



Canadian Federation of University Women – Ottawa

# Capital Carillon

## November General Meeting

**DATE:** Monday, November 6, 2017  
**TIME:** 7:30 p.m.  
**PLACE:** Riverside United Church/  
 Anglican Church of the  
 Resurrection,  
 3191 Riverside Drive,  
 Ottawa, Ont. K1V 8N8  
 (across from Mooney's Bay)  
**SPEAKER:** Brigadier – General M.H.L.  
 (Lise) Bourgon, CD, Director  
 General Operations of the  
 Strategic Joint Staff  
**TOPIC:** A strategic overview of the  
 Canadian Armed Forces  
 implementation of UNSCR  
 1325, gender perspectives  
 in operations and an update  
 on gender integration  
 within the Canadian Armed  
 Forces (CAF)



Brigadier-General Bourgon is a graduate of Air Warfare College, holds a Master Certificate in Project Management from George Washington

University and a Master in Public Administration from the Royal Military College of Canada. She is married to Martin Roy, and they have two lovely children.

BGen Bourgon joined the military in 1987 under the ROTP training plan and attended Le College Militaire Royal de St-Jean where she graduated in 1992

(see Meeting on next page)

## PRESIDENT'S MESSAGE

CHARLOTTE RIGBY

The 2017-2018 club year already has a very busy calendar of events, and you will find lots of information about them in the following pages. First on the list is our welcome reception for new and returning members following our General Meeting on Monday, November 6. I'm looking forward to hearing our speaker, Brig-Gen Bourgon, and hope to see you there!

In early September, CFUW National President Grace Hollett called a national electronic vote by October 19 to approve a one-time increase in the per capita dues that CFUW pays to our international partner, Graduate Women International (GWI.) The increase of approximately \$8.40 Cdn will add to our dues from the current \$21.70 to \$30.10 Cdn by June 30, 2018. (Fees are paid in Swiss francs, and these figures are approximate, based on currency exchange rates.) CFUW's continued membership in GWI, and the related fee increase, have been under discussion for several months. You will remember that at the national AGM last June a motion to withdraw from GWI was defeated because it did not obtain the 2/3 majority that a constitutional amendment requires. At our CFUW-Ottawa 2017 AGM last May, we strongly supported the motion: *The CFUW voting body approve a national dues increase of \$19 solely to cover increases in GWI Dues for 1917-18*. In short, our club voted in favour of CFUW remaining in GWI, and in support of the proposed fee increase.

CFUW delegates attending the GWI assembly meetings in late October

will vote on the proposed fee as instructed by the results of our national electronic vote. At the time of writing (mid-October) we do not know if GWI members will approve the increase or when it will be effective. When we have this information, we can discuss how to manage any increase; you can be sure that we will keep you informed about the options!

CFUW's National Advocacy Coordinator Geneviève de Breyne-Gagnon, has prepared the 2017 "Advocacy Package" to support action on Resolutions that were passed at the national AGM in June. They are: *The Right*

(see President's Message on next page)

## INSIDE

New Members Reception  
 Membership Desk  
 In Memorium  
 Wednesday Social Bridge Group Invitation  
 Writing Non-Fiction: Victor and Evie:  
 British Aristocrats in Wartime  
 Rideau Hall  
 Your Help is Needed!  
 Sisters in Spirit Vigil  
 Artists and their Role in Shaping Canada:  
 Report on October speaker Genevieve  
 Cimon  
 Report of Bridge Fund-Raiser  
 Ontario Council: Women in Political  
 Leadership  
 IWD Drama and Dessert  
 CFUW-Ottawa Holiday Party

**President’s Message – continued**

to Safe, Clean, Accessible and Affordable Drinking Water and Sanitation on First Nation Reserves in Canada; and, *Universal Pharmacare*. The package contains information sheets and templates for letters to federal and provincial elected officials. We will be sending out the packages to the 11 MPs and 8 Ontario MPPs who represent ridings in our district.

CFUW’s “Way Forward” report was released last December and a special committee has been formed to consider and recommend action on the many comments from members. Briefly, its mandate is to review: i) Board, regional and committee structures and make recommendations for better representation, communication and transparency, and ii) CFUW’s governance structure and strategic governance, management, and delegation of roles and responsibilities. The Committee’s report is due in late February and it will be sent to Clubs for consideration before the 2018 AGM. We look forward to discussions on building a healthy future for CFUW and our work for the education and well-being of women and girls in Canada and around the world.

*Capital Carillon* is published monthly from October to May, except for January.

Please send all material for the next issue to Gail Tyerman at [tyermag@rogers.com](mailto:tyermag@rogers.com)

Suggestions and comments always welcome

Next issue: **December 2017**  
 Deadline: **November 15, 2017**

Previous issues are located on the Club website at [www.cfuw-ottawa.org](http://www.cfuw-ottawa.org).

**Meeting – continued**

with a Bachelor Degree in Business Administration.

Following wings training in Moose Jaw, Saskatchewan in 1994, she was posted to 423 Maritime Helicopter Squadron in Shearwater where she served on HMCS Preserver, NCSM Ville De Quebec and HMCS Toronto. In 1998, she was transferred to 406 Maritime Operational Training Squadron, where she served as a pilot instructor.

In 2001, following her promotion to Major, she was posted to Ottawa in the Directorate of Air Requirements – Maritime as a Project Director working on projects such as the Maritime Helicopter Program and the Self Defense Program.

Major Bourgon had several varied assignments with increased responsibilities and in 2007 she graduated from the Joint Command and Staff Program at the Canadian Forces College in Toronto. Promotion to Lieutenant-Colonel in 2007 resulted in her appointment as the Commanding Officer of the 406 Maritime Operational Training Squadron until 2009 when she was chosen to be the Executive Assistant to the Chief of the Air Staff in Ottawa, Lieutenant-General Andre Deschamps.

In June 2011, she was promoted to Colonel and posted as the NATO Liaison Officer at the NATO Air Headquarters in Ramstein, Germany. After two years in Germany, Colonel Bourgon was appointed the new 12 Wing Commander in Shearwater, Nova Scotia.

Following her tour as Wing Commander, she was promoted to the rank of Brigadier-General and deployed as the Joint Task Force Commander for OP IMPACT. OP IMPACT was the Canadian Armed Forces support to the Global Coalition in Iraq and Syria.

Brigadier-General Bourgon was awarded a Meritorious Service Decoration (Military Division) for her service and outstanding leadership as Commander of Joint Task Force – Iraq in 2015. She ensured the success of a combat mission against the Islamic State in Iraq and Syria. She was recognized for the close attention she gave the morale and well-being of over 500 soldiers under her command. Her performance also contributed to strengthening Canada’s reputation within the International coalition.

Upon her return from deployment, she was assigned to Canada Joint Operational Command as the Chief of Operations. In August 2016, BGen Bourgon was transferred to the Strategic Joint Staff as Director General Operations.

Please join us to hear Brigadier-General Lise Bourgon, CD discuss “A strategic overview of the Canadian Armed Forces implementation of UNSCR 1325, gender perspectives in operations and an update on gender integration within the Canadian Armed Forces.”

CFUW-Ottawa General Meetings are open to the public. Feel free to invite your family and friends.

**INVITATION**

**ALL CFUW-OTTAWA MEMBERS ARE WARMLY INVITED**

**NEW MEMBERS RECEPTION**

**NOVEMBER 6, 2017**

**Following the General Meeting**

- ✓ Welcome our New Members
- ✓ Share your enthusiasm and interests
- ✓ Enjoy some tasty treats
- ✓ Let’s celebrate!

## Notes from the Membership Desk

CFUW-Ottawa is off to an exciting year. At the Season Opener, we welcomed many new members and welcomed back quite a few members returning after an absence. Since people continue to join throughout the year, our numbers are never completely firm but we are certainly holding our own in this age when all organizations are struggling to maintain their memberships.

As of October 15th, we have 428 members including 44 new members and 9 returning members. Many of our new members report that they have joined because a friend encouraged them to attend. That personal contact remains our most effective way of attracting new members so please continue the good work of spreading our message. We are so fortunate to belong to a club that provides us with so many benefits of membership:

- a lecture series that features outstanding speakers at the General Meetings;
- dynamic interest groups to satisfy everyone;
- support for, and the opportunity for participation in, the work of CFUW at the local, national and international levels.

Many thanks to Carol Hinde, our invaluable Membership Administrator, and to Christine Rollo for the work they do to register us all.

Warm wishes to everyone for a memorable and rewarding year in our club!

**Judith Neale Holtzhauer**  
Vice President Membership



### CFUW-Ottawa will sadly miss

**Christine Ann Mattson** 1953–2017. In addition to her interests in her Sandy Hill community, after retirement from the National Research Council, she joined CFUW, where she was the co-convenor of the Holiday Party in 2015 as well as convenor of the Sunday Brunch group in 2016–17. She was an active mah-jong player and a member last year of the National Art Gallery and Summer Social Groups. We will greatly miss her company and her energetic contribution to events.



## Sandy Hill Community Centre Wednesday Social Bridge Invitation

### WEDNESDAY AFTERNOON SOCIAL BRIDGE GROUP INVITES YOU

Please join us for a cup of tea and an afternoon of social duplicate bridge. We are a friendly group delighted to help players just starting out. You're welcome to attend two meetings before deciding to join the group. A membership fee is involved to cover the room rental cost at the Sandy Hill Community Centre.

**DATE:** WEDNESDAY AFTERNOONS (except last Wednesday of the month)

**TIME:** 12:30 TO 3:30 pm

**LOCATION:** SANDY HILL COMMUNITY CENTRE, 250 Somerset East  
Free Parking at community centre off Somerset/Sweetland

We look forward to your joining us one afternoon.

**For further details please feel free to contact Ann Kelly.**  
**Telephone: 613-749-8412 or Email: [ak-3@sympatico.ca](mailto:ak-3@sympatico.ca)**



## Writing Non-Fiction

Finding the story in a series of events is both frustrating and fun as I discovered writing *Victor and Evie: British Aristocrats in Wartime Rideau Hall*, which covers the life of the Governor General, the Duke of Devonshire and his family while they lived in Canada from 1916-1921.

The frustrating part was not being familiar with the history of World War I and the Canadian events during that time. But that was fairly easily remedied as there are many books about that war. The fun part was finding out what happened to the Duke and Duchess, Victor and Evie, during their time in Canada and exploring the places they travelled.

I first found the Duke's diary in Library and Archives Canada and that began the fun part of the project. I travelled to France and Belgium to see where the Duke had gone in 1916

while bullets were raining down. He wrote in his diary of his shock at seeing the war's destruction. In the United Kingdom, I investigated records sent by the Duke to his British colleagues kept at the National Archives at Kew. At Chatsworth, the Devonshire family home, I discovered the family's letters, many written to tell the Duke's mother about their Canadian life, and at Bowood, home of Lord Lansdowne, the Duchess's father, I found letters written by the Duchess to her mother. I also discovered the personal letters of one of their aides-de camp at Library and Archives Canada and spent many happy hours there immersing myself in the events of those years. Often, about 5pm, I would come back to the twenty-first century when my system told me it was time to go home for dinner.

The fun part also included travels in

Canada, to Tadoussac, the Restigouche River, the Cascapedia River and Halifax. I would have liked to tour everywhere the Duke had travelled across the country but Western Canada is more familiar to my husband and me, so we concentrated on the lesser known East.

Then the frustration returned when I had to learn to write a non-fiction book and make the events and family happenings into a story. With the help of two writing courses, both very worthwhile, I seem to have learned enough because McGill-Queen's University Press decided to publish the book.

Please join me at the launch of *Victor and Evie: British Aristocrats in Wartime Rideau Hall* on Tuesday, November 21, 7:30 pm at Glebe St. James United Church 650 Lyon Street South.

**Dorothy Anne Phillips**

### Please join Dorothy Anne Phillips for the launch of her book, **Victor and Evie: British Aristocrats in Wartime Rideau Hall**

Tuesday, November 21  
7:30 PM

Glebe-St. James United Church  
650 Lyon Street South, Ottawa

*"Exceptionally well-written, and based on the hitherto unused Devonshire archives at Chatsworth House as well as those in Library and Archives Canada, Victor and Evie is the only book on the subject and will be of interest to both historians and general readers. The diary and letters of the duke and duchess present a fascinating account of the life of the governor general and his family and add significantly to the understanding of politics in Canada in the difficult second half of the First World War."*

—Neville Thompson, University of Western Ontario

Illustration: Stag from the Coat of Arms of the Dukes of Devonshire.



**OCTOPUS BOOKS**

octopusbooks.ca



McGill-Queen's University Press

mqup.ca

## YOUR HELP IS NEEDED!

### J.F. Norwood House (Housing) – A service of the Elizabeth Fry Society of Ottawa



Since 1951, CFUW-Ottawa has been committed to supporting the Elizabeth Fry Society of Ottawa, the United Way agency, which serves women who have been released from an institution on parole or probation, clients of the Drug Treatment Court and clients from the Ottawa Hospital. During their stay, the women are offered a safe and encouraging environment where they can focus on education and employment and thus

have access to other EFry services and wider community supports.

Each year in November, CFUW-Ottawa and friends are asked for donations for EFry's J.F. Norwood House and the women living there. When they arrive at Norwood, the women have nothing. When they move back into the community, they need basic supplies such as: bed sheets, towels, kitchen utensils, lamps, coffee makers, soap, shampoo, conditioner, toothpaste, underwear, new socks and much more. Lists of items needed will be distributed at the November General Meeting. New items and \$10 gift cards are very much appreciated as they can become gifts for the clients and their children at the annual

EFry client Christmas party.

To drop off items, please contact

- Christine at 613-739-7732  
[Christine.marland@gmail.com](mailto:Christine.marland@gmail.com) or
- Joan Bell Scott 613-680-4204  
[jbelle-scott@bell.net](mailto:jbelle-scott@bell.net) or
- Chris Narraway 613-722-5046  
[ev923@ncf.ca](mailto:ev923@ncf.ca).

Note that donations are needed by November 28<sup>th</sup>.

We thank you for your support.

**Christine Marland, Joan Bell-Scott  
and Chris Narraway**  
CFUW-Ottawa Representatives  
to EFry Ottawa

## Sisters in Spirit Vigil



Fran Harding and Charlotte Rigby with our CFUW-Ottawa banner at the Sisters in Spirit Vigil.  
Photo by M.A. Kainola

The Native Women's Association of Canada held the annual "Sisters in Spirit" vigil on Parliament Hill on October 4. Friends, family, community members and concerned citizens met on Parliament Hill to honour and remember Missing and Murdered Indigenous Women. The red dresses being displayed by family members are part of the REDress project, which collects red dresses from the community and hangs them in public spaces. Each red dress represents a woman who is not here.



## Artists and their Role in Shaping Canada's Next 150 years

On October 2<sup>nd</sup> our guest speaker Genevieve Cimon, Director, Music Education and Community Engagement at the National Arts Centre, gave us a passionate description of the evolving role of music outreach to Canadians by the NAC.

Genevieve with her small team of seven coordinate community visits a year or more in advance. This year, the NAC Orchestra had originally planned 150 appearances across Canada to celebrate our sesquicentennial but have in fact undertaken more than 250 planned events, nationwide. The NAC Orchestra performs in urban settings and while they often play with the local orchestra, they also meet and interact with local musicians, school children, teachers and community groups to support the local music scene.

Genevieve focused her talk on National Arts Centre's Music Alive Program. It aims to support and inspire musical learning in schools in Alberta, Saskatchewan, Manitoba and Nunavut. For example, in Alberta and Saskatchewan, the Music Alive Program offers teaching musician visits and quality resource materials to participating schools for three consecutive years, with a different theme explored through music each year. About 70% of participating schools are located in rural and remote areas, and many do not have music specialists on staff. The Music Alive Program therefore supports generalist teachers and provides an exciting musical experience for students.

The Music Alive Program teaching musicians come from diverse

backgrounds; many are classically trained orchestral players, while some specialize in in songwriting, traditional aboriginal music, or another musical genre. The goal of the program is to honour local music and culture, pairing indigenous musicians with a classical musician, having indigenous artists teaching their own students and learning and appreciating the relationship between presenter and listener.

The presenting musicians provide personal inspiration as role models through the universal language of music. The musicians often work with youth at risk to create trust and a safe space. Young artists increasingly want to give back displaying empathy and compassion through their music. This helps build resilient communities through the arts.

Genevieve concluded her presentation by reading a poem by elder Rita Joe called *I Lost My Talk* about life in a residential school. She then shared a video of a Rita Joe Compilation of three groups of youth musicians from three different communities with their interpretation of the poem. Singers from Iqaluit, Nunavut sang *I Lost My Talk Uqausira, Asiujiyara*. Singers and musicians from Norway House, Manitoba preformed *The Voices I Gained*. Young Edmonton singers and musicians played *Nipawik*.

The CFUW audience found the Rita Joe Compilation a moving demonstration both of young talent and the important role that music can play in society.

**Lorna Bickerton**  
Program Convenor

### 4<sup>TH</sup> ANNUAL LUNCHEON BRIDGE PLUS EVENT

Since our inaugural luncheon bridge plus event in 2014, CFUW-Ottawa has raised \$8,952.00 in support of the Club's Scholarship Trust Fund.

This year's "Bridge, Mah-Jong and Lunch" event at the Royal Ottawa Golf Club was held October 2nd and raised \$1,753.34. With 66 ladies attending, \$1,385.00 of the proceeds was tax receipted and \$368.34, which included the raffle and other donations, was not tax receipted.

Thank you to the National Arts Centre, which provided complimentary tickets as door prizes to *Ideas of the North Festival* and to the Royal Ottawa Golf Club for their excellent service.

Thank you to CFUW-Ottawa members and their guests, volunteers and members who donated prizes. Without your participation and support, this event would not have been possible.

Acknowledgement must also be made to Katherine Kurdyla and Wendy Cohen, who on behalf of the Diplomatic Hospitality Group organized the Duplicate Bridge. And a special thanks to Mary Broderick who continues to manage the mah-jong group.

**Dawn Torsein**, Convenor  
and **Alice Bolt**, Treasurer



## Ontario Council Women in Political Leadership

At the Speaker Series/ Standing Committees Workshops in Toronto on September 23, 2017, the Keynote Panelists were the provincial Minister of the Status of Women and Minister Responsible for Early Years and Child Care **Indira Naidoo-Harris**, MPP Halton, **Jane McKenna**, former MPP Burlington, **Jennifer French**, MPP Oshawa and **Kathy Vassilakos**, Stratford City Council. Despite diverse backgrounds, all four panelists were passionate about calling women to have strong voices in their communities, in Canada and around the world. They emphasized the unique contributions that women make to fairness and equality and their direct impact on policies and programs. Because they were addressing a group of women, they could be candid about their experiences, knowing that the audience would understand. Some of their reminiscences were distressing but others were amusing. They certainly maintained the interest of the audience.

The panelists underlined that the political journey is tough, with female parliamentarians often being bullied and enduring systematic harassment. They called for women not to be afraid but to speak louder to be heard. They advised that we should examine our own capacity, and know where

and how we can be most effective. Leadership often means standing in front of the room, but there are many leaders also in the back, engaged in critical supportive endeavours, such as research or strategy formulation. For those who choose to be up front, they advised surrounding yourself with a supportive and talented team. Enthusiasm and a strong belief in yourself will help in meeting the many challenges in the political landscape.

The Luncheon Speaker was the federal Minister of Democratic institutions **Katrina Gould**, MP Burlington. As the youngest cabinet minister, she spoke of confronting everyday sexism, overt or otherwise, and persisting against barriers. Among her most important messages was that we need to be more respectful of women in politics, not disparaging or dismissing them because of inconsequential factors such as dress or voice. They should be supported and know that their participation in politics is worthwhile.

There were three separate workshops in the afternoon. The sessions were interactive, with presentations and Q&As. In the workshop on **Legislation**, **Marit Stiles**, President of the Federal NDP, and **Gabrielle Gallant**, VP Communications

for the Ontario Women's Liberal Commission, explained the nomination process for political leadership. They noted that parties often help a woman get nominated in an unwinnable riding while funds are available usually only for winnable ridings. They suggested that there are many ways that women can be heard in politics, such as a leadership role within political parties or riding associations as well as various agencies, boards and commissions.

In the **Education** workshop, **Mary Hall**, former CFUW Ontario Council President, spoke about Issues and guidelines for running for trustees of school boards.

**Kathy Vassilakos**, Stratford City Council, in the **Status of Women** workshop discussed the dilemmas of running for office, including balancing career and family commitments, articulating a vision for the community and operationalizing it, and managing differing expectations, especially those pertaining to women as politicians.

The CFUW-Ottawa delegation to this meeting consisted of Mary Partington, Lizz Wilfert, Heather Lewis and Natalie Lam. Why not join them at the next meeting in Toronto on January 20?

**Natalie Lam**



International Women's Day

The CFUW clubs of Ottawa, Nepean, and Kanata present

## *An Afternoon of Drama & Dessert*



Saturday, March 10, at 1:30 pm • Woodroffe United Church, 207 Woodroffe Ave.

### *The Drama: Women Vote Indirect*

Written and directed by Joan Conrod • The Fathers of Confederation as viewed by the women in their lives

### *The Dessert: Victorian-style cake and tea*

#### **Casting call! Actors to portray:**

- Hortense Fabre Cartier – preferably someone who speaks French
- Madame Cartier – older, also preferably speaks French
- Agnes Bernard – in her mid to late thirties or early forties
- Alice Chipman – someone who can pass for 19.
- Narrator – someone who reads well.

#### **And a 4-5-member a cappella choir**

**Also:** planners, coordinators, servers, hostesses, and more!

Information at [cfuw-ottawa@cfuw-ottawa.org](mailto:cfuw-ottawa@cfuw-ottawa.org) (819) 778-3438 or (613) 220-1493

## **CFUW-OTTAWA HOLIDAY PARTY 2017**



### **Elegant Hot and Cold Buffet: Family and Friends Welcome**

Main fundraiser for our [Scholarship Trust Fund](#)

Clark Room, RA Centre, 2451 Riverside Dr., Ottawa

Sunday, Dec. 3, 2017, Noon to 3 p.m.

Bake Sale • Grab Bags • Raffle • Jewelry Sale • Door Prizes • Silent Auction • Entertainment

Buy tickets **\$45 (including taxes and service charge) before November 24:**

- By contacting Mary Broderick or Ruth Willison
- At the November General Meeting
- By registering online at [www.cfuw-ottawa.org/events](http://www.cfuw-ottawa.org/events). Make cheques payable to CFUW-Ottawa; send to Christine Rollo, 12 Saginaw Crescent, Nepean, K2E 5N6

Please contact either Mary Broderick at 613-421-1445 or Ruth Willison at 613-523-4702 if you can donate prizes or items to be used for the fundraising (i.e. grab bags and silent auction). The items must be new. The more donations we receive, the more money we'll be able to raise for our scholarships. If your Study and Interest group would like to make a donation, please call us. Thanks to the groups who have made donations already.