MISSION STATEMENT

CFUW-Ottawa is part of a national and international women's organization dedicated to women's and girls' education and rights. CFUW-Ottawa provides its members with opportunities to socialize, educate and advocate in ways that are tailored to their interests and expertise.

OUR NATIONAL COMMUNITY

We are one of nearly 100 CFUW clubs across Canada, from Victoria to St. John's.

OUR GLOBAL COMMUNITY

We are a member of Graduate Women International (GWI) with national affiliates and members around the world.

MEMBERSHIP INFORMATION

Membership is open to women of all ages, backgrounds, and all levels of education.

How to Join Us:

- 1. On our website: www.cfuw-ottawa.org/membership
- 2. Send an email: membership@cfuw-ottawa.org

Are you a full-time student? See our website for special membership rates.

Learn more about us at our annual Season Opener event in September where you can register, meet members, and decide which groups and activities to join. Check our website for dates.

Come to our free public events. See the website for details. www.cfuw-ottawa.org.

For a full list of our groups, programs and activities, visit our website.

www.cfuw-ottawa.org

CFUW-OTTAWA

WE HAVE SOMETHING FOR EVERY WOMAN



We are a non-profit, non-partisan group of women who enjoy participating in a *wide*

variety of interest and activity groups.

We also work on local, national and international advocacy, and projects that promote education and human rights for women and children.

Additionally, we raise scholarship funds for female students here in Canada and in Afghanistan.

We welcome all women who believe in supporting other women.

COME JOIN US!



TESTIMONIALS

"When I retired from teaching, I missed the on-the-job camaraderie and lively discussions, so thank goodness I found CFUW! The interest groups offered me the joy and challenge of learning something new. I greatly value all the wonderful women of CFUW-Ottawa who became my friends. I am also proud to support CFUW-Ottawa's efforts to provide scholarships for women's education and to advocate for a better world for all women." Leslie B.

"I got the full value of my CFUW membership at my first session with one of the interest groups, "Women with Hammers". I learned the importance of choosing tools that work for women. I have since purchased a new splitting axe for our cottage suitable for me. Now I am able to split firewood at our cottage! I love it!" Kim M.

"I enjoy enormously the many opportunities CFUW continues to give me, but of special and lasting interest has been the link CFUW has given me to Graduate Women International, connecting me to over 15,000 women in some 75 countries around the world." Hally S.

CFUW-OTTAWA CLUB ACTIVITIES



Life Long Learning



Fitness



Cuisine



Games



Advocacy









Community Outreach

International

Studies

Culture

Book Clubs



Scholarships

SPEAKER SERIES



Outstanding speakers join us to talk about current issues and/or their field of expertise at our monthly Speaker Series.

Additionally, several of our interest groups, including Environment Action, Women with Hammers, Hocus Phocus Digital Photography and University Women Helping Afghan Women, invite experts to speak on topics of interest.

SCHOLARSHIPS

CFUW-Ottawa has been supporting women seeking post-secondary school education in the Ottawa area since 1983. We offer over thirty scholarships to female students at the University of Ottawa, Carleton University and Algonquin College.

AFFILIATE GROUPS

Ottawa Council of Women (OCW) Elizabeth Fry Society