



Canadian Federation of University Women – Ottawa

Capital Carillon

November General Meeting

DATE: Monday, Nov. 2, 2015
TIME: 7:30 p.m.
PLACE: Riverside United Church/
 Anglican Church of the
 Resurrection,
 3191 Riverside Drive,
 Ottawa, ON K1V 8N8
SPEAKER: Bryonie Baxter, Executive
 Director, Elizabeth Fry
 Society of Ottawa
TOPIC: **Canadian Prisons: The New
 Residential School System**



Bryonie graduated from the University of Toronto in 1988 with a BA in English and a minor in Political

Science. The following year, she obtained her B.Ed in Intermediate/Senior Teaching – English and History. For twenty years, she worked as an educator in five different schools with the Peel District School Board, including positions as Vice-Principal, Secondary and as an International Baccalaureate Coordinator. During this time, she completed Honours Specialist qualifications in English and Contemporary Studies as well as Primary Division certification and Ontario Principals' Council Principals' Qualifications, parts 1 and 2. She co-authored *The Future We Want: Building Inclusive Schools* and authored several teaching articles, including *Shakespearean Gender Bending*

(see Meeting on next page)

PRESIDENT'S MESSAGE

CHARLOTTE RIGBY

Our 2015-16 Club year began in fine style with our Season Opener “Welcome — and Welcome Back!” on Sept. 21. Jean Pigott Place at City Hall proved to be a great venue, with lots of space to visit the information tables of our more than 50 different groups, to register or renew memberships, to meet friends, catch up on the summer’s news, and to enjoy refreshments. We enjoyed it so much that we’ve booked it for next year’s Season Opener!

See information in this issue about our many activities, including two special upcoming events: the Kick in for Kids fundraiser on Wednesday, Nov. 25, featuring authors Charlotte Gray and Jane Urquhart; and our traditional favourite Holiday Party on Sunday, Dec. 6. There’s lots more and I draw your attention to four current, important issues:

1. CFUW has initiated a formal process to review and evaluate its relationship with Graduate Women International (GWI), formerly the International Federation of University Women (IFUW), and its value to CFUW members. We are all invited to participate in this process starting with an online discussion. As you know, CFUW is the largest of over 60 National Affiliates of GWI, and a major financial supporter, with an annual contribution of about \$15-\$18 per member. The findings will be discussed at CFUW’s AGM in June 2016 and recommendations presented for approval at the 2017 AGM.

How do we join the online

consultation? Click [here](#), scroll down to “[Announcement of Discussion Forum and User’s Guide](#)”, and follow the instructions.

Some CFUW members from across the country have formed the “Friends for GWI” group to review the issue. If you’d like to know more about their work, contact them at friendsforgwi@gmail.com.

2. This year marks the 15th anniversary of the beloved and iconic “Women are Persons!” monument on Parliament Hill. Known as the “Famous Five” or the “Tea Party”, it depicts the five women (Nellie McClung, Irene Parlby,

(see President’s Message on next page)

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Meeting – continued

for the Ontario Secondary School Teachers' Federation's *Education Forum* magazine. Bryonie moved to Ottawa and began working for the Elizabeth Fry Society of Ottawa in July 2008. As well as being its Executive Director, she is a Federal Advocate for the Canadian Association of Elizabeth Fry Societies and President of the Council of Elizabeth Fry Societies of Ontario. In April 2010, Bryonie was the proud recipient of a Province of Ontario Leading Women, Building Communities Award recognizing her "exceptional community leadership to improve the lives of women and girls in Ontario".

The focus of her presentation will be on the incarceration of Indigenous women.

CFUW-Ottawa General Meetings are open to the public. Feel free to invite your family, friends, and neighbours to hear Bryonie Baxter.

The business meeting will be followed by our
NEW MEMBERS RECEPTION
 Be sure to attend and welcome our most recent members!

Capital Carillon is published monthly from October to May, except for January.

Please send all material for the next issue to the Editor:
 Mary Butterill
 at marpathb@storm.ca.

Next issue: **December 2015**
 Deadline: **Nov. 15, 2015**

Links to electronic issues going back to Feb. 2001 are found under Newsletter, Archives on the Club website at www.cfuw-ottawa.org.

President's Message – continued

Emily Murphy, Louise McKinney, and Henrietta Muir Edwards) enjoying tea to celebrate their victory in the 1929 *Persons Case* which established women as "persons" under the *British North America Act* and therefore eligible to serve in the Canadian Senate — a milestone in Canadian legal and political history. There is an empty chair in the grouping, and it's become a tradition to take a thermos of tea and join them, making this the first interactive monument on Parliament Hill. Famous 5 Ottawa, the volunteer women's group that raised the funds for the monument, celebrated the anniversary on Oct. 15 at a reception in the Senate foyer.

3. 2019 is CFUW's centennial year! Back in 1919, we started as part of an international women's peace initiative to prevent repetition of the horrors of the 1914-18 World War. CFUW quickly became an independent, self-funded Canadian advocate for higher education for women, soon recognized as an active promoter of social and political changes. Today, CFUW advocacy significantly improves the fundamental rights, freedoms, and opportunities of girls and women both at home and abroad.

There are a number of exciting centennial projects being developed. Here are two that you might want to think about:

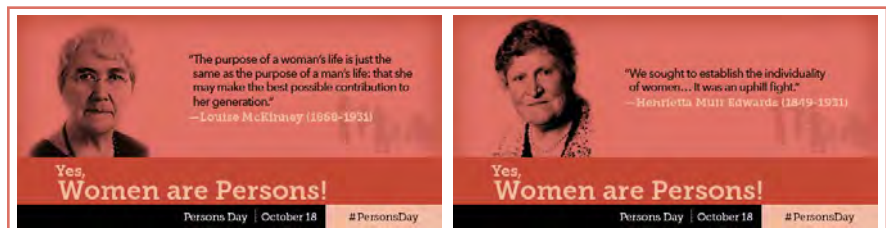
100 CFUW Honorees Awards (National) will be given to CFUW women whose contributions have made a distinct and describable difference to the status of women within the broader context and objectives of CFUW; and

CFUW 100th Anniversary Special Acknowledgement Awards (Local) will be given by CFUW Clubs to members who have made significant contributions locally, nationally, internationally, and in developing community solutions.

If you'd like to propose a nominee for either, please contact me at cfuw-ottawa@cfuw-ottawa.org.

4. The recent federal election campaign, the longest in Canadian history, made history itself. Here are some figures: There were almost 1,800 candidates representing 23 different parties. According to Equal Voice, the non-partisan advocacy group dedicated to increasing women's participation in politics, 33 percent of the candidates of the five main parties were women, an increase of one-and-a-half percentage points over the 2011 election. The NDP had 43 percent women, the Greens followed with 39 percent, the Liberals 31 percent, the Bloc 28 percent, and the Conservatives 20 percent. Equal Voice noted that, at this rate, it will take "another 11 federal elections to reach anything approximating gender balance on the ballot. 45 years." We still have a long way to go!

I'm writing this before the Oct. 19 federal election. No one can predict what our national government will be by the time you read this. One thing I do know for sure is that, no matter the outcome, as Canadian women and CFUW members, we will still have much to be thankful for — extraordinary opportunities to join in and enjoy a wide variety of activities and social events, to support causes we believe in, and to make our voices heard.



CFUW-Ottawa Tribute to 50 Year Member Barbara Reid

On Sept. 30, 2015, at the regular practice of the Madri-Gals, Barbara Reid was presented with a beautiful bouquet of flowers and a Certificate of Honour in recognition of her 50 years of membership in CFUW-Ottawa.

Barb and her family moved back to Ottawa in 1960 and Barb joined CFUW-Ottawa in 1964, giving her 50 years in the Club by 2014. We had planned to make this presentation last year, but Barb had to curtail her activities significantly due to both hip and knee surgery. But she is now back with us! In addition to Madri-Gals, Barb has

been a member of Literature Study Group IV, Canadiana, and Music Appreciation.

Barb has a special link with the Madri-Gals. She is one of six founding members of the choir and is delighted to be part of this group that is still going strong after all these years.

Congratulations, Barb and we hope that you will be able to continue with us for many years to come.

Nancy DeVillers
Past President,
CFUW-Ottawa



From left to right: Charlotte Rigby, Barbara Reid, and Nancy DeVillers Photo by: Nancy Simmons-Wright

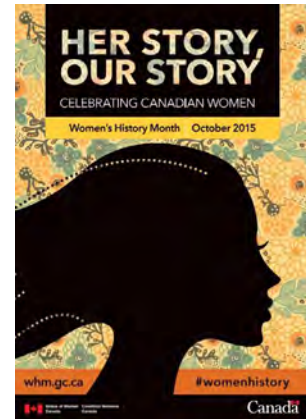
AUTUMN COLOURS/AFGHAN TALK/SUNDAY SUPPER



Guest Speaker Eileen Olexiuk, on the right, and guest Kawsar Kruihof enjoy cocktails on the patio at the Autumn Colours Supper on Sunday, Sept. 13, 2015 at the home of Hugh and Hally Siddons. All proceeds support post-secondary education for women at the Gawharshad Institute of Higher Education in Afghanistan.



Following cocktails, a delectable meal set the stage for engaging and convivial dinner conversation at the Sunday Supper fundraiser for Afghan women. **Photos by: Angela Rodzinyak**



Used Book Table Returns



Elaine Copland continues to sell used paperback books at our General Meetings. All proceeds will go to the Scholarship Trust Fund (STF). Bring in your own discards in good condition and peruse the display of current bestsellers as well as favourite classics. Enjoy the book discussions around the table. All books sell for one dollar each. Last year, the project generated \$200 for the STF. Thank you, Elaine!

Supporting the Elizabeth Fry Society at Christmas



CFUW-Ottawa is committed to supporting the Elizabeth Fry Society of Ottawa (EFry Ottawa), the United Way agency which serves women in, or at risk of, conflict with the law. Did you know that CFUW-Ottawa is a founding member of EFry Ottawa? Our relationship dates from 1951, when five volunteers from the University Women's Club of Ottawa (now CFUW-Ottawa), encouraged by the Archambault Report which stressed the benefits of visiting people in prison, began to visit women incarcerated in the Ottawa Jail. CFUW-Ottawa has maintained its membership in EFry to this day.

Each year before Christmas, CFUW-Ottawa members and

friends are asked for donations for J.F. Norwood House and the women living there. There have been cutbacks and there is a real need for community help. The women have nothing. When they move back into the community, they need basic supplies such as bed sheets, towels, kitchen utensils, lamps, and more. At the November General Meeting, information sheets listing needed items for the House and its residents will be distributed. New items are very much appreciated as they can become gifts for the clients and their children at the annual EFry client Christmas party.

If you have any questions, please contact Marjorie at (613) 523-2545, mmelick@sympatico.ca or Christine at (613) 739-7732, christine.marland@gmail.com.

Thank you.

**Marjorie Melick and
Christine Marland**

CFUW-Ottawa Representatives to
EFry Ottawa

Happening at Local CFUW Sister Clubs

The 2015-16 programs of our local sister clubs may interest you. To see the schedules of events and meetings that are open to the public and the names of guest speakers, go to their websites:

CFUW/Kanata: www.cfuwkanata.ca General Meetings: Usually, the 2nd Tuesday of the month, 7 p.m., at Stonehaven Apts., 70A Stonehaven Dr., Kanata (October meeting on Wednesday, Oct. 14; January and February lunchtime meetings)

SPECIAL EVENT: *Enchanted Mosaic – An Evening with the Arts.* Earl of March Secondary School, 4 The Parkway, Kanata. Saturday, Nov. 14, 2015, 6 p.m. Art Exhibition, 7 p.m. Concert. Tickets: Adults \$15; Children 16 yrs. and under \$10; Families (5 members) \$40. Phone: (613) 839-1637. Click [here](#) to order tickets online. Online ticket sales (PayPal/credit card) end on Friday, Nov. 13, 2015; cash only tickets available at the door on day of event.

CFUW Nepean: www.cfuwnepean.ca General Meetings: 1st Tuesday of the month, 1 p.m., except September and April, at Bells Corners United Church, 3955 Old Richmond Rd., Nepean

CFUW Perth: cfuw-perth-district.com General Meetings: 3rd Monday of the month, 6:30 p.m. at Royal Canadian Legion Hall, 26 Beckwith St. E., Perth

SPECIAL EVENT: *10th Annual CFUW Heritage Perth Christmas House Tour.* Saturday, Dec. 5 and Sunday, Dec. 6, 2015 from 10:30 a.m. to 3:30 p.m. Tickets go on sale Oct. 31, 2015, available at Ottawa Tivoli Florist, 282 Richmond Rd., Ottawa, (613) 729-6911.

RECENT CFUW-OTTAWA APPOINTMENTS/CHANGES

Cynthia Farquharson is the new **Assistant Editor** of the *Carillon*. Kringen Henein and Maria Neal have resigned.

Olga Lee is the new **Convenor** of the **Environmental Toxins and Health Study and Interest/Issues Group**. The Group has been re-activated after a lull of one year.

Benefit Bridge Plus 2015

The second annual CFUW-Ottawa Scholarship Trust Fund – Benefit Bridge Plus event took place on Monday, Oct. 5 at the Royal Ottawa Golf Club, Gatineau.

Registration opened Aug. 4 and the event sold out within three weeks. Sixty-six CFUW members and sixteen guests enjoyed a delicious luncheon. The afternoon was spent playing bridge, mah-jong, and Scrabble.

Sheila McDonell, responsible for registration, introduced an additional flight of duplicate pairs bridge supervised by her friend Elizabeth Klassen. Individual duplicate bridge was overseen by Salwa Hafez and social bridge coordinated by Dawn Torsein and Martha Musgrove. On the “plus” side, Scrabble was ably organized by Nancy DeVillers, while mah-jong was orchestrated by Mary Broderick.

CFUW-Ottawa is most grateful to the following corporations and groups for providing door prizes:

- Centennial Luncheon Bridge Club, Ottawa, a certificate for two women to attend one of their monthly luncheons;
- Lisa Haley, Independent Jeweller, a Swarovski crystal pin from the Fifth Avenue Collection; and
- The National Arts Centre, Ottawa, two sets of two vouchers to an NAC event.

In addition, CFUW-Ottawa is grateful to Joanne

Plummer, Mill Street Florist, Manotick, for providing the flowers presented to the winners in the individual and pairs duplicate bridge flights.

Thank you also to CFUW members who donated prizes for the players who achieved the highest scores in mah-jong, Scrabble, and social bridge.

The contents of two delightful raffle baskets were donated by Alice Bolt and Dawn Torsein. The raffle baskets were professionally assembled by Alice Bolt and raised \$360.

A sincere thank you to CFUW members and their guests who attended. Your participation and support raised a total of **\$2,335.20** which will be given to the trustees of the CFUW-Ottawa Scholarship Trust Fund at the General Meeting on Nov. 2.

Last, but not least, this event would not have been possible without the outstanding assistance of the Royal Ottawa Golf Club whose staff went above and beyond the call of duty to meet our requirements. We would also like to thank Pat Mainwaring, a member of the ROGC, who generously provided the afternoon refreshments.

Dawn Torsein and Sheila McDonell, Co-Chairs

Alice Bolt, Treasurer

2015 CFUW-Ottawa Scholarship Trust Fund –
Benefit Bridge Plus Event



From left to right: Dorothy Horwood-Holtz, Lucille Muldoon, Anne Roland, Jean Morash, Kathy Parchelo, and Christine Marland at the luncheon



Members and guests playing duplicate bridge in the dining room after lunch **Photos by:** Valerie Wilmot.

Exploring Retirement Communities

The Exploring Retirement Communities Group just formed in August 2015 already has 29 very enthusiastic members. The Group meets on the third Thursday of the month to introduce its members to potential retirement living communities. They learn where such homes are located, what they offer, and their cost. The home visited provides a tour of the facility, a Q & A period, and lunch. Not all homes can offer a meal to such a large group but all have been willing to have either a smaller group or individuals drop by for a meal on another occasion.

I provided each member with a copy of a booklet entitled *Guide for Selecting a Retirement Residence* published by the Council on Aging of Ottawa. This Guide proved to be extremely useful in suggesting many helpful questions that one could ask the residence staff.

The following is a list of homes visited or booked:

2015

- Aug. 20 Chartwell Rideau Place - Wilbrod St. (Sandy Hill area)
- Sept. 17 The Ravines - Prado Private (Colonnade Rd. area)
- Oct. 15 Prince of Wales Manor - Barnstone Dr. (Barrhaven area)
- Nov. 19 Amica at Westboro Park - Richmond Rd.
- Dec. 17 Colonel By - Aylmer Ave. (near Lansdowne Park)

2016

- Jan. 21 The Rockcliffe (Island Lodge Rd. off St. Patrick St.)
- Feb. 18 Park Place (Central Park Dr.)

All visits have been very interesting and the ladies have been provided with a lot of information to consider, if and when the need arises to use such a facility.

Glenys Pike

Convenor, Exploring Retirement Communities Study and Interest Group



The group visit to The Ravines on Sept. 17

From left to right: Front Row: Marian Thomson, Glenys Pike, and Heather Dunbar. **Back Row:** Sandra Bassett, Rosemae Blackwood, Nancy Vrooman, Janice Vennos, Anne Betz, Natalie Lam, Irene Ip, Flora Tulus, and Margery Larson. **Photo by:** The Ravines General Manager, John Patterson

Gender Justice for All

On May 20, 2015, CFUW-Ottawa hosted a "Gender Justice for All" Focus Group, part of an ongoing national "intersectional" research project organized by the Canadian Research Institute for the Advancement of Women (CRIA-W-ICREF). This Group of 19 members of CFUW-Ottawa, CFUW/Kanata, and CFUW Nepean identified and discussed five priority themes for policy initiatives/changes that would impact gender justice in Canada, including the most important ways in which our three levels of government could support gender justice, improve the lives of girls and women, and thereby contribute to

improved quality of life for all. Each individual was also invited to complete the same questionnaire anonymously. Predictably, the discussions were lively and the written answers rich.

Similar Focus Groups were held in Saskatoon and Winnipeg, with a total of 41 women and one man participating in the three sites. Nationally, the participants were predominantly urban, diverse in age, income level, and ethnicity/race. Fifteen themes were identified as possible discussion topics, with widespread agreement on priority themes. Most frequently mentioned were missing and murdered Aboriginal

women (by 54 percent of the women nationally), health care (49 percent), violence against women (49 percent), education (44 percent), and affordable child care (41 percent). In Ottawa, the priorities were health care (68 percent), affordable child care (53 percent), missing and murdered Aboriginal women (53 percent), and education (42 percent). The variation between Ottawa's and national results may be partially explained by the fact that the Ottawa participants were older. More refined analysis of the results will be done.

Fran Manning
VP Liaison

A Walk in the Woods



Monday, Oct. 5, 2015, was a cloudy day with perfect temperature for the Trail Walking Group's hike along the Trans Canada Trail in Gatineau Park. Starting from Meech Creek Valley Parking Lot P16, the Group hiked a total of about 10 km along Healey Trail and back, with lunch at Healey Lodge. **From left to right:** Pierrette MacLean (Group Leader for this walk), Ruth Toller, Michelle Hurley, Glenys Pike, Christine Rollo, Leila (Peggy) Rader, and Aleyamma Samuel. **Photo by:** Donna Jacobs

A New Choir Director for Madri-Gals!



CFUW-Ottawa's Madri-Gals are pleased to welcome **Tammy Shaw**, our new Choir Director. On Tammy's right is Madri-Gals Co-Convenor Patricia Johnston and on her left is Madri-Gals Co-Convenor Lynda Dredge. **Photo by:** Nancy DeVillers

♠ A, ♠ K, ♠ Q, ♠ J, ♠ 10, ♠ 9, ♠ 8, ♠ 7, ♠ 6, ♠ 5, ♠ 4, ♠ 3, ♠ 2,
♥ A, ♥ K, ♥ Q, ♥ J, ♥ 10, ♥ 9, ♥ 8, ♥ 7, ♥ 6, ♥ 5, ♥ 4, ♥ 3, ♥ 2.

The CFUW Sandy Hill ASB Duplicate Bridge Group

Invitation

Please join the group for a cup of tea and an afternoon of duplicate bridge

Wednesdays, 12:30 p.m. - 3:30 p.m.

Sandy Hill Community Centre
250 Somerset Street East (Parking lot of Sweetland)
Free Parking at the Centre

Fee for the year \$30 – a real bargain

You must know how to play bridge. If you are interested – just come – you don't need a partner – partners are arranged on site. A friendly group delighted to help players just starting out. You're welcome to attend two meetings before deciding to join.

Further details, please contact:

Marlene Hewitt (613) 594-4630; email: hewittam@rogers.com; or
Phyllis McEwen (613) 824-1442; email: phyllis.mcewen@sympatico.ca.

♠ A, ♠ K, ♠ Q, ♠ J, ♠ 10, ♠ 9, ♠ 8, ♠ 7, ♠ 6, ♠ 5, ♠ 4, ♠ 3, ♠ 2,
♦ A, ♦ K, ♦ Q, ♦ J, ♦ 10, ♦ 9, ♦ 8, ♦ 7, ♦ 6, ♦ 5, ♦ 4, ♦ 3, ♦ 2.

SAVE THE DATE!
INTERNATIONAL WOMEN'S DAY
TUESDAY, MARCH 8, 2016



THE CANADIAN FEDERATION OF UNIVERSITY WOMEN (CFUW)
KANATA, NEPEAN & OTTAWA

&
THE OTTAWA COUNCIL OF WOMEN (OCW)

ARE HOSTING THEIR
12TH ANNUAL IWD RECEPTION WITH GUEST SPEAKER

WHERE: BEN FRANKLIN PLACE, 101 CENTREPOINTE DR.
WHEN: 6:00 P.M. TO 9:00 P.M., MARCH 8, 2016

TICKETS GO ON SALE JANUARY 2016

**Renowned authors Charlotte Gray
and Jane Urquhart
share their writing experiences with us!**



Wednesday, Nov. 25, 2015

6:00 p.m. to 9:00 p.m.

Ben Franklin Place, 101 Centrepointe Drive

Registration \$25

What would you say if, right out of the blue, award-winning author Charlotte Gray asked you (indirectly) to partner with her to fundraise for students? And if she asked her friend Jane Urquhart, another award-winning author, to join her?! This is what happened in July. And our CFUW-Ottawa Board eagerly supported the proposal.

The request actually came from Maggie Fleming, Newboro resident and volunteer at Rideau District High School (RDHS) in Elgin, located in the historic Rideau Lakes area just an hour (and a bit) from Ottawa with the scenic Rideau Canal system, a UNESCO World Heritage Site, running through it.

Last year, Maggie was instrumental in setting up a local Kick in for Kids group to help students at RDHS participate in extracurricular school activities. All proceeds from the evening will go to Kick in for Kids. CFUW-Ottawa is very excited about partnering with this

group and providing direct support to these high school students in such a “here and now” way.

The evening will start at **6 p.m. with a reception**, themed “A Taste of the Rideau”. Catering, door prizes, raffles, sales, and silent auction items are all from the Rideau Lakes area. Check out our website for more details (www.cfuw-ottawa.org/events).

At **7:30 p.m., the start of the main event** — two of Canada’s favourite authors, Charlotte Gray and Jane Urquhart, begin their conversation: **Fiction and Nonfiction: Why We Do It!**

Please join us for this exciting evening. Get the inside scoop on the challenges these famous authors face and, at the same time, discover the beauty and bounty of an area so rich in history and so close to our city.

If you would like more information, please call me at (613) 421-1370.

Nancy Simmons-Wright
Chair, Kick in for Kids Fundraiser



CFUW-Ottawa Scholarship Trust Fund

**Statement of Financial Position
as at May 31, 2015**

Assets	
Cash	\$ 3,273
Investments	\$ 577,039
Total Assets	\$ 580,312
Liabilities	
Accounts Payable & Accrued Liabilities	\$ 1,695
Total Liabilities	\$ 1,695
Net Assets	\$ 578,617

**Statement of Operations & Net Assets
as at May 31, 2015**

Revenue	
Donations:	
Tax received	\$ 17,495
Non tax received	\$ 13,181
CFUW-Ottawa	\$ 1,500
Interest	\$ 10,197
Total Revenue	\$ 42,373
Expenses	
Scholarships & Awards:	
Carleton University	\$ 14,500
University of Ottawa	\$ 16,000
Donations:	
Ottawa Little Theatre	\$ 500
CFUW National	\$ 1,500
General & Administrative	\$ 2,152
Total Expenses	\$ 34,652
Net Income	\$ 7,721
Net Assets at May 31, 2014	\$ 570,896
Excess of Revenue over Expenses	\$ 7,721
Net Assets at May 31, 2015	\$ 578,617

Chartered Accountant Karyn Sheridan compiled CFUW-Ottawa’s Scholarship Trust Fund financial statements for the fiscal year ended May 31, 2015. They include a statement of financial position, a statement of operations and net assets, and notes to the financial statements.

Respectfully submitted,

Pierrette MacLean

Treasurer, Scholarship Trust Fund for 2013-16

Equality + Justice for First Nations Kids = A Better Canada for All

Andrea Auger, Reconciliation and Research Manager of the First Nations Child & Family Caring Society of Canada, was our first guest speaker of the year at the October General Meeting on Monday, Oct. 5. Her presentation was titled: *Equality + Justice for First Nations Kids = A Better Canada for All*, and she engaged the audience immediately when she asked us what our definitions of equality and reconciliation were.

Andrea presented vivid pictures of First Nations children in overcrowded, dilapidated housing, without power, heating, and water and the question of a young boy: “If I was non-aboriginal, would I be treated better?” The reality of scarce food resources priced three times higher than we pay, was a reality check for many of us.

Andrea explained how schools on reserves are funded by the federal government, but are bound by provincial law and standards. Zero dollars are provided for libraries, computers, languages, or extracurricular activities. Students are frequently taught in unheated portables that may contain health hazards such as black mould

contamination, high carbon dioxide levels, rodent and reptile infestations, and sewage fumes. Shannen’s Dream, a Canadian youth-driven movement advocating for equitable education funding for First Nations children, grew out of these concerns. It advocates for building safe and comfy schools on reserves and culturally-based education for all First Nations children. Shannen believed: *“Schools should be a time for dreams — every kid deserves this.”*

Andrea introduced Jessica Steward, an intern who worked at the Caring Society this summer. Jessica spoke about health care issues affecting First Nations children, sharing the story of Jordan River Anderson, who died at six years of age, and of Jordan’s Principle. A “child first” principle for resolving jurisdictional disputes between the federal and provincial governments over services to First Nations children, Jordan’s Principle calls on the government of first contact to pay for the services and seek reimbursement, to prevent the tragic stalling of medical treatment of an ailing child by red tape.

The failure of the federal government to remedy First Nations child

poverty and poor housing, and to provide equitable funding for child welfare, education, and health services, has led to over-representation of First Nations children in welfare care. As a result, in 2007, the First Nations Child & Family Caring Society of Canada and the Assembly of First Nations filed a human rights complaint against the Department of Indian and Northern Affairs for racially discriminating against First Nations children. The closing arguments of the case were heard in October 2014 and a ruling from the Canadian Human Rights Tribunal is still being awaited. Over 14,000 people signed up to be “witnesses” of the case proceedings in the “I am a witness” campaign. All Canadians are encouraged to follow the case, share their knowledge, and support First Nations children.

Andrea’s answer to the question of *“What can you do?”*

*Just Do Something ...
Reconciliation does not happen
without you! Knowledge is
power.*

Lorna Bickerton
Program Convenor



We extend sincere condolences to active CFUW-Ottawa member Fran Harding on the death of her father-in-law Donald Burton Harding in Kingston on Saturday, Oct. 10, 2015, in his 103rd year. Fran is a member of Trail Walking (Hiking) and University Women Helping Afghan Women (UWHAW). She is the founder of CFUW-Ottawa’s Susan Scott-Parker Scholarship, a former VP Communications for the Club, and our present Program brochure Editor.

We invite all CFUW-Ottawa members to let us know about deaths in their immediate families or of other significant persons in their lives if they wish to have notices published in the *Carillon*.

Share Your Good Ideas!



Email us at
communications@cfuw-ottawa.org
OR
Click on **Suggestions** now OR from
the **“Contact Us”** page on the
CFUW-Ottawa website

Bridges out of Poverty

Bridges out of Poverty was the title of the morning plenary session when CFUW Ontario Council's Standing Committees met in Toronto on Sept. 26. The speaker was Elaine Weir, currently a public health nurse with Wellington-Dufferin-Guelph Public Health and a certified Bridges Facilitator and Circles Coach.

In an inspiring presentation that showed her deep understanding of the challenges faced by people living in poverty, Ms. Weir explained that, with increasing economic uncertainty in Canada, more people are living in poverty. Although we have a financially-healthy middle class, economic inequality is real and its implications are much worse than we realize. Living in poverty

affects people's lives, motivations, goals, and relationships. Their focus is on trying to survive by solving immediate problems; they have no time to plan for the future.

The Bridges framework is based on an understanding of relationships. A unique program of three interconnected components developed in the United States by Dr. Ruby Payne, the initial Bridges component is for people of middle and upper incomes who choose to learn about living in poverty while not experiencing it themselves. They learn about the many causes on the poverty continuum, community conditions, and political and/or economic structures. Getting Ahead, the second component, is for people living

in poverty. Its purpose is to help them understand the factors that cause poverty, consider their own path, and learn about resources that are available in the community to assist them. Circles, the third and final component, creates relationships across economic boundaries by matching people who have attended the Getting Ahead program with people who have attended the Bridges program. Its aim is to walk with people in poverty and support positive changes in their lives. Circles is a place to get out of poverty as well as a place to dream and get on a pathway to the future.

Leila Metcalf

Regional Director,
CFUW Ontario East

CFUW-OTTAWA HOLIDAY PARTY 2015

Clark Room, RA Centre, 2451 Riverside Dr., Ottawa

Sunday, Dec. 6, 2015, Noon to 3 p.m.

MAIN FUNDRAISER FOR OUR SCHOLARSHIP TRUST FUND

**It's Time to Focus on the Scholarship Trust Fund and
Help the Students at Carleton University and the University of Ottawa**

Bake Sale • Grab Bags • Raffle • Door Prizes • Silent Auction • Jewelry Sale

Entertainment – by three young accomplished musicians:

TRIPLE TROUBLE

Buy tickets **\$40 (incl. taxes and service charge):**

- By contacting Alice Bolt at (613) 731-5221 or at ianbolt@sympatico.ca; or
- At the Nov. 2 General Meeting; or
- By registering online at www.cfuw-ottawa.org/events.

All cheques are to be made payable to CFUW-Ottawa & sent to Alice Bolt at 1531 Caton St., Ottawa, ON K1H 6J3

Please contact either Mary Broderick at (613) 421-1445 or Alice Bolt at (613) 731-5221, if you can donate prizes or items to be used for the fundraising. The items must be new. The more donations we receive, the more money we'll be able to raise for our scholarships. If your Study & Interest Groups would like to make a donation, please give us a call.

Thanks to the members of the Study & Interest Groups who have already given donations.

Thanks to the trustees of the Scholarship Trust Fund who are donating a basket of goodies for the raffle.

