June 25. More information about these issues will be provided in email blasts as such information becomes available.



NEWS FROM CFUW-NATIONAL

Membership Benefits

CFUW-National has negotiated a 40% discount on UPS® shipping services for CFUW members. To enroll, visit: www.membersbenefitprogram.com/CFUW
Or Call: 1-800-MEMBERS, M-F, 8 a.m. – 6 p.m., ET

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Advocacy Updates

Electoral Reform: CFUW was disappointed at the announcement that the Government will no longer be pursuing electoral reform. In line with our policy in support of Proportional Representation, CFUW participated in the national consultations on electoral reform, presenting our case to the Special Committee on Electoral Reform. CFUW will continue advocating to bring electoral reform back to the table and for a change to a more representative electoral system.

CFUW Joins Women’s Organizations to Condemn Global Gag Rule: President Trump of the USA signed the Global Gag Rule that prohibits foreign NGOs from receiving US assistance related to family planning and reproductive health. This reduces women’s access to reproductive health services such as counseling, referrals, abortion services and information, and causes real and serious harm.

CFUW to Host Parallel Event at the UN: For a week in March every year, women’s organizations from around the world converge on New York City to attend the United Nations Commission on the Status of Women. This year, CFUW will be hosting a Parallel Event on March 16th. Five speakers, including two CFUW Vice Presidents and representatives from the YWCA and Mosqoy, a Canadian-Peruvian charity that supports the educational and cultural rights of indigenous communities in southern Peru, will discuss women, mentorship and the changing world of work.

Motion to Amend Bylaw F. 54 Committees
Proposed by the Regional Directors Group

Moved that: strike out “and” and insert “and Regional Directors”

If adopted, the amended Bylaw would read:

F. Committees 54 The following committees shall be designated Standing Committees of the Board: Advocacy, Articles and Bylaws, Education, Fellowships, Finance, Governance, International Relations, Nominations, Resolutions, and Regional Directors.

Motion to Amend Article 4

Proposed by CFUW St Thomas

Moved that: In Canadian Federation of University Women Articles and Bylaws – Articles, strike out “Article 4 – Membership in International Federation of University Women (IFUW) CFUW shall be a member of the IFUW”.

CFUW NATIONAL DRAFT POLICY RESOLUTIONS

Below are the two proposed policy resolutions to be voted upon by clubs in anticipation of consideration at the National Annual General Meeting to be held in Richmond, BC in June. In our club, these will be discussed by the issues group led by Fran Manning, Heather Lewis and Lynne Bond and then voted on at our April General Meeting.

1 The Right to Safe, Clean, Accessible and Affordable Drinking Water and Sanitation on First Nations Reserves in Canada

(Proposed by the University Women's Club of Winnipeg)

WHEREAS while most municipal water systems in Canada do deliver safe, clean, frequently tested drinking water and sanitation services, the majority of rural Canadians who lack these services are predominantly reserve-based First Nations people who, because of shared jurisdiction with the Government of Canada, are not currently included under the Canada Clean Water Act and its Regulations,

WHEREAS many First Nations people consider water a sacred

trust which women have a special responsibility to protect,

WHEREAS the right to "safe, clean, accessible and affordable drinking water and sanitation" is a human right according to a resolution adopted by United Nations General Assembly in 2010,

WHEREAS the Canadian federal government adopted the United Nations Declaration on the Rights of Indigenous People "without qualification" in 2016, and therefore be it

RESOLVED, that the Canadian Federation of University Women urges the Federal, Provincial and territorial governments of Canada to move expeditiously to secure access to safe, clean, accessible and affordable drinking water and sanitation for all residents of all First Nations Reserves; and

RESOLVED, that the Canadian Federation of University Women urges the Federal, Provincial and territorial governments to develop inclusive national water standards as well as five and ten-year plans of action to ensure the funds allocated are adequate and utilized for sustainable solutions,

including appropriate training and certification of Reserve residents to ensure regular monitoring and maintenance.

2 Universal Pharmacare

(Proposed by the University Women's Club of North York)

WHEREAS Canada is the only country with a universal health care system that does not cover the cost of prescription drugs,

WHEREAS the current patchwork system of providing prescription drugs to Canadians is neither adequate nor sustainable,

WHEREAS a universal national drug coverage plan that is public and affordable would ensure access for all Canadians; and therefore, be it

RESOLVED, that the Canadian Federation of University Women (CFUW) urges the federal, provincial and territorial governments of Canada to work collaboratively to implement universal Pharmacare, a publicly funded drug plan that would cover medically necessary prescription drugs for all Canadians, regardless of their ability to pay.

Services for Women and Girls at the Wabano Centre for Aboriginal Health

The dynamic speaker at our February 6th General Meeting was Gina Metallic, MSW, RSW, the Circle of Care Coordinator and Case Management Team Lead for the Mental Wellness Program at the Wabano Centre for Aboriginal Health. A Mig'maq woman from the Listuguj Mig'maq First nation in New Brunswick, she holds BA in Anthropology and Educational & Counselling Psychology and a MSW, both from McGill University. She replaced Allison Fisher as our speaker.

Located at 299 Montreal Road in Vanier in the beautiful building designed by Douglas Cardinal, the Wabano Centre was established in 1998 to provide health services for indigenous people. With 85 employees (80% of whom are indigenous), it serves 15,000 people annually. Wabano is a one stop shop from dental to mental health services, from after school programs to new skills training. The health centre draws on the wisdom of elders and their teachings of Love, Humility, Truth, Courage, Wisdom, Honesty and Respect. Being part of the community within a framework of indigenous cultures helps the healing process. A Circle of Care is developed that

gives clients improved access to Housing First, primary health care and cultural programs that all together lead to better mental wellness.

Ottawa has the third fastest growing urban indigenous population in Canada with half under 25 years of age. Seventy percent of our indigenous children live in poverty, and 30% are homeless. The percentage of indigenous mothers under the age of 18 is nine times higher than in the general population. In 2016, 43% of Wabano community members were under 29 years old. During the last 3 years, Wabano provided support services for 132 babies.

Culture shock, the intergenerational effects of residential schools and the lack of understanding by mainstream social service and health agencies of indigenous cultures are barriers to accessing appropriate services. Increasingly therefore, mothers are not well-served by child protection agencies because of cultural misunderstanding. Gina told us about a case of a well nourished child considered to be at risk of hunger by a social worker because of an empty fridge. As the mother bought food daily, the empty fridge demonstrated the

poverty of a mother living day-to-day – not neglect of her child. Poverty is the prevailing social indicator of poor housing, health and lack of indigenous social development.

The effects of poverty are particularly severe as they concern maternal and early childhood health and young families. This is the developmental stage where appropriate funding offers a fighting chance to prevent many of the problems of youth mental health, such as depression, suicide, anxiety, ADHD, substance abuse, and violent or criminal behaviour. While there is funding for seniors, there is a big funding gap for ages 0 young to 12 years. Bridging that funding and services gap should be the urban health priority.

How can we help? Donate, champion and advocate. (See the [Wabano website](#).)

As women's advocates, we were really delighted to see Gina's example of success due her education, compassion and enthusiastic hard work. She is making a big difference for her community and thereby for the country as a whole.

Edeltraud Neal
Program Committee

CFUW Ontario Council Meeting

January 21, 2017

Topic: Closing the Gender Wage Gap

The Gender Pay Gap (GPG) is the difference between wages earned by men and by women.

In 2011 (the latest year for which figures are available), the Ontario Government's Pay Equity Commission

reported that the GPG in Ontario was 26%; in other words, female workers earned 74 cents for every dollar earned by male workers. Another way of expressing the difference is by the annual *Equal Pay Day*, the day on which women's earnings match those of men for the previous year. This year, it is April 9. In other words, women had to work 66 weeks to earn the same amount earned by men in the 52 weeks of 2016.

Equal Pay and the GPG was the topic of the January 21 CFUW Ontario Council Standing Committee meeting. Our speakers were Doris Mae Oulton, filling in for Linda Davis of the Ontario Government's Gender Wage Gap Steering Committee, and Jan Boroway, co-chair of the Ontario Equal Pay Coalition (EPC), the volunteer non-profit women's organization which has been working since 1976 to eliminate the Ontario GPG. This is not a new problem; in 2017 the Ontario Pay Equity Act and Pay Equity Coalition are "celebrating" 30 years.

Eliminating the GPG is not a simple proposition of just adjusting wages or raising the minimum

wage. It requires public support for vocational training of girls, and public financial support

for family responsibilities that are still mainly provided by women, including the provision of safe and affordable uni-

versal day care for children and care for aging family members. Until these are available, and fully supported by societal attitudes, women can never participate fully in work and public life – and we all lose.

My take-home message was that improving women's economic security can't happen until we eliminate the GPG and the systemic sex discrimination that is still common in the workplace. CFUW Ontario Council is a member of the Equal Pay Coalition and advocates for safe and affordable early childhood care – a critical component of supports that must be in place for true equality in pay and rights. The Equal Pay Coalition advocates for:

- A flexible and affordable early childhood care system for Ontario families
- Long-term care systems that meet increasing needs
- Adequate parental shared leave programs
- Support for amendments to the Pay Equity Act
- Fair value for work in female-dominated sectors.

Charlotte Rigby



Next Ontario Council Standing Committees Meeting March 25, 2017, Toronto

The keynote speaker will be **Shannon Fuller, Assistant Deputy Minister, Early Years Division** – very timely and appropriate as the Ontario Council has just sent in its **Early Years and Child Care consultation paper** to the Ontario government.

CFUW-Ottawa 2017 AGM & Dinner

Tuesday, May 9, 2017
Registration 5:30 p.m.
Dinner at 6:00 p.m.

Restaurant International
Algonquin College
1385 Woodroffe Ave.
Ottawa ON (H Bldg.)

Ticket Price: **\$35**
(incl. tax & service charge)

All cheques payable to
CFUW-Ottawa

Buy your tickets:

- At the March or April General Meeting
- Online at www.cfuw-ottawa.org/events
- By contacting Christine Rollo at (613) 727-3857

The cut-off date for buying tickets is May 1

Registration is open to members only!

The menu will be posted on the website in April.

New External Outreach Group Formed

Plans are well in hand for formation of a new CFUW-Ottawa external outreach group called **Issues in Indigenous Education (IIE)** that will be launched during the 2017 September Season Opener. The genesis of this group lies in a shared concern that our current educational systems are not sufficiently equipped to meet the needs and goals of indigenous students, especially those living in more remote Northern Canadian communities.

During our regular monthly meetings, the group's activities will revolve around two main components. First, through our own research and the information we receive from guest speakers, we will inform ourselves about current topics in indigenous education, including challenges communities face and programs and projects that seem to promise benefits to students. With this foundation, we will then turn our attention to identifying a specific education project that we may support in partnership with indigenous educators and community leaders.

An IIE planning group has already begun assembling resources, including an annotated list of relevant web sites and short fact sheets with pertinent background information. In addition, the group is putting together a list of possible speakers and excursions to indigenous community and education centres.

If you are interested in joining the group or receiving more information, please contact either of IIE's co-convenors: Patricia Bays (eandpbays@gmail.com) and Martha Musgrove (musgrom@hotmail.com).

Patricia Bays and
Martha Musgrove

The Ottawa Walk In Her Shoes Challenge

Parliament Hill on March 7, in Honour of International Women's Day

Women and girls in many developing countries walk an average of 10,000 steps every day to collect the basics their families need to survive – water, food and firewood. This leaves them little time or opportunity to get an



education or earn an income. CARE Canada's *Walk In Her Shoes* challenge invites us to walk in solidarity with these women to raise awareness and funds and break the cycle of poverty. Please join fellow CFUW-Ottawa members on March 7 – to celebrate International Women's Day and the "Walk in Her Shoes Challenge."

Tuesday, March 7 on **Parliament Hill**
(ending at City Hall) 11:30 am

Wear comfortable Shoes!

Information at www.walkinhershoes.ca

Please let Heather Lewis know if you plan to come. She can be reached at (613) 569-9351 or heatherlewis2121@gmail.com. We'll all meet at the Centennial Flame on Parliament Hill. See you there!

LOOKING AHEAD TO CLUB EVENTS IN SPRING AND SUMMER 2017

MARK YOUR CALENDARS!

March 7: "Walk a Mile in Her Shoes" for International Women's Day (with CARE Canada)

March 8: "Northern Footsteps" International Women's Day Celebration

March 13: "Scholarship Trust Evening" General Meeting

March 25: Ontario Council Standing Committees Meetings, Toronto

May 9: CFUW-Ottawa Annual General Meeting, Algonquin College

May 12-13: Ontario Council AGM and Conference Stratford ON, "The Transformative Power of the Arts"

May 17: Musical Lunch and Silent Auction, Royal Ottawa Golf Club, Gatineau, Quebec (ticket sales start at the March 13th General Meeting)

June 13: UWHAW Summer Evening Garden Reception, Home of Hally and Hugh Siddons by the Canal, Ottawa (ticket sales start in late April)

June 22-24: CFUW AGM and Conference Richmond BC, "Gateways/Passerelles"

June 23: CFUW-Ottawa Golf, Bridge and Lunch, Larrimac Golf Club, Chelsea, Quebec (ticket sales start at the May 9th AGM)

September 18: CFUW-Ottawa Season Opener, Ottawa City Hall



International Women's Day

cfuw  fcfdu



The Canadian Federation of University Women of Ottawa - Kanata - Nepean
& the Ottawa Council of Women Present

Northern Footsteps

Celebrating International Women's Day

Wednesday, March 8th 7:00-9:30pm
Centrepointe Studio Theatre, 101 Centrepointe Drive, Nepean



Featuring

France Rivet

"In the Footsteps of Abraham Ulrikab"

**Music by the duo
'Twin Flames'**

Voted Aboriginal Songwriters of the Year
at the 2016 Canadian Folk Music Awards

Plus...

A Dessert Buffet Extravaganza!

Tickets \$25

Register Online: www.cfuw-ottawa.org

Information at 819-778-3438

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Energetic Monday Snowshoeing Group Enjoy Winter Wonderland



Through the Woods on Trail 53 in the Ottawa Greenbelt. Photo by Donna Jacobs



Left to Right: Pierrette McLean,
Ann Hache and Margaret Hart.
Photo by Donna Jacobs



Pauline Vanier, a remarkable figure, a life of service

In recognition of Canada's 150th Anniversary, we celebrate and remember notable Canadian women. Pauline Vanier was one. She received many honours including being one of the first recipients of the Order of Canada "for her humanitarian works". She was also named a member of the Queen's Privy Council, a rare honour for a non-political figure and a first for a woman. A social worker writ large, she became the first female and first lay person to serve as Chancellor of the University of Ottawa (1966-1973). There is an Arctic island named for her, Ile Pauline, which is located beside Ile Vanier, the one named for her late husband, His Excellency the Right Honourable Georges Vanier, Governor General of Canada (1959-1967).

The Vaniers were champions of the disadvantaged, the homeless, youth, and the family. They organized the *Canadian Conference of the Family* at Rideau Hall in 1964, which led to the founding of the Vanier Institute of the Family. This charitable organization is dedicated



to understanding the diversity and complexity of families and the reality of family life in Canada.

Pauline's Life: Pauline Archer was born in Montreal in 1898 into a bilingual family. She began her studies at the Convent of the Sacred Heart; however, she withdrew after three years and was home schooled by governesses. She contemplated becoming a nun but chose other avenues to be of service to the community.

During the First World War, Pauline enrolled in a nursing course and worked at a military convalescent hospital until the

end of the War. She later joined a committee tasked with welcoming the returning soldiers and she met Georges Vanier, a decorated major-general, war veteran, and distinguished diplomat. Pauline and Georges were married in 1921 and, over the next several years, Pauline accompanied her husband to his various diplomatic posts in Geneva, London and Paris and became involved in social causes. In 1940, as the Second World War began, she escaped from Paris with her children. When Paris was liberated in 1944, she, as representative of the Canadian Red Cross, was the first diplomat's wife to reach the city, where she helped refugees, set up welcoming centres and an information network as well as resources for the homeless.

In later life she joined her son, Jean, in France at L'Arche, the international organization he established for adults with developmental disabilities and their caregivers. She lived there for the final 19 years of her remarkable life.

Cecile Suchal

